

**RETURN BIDS TO:**  
**RETOURNER LES SOUMISSIONS À:**  
PWGSC/TPSGC Acquisitions  
1045 Main Street  
1st Floor, Lobby C  
Unit 108  
Moncton, NB E1C 1H1  
Bid Fax: (506) 851-6759

**Revision to a Request for a Standing Offer**

**Révision à une demande d'offre à commandes**

Regional Individual Standing Offer (RISO)

Offre à commandes individuelle régionale (OCIR)

The referenced document is hereby revised; unless otherwise indicated, all other terms and conditions of the Offer remain the same.

Ce document est par la présente révisé; sauf indication contraire, les modalités de l'offre demeurent les mêmes.

**Comments - Commentaires**

**Vendor/Firm Name and Address**

**Raison sociale et adresse du  
fournisseur/de l'entrepreneur**

**Issuing Office - Bureau de distribution**

NB / PEI Division - Moncton Acquisitions Office  
1045 Main Street  
1st Floor, Lobby C  
Unit 108  
Moncton, NB E1C 1H1

<b>Title - Sujet</b> Box Lunches		
<b>Solicitation No. - N° de l'invitation</b> W0105-13F010/A		<b>Date</b> 2012-11-26
<b>Client Reference No. - N° de référence du client</b> W0105-13F010		<b>Amendment No. - N° modif.</b> 004
<b>File No. - N° de dossier</b> MCT-2-35095 (015)	<b>CCC No./N° CCC - FMS No./N° VME</b>	
<b>GETS Reference No. - N° de référence de SEAG</b> PW-\$MCT-015-4541		
<b>Date of Original Request for Standing Offer</b> Date de la demande de l'offre à commandes originale		2012-11-13
<b>Solicitation Closes - L'invitation prend fin at - à 02:00 PM on - le 2012-11-29</b>		<b>Time Zone Fuseau horaire</b> Atlantic Standard Time AST
<b>Address Enquiries to: - Adresser toutes questions à:</b> Drisdelle, Charlotte J.		<b>Buyer Id - Id de l'acheteur</b> mct015
<b>Telephone No. - N° de téléphone</b> (506) 851-6948 ( )	<b>FAX No. - N° de FAX</b> (506) 851-6759	
<b>Delivery Required - Livraison exigée</b>		
<b>Destination - of Goods, Services, and Construction:</b> <b>Destination - des biens, services et construction:</b>		
<b>Security - Sécurité</b> This revision does not change the security requirements of the Offer. Cette révision ne change pas les besoins en matière de sécurité de la présente offre.		

**Instructions: See Herein**

**Instructions: Voir aux présentes**

<b>Acknowledgement copy required</b> <b>Accusé de réception requis</b>	<b>Yes - Oui</b> <input type="checkbox"/>	<b>No - Non</b> <input type="checkbox"/>
<b>The Offeror hereby acknowledges this revision to its Offer.</b> <b>Le proposant constate, par la présente, cette révision à son offre.</b>		
<b>Signature</b>	<b>Date</b>	
Name and title of person authorized to sign on behalf of offeror. (type or print) Nom et titre de la personne autorisée à signer au nom du proposant. (taper ou écrire en caractères d'imprimerie)		
<b>For the Minister - Pour le Ministre</b>		

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## **Standing Offer Notice of Revision No. 004**

**Title: Box Lunches**

*This standing offer is hereby revised as follows:*

- (1) Reference: **Annex “B” - Basis of Payment - Pricing Sheets - Box Lunch Menus and mandatory Requirements and Specifications**

**DELETE** current Annex “B”; and

**INSERT Annex “B” revised 2012-11-26 as Amendment No. 004 which must be submitted with the offer.**

(a copy is attached and a copy has also been posted on Merx)

**AND;**

*This solicitation is hereby amended to provide the following questions and answers:*

**Q3.** Must the “sample box lunches” be also sent in the Corrugated Cardboard boxes as indicated in Annex “B”?

**A3.** **YES the sample box lunches must also be sent as specified at Annex “B”.**

All other terms and conditions of the offer remain unchanged.

All enquiries concerning this revision will be forwarded to:

Name: Charlotte Drisdelle

Telephone No.: (506) 851-6948

Facsimile No: (506) 851-6759

Email: charlotte.drisdelle@pwgsc-tpsgc.gc.ca

## **ANNEX "B" - MANDATORY REQUIREMENTS AND SPECIFICATIONS for all box lunches**

**W0105-13F010/A Revised: 2012-11-26 Amendment No. 004**

**DESCRIPTION OF THE REQUIREMENT:** For the supply and delivery of In-Transit Meals - «Box Lunches» prepared and wrapped for individual use only and ready for immediate consumption ; these In-Transit Meals - Box Lunches, for which menus and mandatory specifications and requirements are included herein and at Annexes A and C must also meet the following mandatory criteria:

1. **All box lunches must be exactly as specified in each menu.** The weight, dimension and quantity of the all products must be in accordance with the enclosed menus
2. **The samples provided for evaluation must be representative of the meals which will be provided during the entire standing offer (SO) period.**
3. **The Sandwich Processing Facility must be HACCP certified by the Federal Government, the Canadian Food Inspection Agency.**
  - 3.1 The Sandwich Processing Facility which will provide the sandwiches for the box lunches must be included in the Canadian Food Inspection Agency's List of HACCP / FSEP Recognized Establishments - Meat Inspection FSEP recognized (Registered Establishment List) which can be found at: <http://www.inspection.gc.ca/english/fssa/polstrat/haccp/estlist/rege.shtml> .
  - 3.2 The Sandwich Processing Facility must also be included in the Canadian Food Inspection Agency's **Fish and Seafood's List of Canadian Establishments Approved for Export** at: <http://www.inspection.gc.ca/english/fssa/fispoi/man/fimmii/chap2su3e.shtml>  
  
In the case where the Offeror is not the sandwich manufacturer, the offeror must advise the Standing Offer Authority at Public Works and Government Services Canada (PWGSC) the name of the company which will be providing the sandwiches for the box lunches for the standing offer period as this company must be certified as indicated above. **The Successful Bidder cannot change sandwich manufacturer after award of the standing offer without seeking approval from the Contracting Authority at PWGSC. DND would require to sample each sandwich prior to approving.**
  - 3.3
4. **Modified Atmosphere Package (MAP) must be used for wrapping of sandwiches, subs, wraps etc....**
5. For all sandwiches, the Content and "Best Before" date **MUST** be indicated on all sandwiches in BOTH official languages of Canada in english and french.
  - 5.1 The "Best Before"/expiry date must also be on the package of the Baby Carrots. (in **both languages is not mandatory** for this item)

6. **The Menu Number & Title, the enclosed Entree(s)' Name and the Lunch's Expiry Date must be included on the label and placed on the FRONT END of the Box Facing Out of each box in English and French. There must not be more than 200 box lunches MAXIMUM on one pallet.**
- 6.1 **For all box lunches: The remaining shelf life for ALL items enclosed must be of at least a minimum of 15 days upon delivery at CFB Gagetown, guaranteed by microbiological control, to cover the period for which the meals were ordered.**
- 6.2 **The Menu items enclosed in the box lunch **MUST NOT** carry expiry dates which arrive prior to the expiry date shown on the label on the outside of the box.**
7. Every food product included in the containers, except the fresh fruit, must be sealed individually under vacuum or modified atmosphere, depending on the product.
8. Mayonaise or Miracle Whip only. Fillings mixed with a salad dressing is not acceptable. Also all bread, buns and tortilla must have a "light" coating of Regular Becel or Canola Harvest (non hydrogenated) Margarine. **ONLY** the salad filling sandwiches require a coating of Margarine as indicated at each menu.
9. All granola bars, cereal bars, desserts and cookies must be peanut and nut free. **The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.**
10. Mufins: Due to the non-availability, it is not mandatory for the muffins' individual wrapper to have the «Made in a Peanut Free Facility" Certification Symbol. It is also acceptable if the wrapper indicates "May Contain Trace Amounts of peanuts and/or tree nut residues". However, there **MUST NOT** be any nuts or peanuts in the muffin offered and they must be individually wrapped.
11. The In-Transit Meals - Box Lunches must be secure closed with packing tape and **MUST** be delivered in disposable **"CORRUGATED" Cardboard boxes ONLY** (approximately 25cm long, 18cm wide, 9cm high).
12. All boxes must indicate, in both official languages of Canada; English and French the following information: **Allergy Warning: Contents may contain trace amounts of peanuts and/or tree nut residues. / Avertissement allergie: le contenu peut contenir des traces d'arachides et de noix**
13. Recipes must be made available upon request.
14. Juice beverages must be PURE 100% juice not juice drink.
15. Types of cheese must be provided as indicated in each menu. Entrees requiring cheese "slice(s)", **the cheese slice(s) MUST be in full form and NOT cut in pieces.** Note: Cheese Spreads are NOT acceptable.
16. The Egg Salad Filling Sandwiches, **MUST** be made with FRESH Hard Boiled & Peeled Eggs ONLY. Frozen diced eggs, pickled eggs or eggs in pillow packs (gas flush) are NOT acceptable.

17. All wraps including the burrito **MUST** be folded at both ends and the wrap **MUST** be cut in half.
18. The meat in all subs should be layered and well displayed so the meat is visible without opening the sub bun.
19. From May until the harvest of MacIntosh Apples in the fall, DND may request the successful bidder to substitute Red Delicious, Golden Delicious or Granny Smith Apples in lieu of the MacIntosh Apples at no extra cost to DND.
20. **RECALLS:** If there are any "Recalls" the successful bidder MUST provide a detailed report to DND with the reason(s) for the recall. An initial report must be provided within one (1) week of recall and subsequent reports must also be provided as soon as they are available until the cause for the recall is resolved. The timeframe for Replacement of Meals will be negotiated between DND and the successful bidder and will be determined depending on the reason(s) for the recall.
21. **Baby Carrots' Freshness:** The Baby Carrots must always be fresh. If the Best Before/Expiry Date is not yet expired and the carrots inside the package are visibly not fresh the successful bidder will be required to take necessary measures to rectify the problem. If this problem cannot be resolved within two weeks, after the 1st initial complaint, the successful bidder must obtain this product from a different supplier for the remaining standing offer period at no extra cost to DND for all box lunches.

### MENU 1 - BREAKFAST

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	MANDATORY REQUIREMENTS			
a	<b>Entrée: Vacuum-Packed Ham English Muffin:</b> - Must be a Regular Size English Muffin (not large); - Cooked Ham <b>must be SHAVED only</b> ; - Minimum 90g of Cooked Ham not containing more than a maximum of 10g of fats, 10 % of saturated fats or less and a maximum of 1000 mg or less of sodium per a 100g serving. - Manufacturer's Nutrition Facts, for the HAM ONLY must be provided.	<b>Cooked Ham 90g minimum</b>	1	ESTIMATED QUANTITY FOR A ONE YEAR PERIOD: <b>600</b>  This box lunch price: <b>\$ / Each</b>
b	<b>Apple Juice pure 100 % from concentrate</b>	Tetra Pack 200ml minimum	1	
c	<b>Orange Juice pure 100 % from concentrate</b>	Tetra Pack 200ml minimum	1	
d	<b>Whole Grain Cereal Bar:</b> - Must be a Cereal Bar; - Must be a Whole Grain Cereal Bar; - With or without fruit is optional; - Leclerc, Quaker, Dare, President's Choice or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 35g and up	1	
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1	
f	<b>Dry Raisins</b>	14g box approx	1	
g	<b>Orange</b>		1	
h	<b>Whole Grain/Multigrain Muffin with Fruit(s) OR a Raisin Bran Muffin</b> - There must be a <u>minimum of 1 fruit</u> in the muffin; - Must be individually wrapped - Sara Lee, Tradition or equivalent brand	either 1 x 90g <b>or</b> 2 x 45g minimum	1 or 2	
i	<b>Fruit flavoured Apple Sauce Puree or Fruit Salad in its own juice or in a pear juice only</b>	107 ml/g minimum	1	
j	Individual packet of <b>mustard</b>	6 ml minimum	1	
k	Individual packet of <b>mayonnaise or Miracle Whip. Must be Kraft or Hellman's</b> only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2	
l	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be INSIDE the sealed packet for sanitary reasons.		1	

## MENU 2 - BREAKFAST

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: Vacuum-Packed Cream Cheese Bagel:</b> - Bagel must be 100 % Whole Grain <i>or</i> Multigrain and must be a minimum of 90g; - Light Cream Cheese 40g minimum; (light in fat)		1
b	<b>Apple Juice pure 100 % from concentrate</b>	Tetra Pack 200ml minimum	1
c	<b>Orange Juice pure 100 % from concentrate</b>	Tetra Pack 200ml minimum	1
d	<b>Strawberry Whole Grain Cereal Bar:</b> - Must be a <u>Cereal Bar</u> ; - Must be a <u>Whole Grain Cereal Bar</u> ; - Must be a <u>Strawberry Cereal Bar</u> . - Leclerc; Quaker, Dare, Presiden'ts Choice <i>or</i> equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 35g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	<b>Orange</b>		1
h	<b>Carrot Muffin</b> - Must be a <u>Carrot Muffin</u> ; - Must be individually wrapped; - Sara Lee, Tradition or equivalent brand	either 1 x 90g <i>or</i> 2 x 45g minimum	1 or 2
i	<b>Fruit flavoured Apple Sauce Puree or Fruit Salad in its own juice or in a pear juice only</b>	107 ml/g minimum	1
j	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		1

### MENU 3 - BREAKFAST

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	MANDATORY REQUIREMENTS			
a	<b>Entrée: Vacuum-Packed Bacon &amp; Egg Breakfast Muffin:</b> - Must be a Regular Size English Muffin (not large); - One Cooked Egg; - BACK BACON only 18g-20g minimum: - <b>One Process Cheddar Cheese Slice - Premium Ribbon slices</b> (1 slice not pieces) <b>13g minimum</b> ; (cheese spread is not acceptable)		1	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>600</b>  This box lunch price: \$ / Each
b	<b>Apple Juice</b> pure 100 % from concentrate	Tetra Pack 200ml minimum	1	
c	<b>Orange Juice</b> pure 100 % from concentrate	Tetra Pack 200ml minimum	1	
d	<b>Raspberry Whole Grain Cereal Bar:</b> - Must be a <u>Cereal Bar</u> ; - Must be a <u>Whole Grain</u> Cereal Bar; - Must be a <u>Raspberry</u> Cereal Bar. - Leclerc Essencia, Dare, Quaker, President's Choice or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility» Certification Symbol on the wrapper.	approximately 35g and up	1	
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1	
f	<b>Dry Raisins</b>	14g box approx	1	
g	<b>Orange</b>		1	
h	<b>MUFFIN:</b> Oatmeal Muffin, Whole Grain or Multigrain Muffin, Bran Muffin, Chocolate Chip Muffin or Maple Muffin are all acceptable -Raisins or fruit included is optional and acceptable; - Must be individually wrapped; - Sara Lee, Tradtion or equivalent brand	either 1 x 90g or 2 x 45g minimum	1 or 2	
i	<b>Fruit Salad.</b> Must be in its own juice or in a pear juice only	107 ml/g minimum	1	
j	<b>Ketchup, HEINZ</b> new 26 ml pack size only No Substitute	26 ml only	1	
k	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be <b>Kraft or Hellman's only</b> No Substitute	either 1 x 18 ml or 2 x 12 ml minimum	1 or 2	
l	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		1	



### MENU 4 - BREAKFAST

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	MANDATORY REQUIREMENTS			
a	<b>Entrée: Vacuum-Packed Hard-Boiled Eggs:</b> - Must be two (2) Hard-Boiled Eggs (without shell) Canada Grade A - Must be one (1) enriched white bread dinner roll	Eggs	2	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>600</b>  This box lunch price: \$ / Each
b	<b>Apple Juice pure 100 %</b> from concentrate	Tetra Pack 200ml minimum	1	
c	<b>Orange Juice pure 100 %</b> from concentrate	Tetra Pack 200ml minimum	1	
d	<b>Whole Grain Cereal Bar:</b> - Must be a <u>Cereal Bar</u> ; - Must be a <u>Whole Grain</u> Cereal Bar; - With or without a fruit is optional; - President's Choice, Leclerc, Quaker, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 35g and up	1	
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1	
f	<b>Dry Raisins</b>	14g box approx	1	
g	<b>Orange</b>		1	
h	<b>Blueberry Muffin</b> - <u>Blueberry</u> Muffin, the base can be made with either regular, bran, whole grain, multigrain or oatmeal base; - Must be individually wrapped - Sara Lee, Tradition or equivalent brand	either 1 x 90g or 2 x 45g minimum	1 or 2	
i	<b>Fruit Salad.</b> Must be in its own juice or in a pear juice only	107 ml/g minimum	1	
j	Individual Portion of regular <b>Becel</b> or <b>Canola Harvest</b> (non hydrogenated) Margarine only No Substitute	approximately 7g	2	
k	Individual packet of <b>mayonnaise</b> or <b>Miracle Whip</b> . Must be <b>Kraft</b> or <b>Hellman's</b> only No Substitute	either 1 x 18 ml or 2 x 12 ml minimum	1 or 2	
l	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MSUT all be inside the sealed packet for sanitary reasons.		1	

### MENU 1A - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: Vacuum-Packed Cooked Ham Sub:</b> - Must be Enriched White Sub Bun, 9 inches (23 cm) in length minimum; - Cooked Ham <b>must be SHAVED only</b> ; - Minimum 180g of Cooked Ham containing no more than a maximum of 10g of fats, 10 % or less saturated fats and maximum of 1000 mg of sodium or less per a 100g serving; - <b>Process Cheese Submarine White Cheese Slices</b> Pre-cut <b>28g minimum</b> ; - Manufacturer's Nutrition Facts, for the HAM ONLY must be provided.	<b>Ham 180 g</b> <b>Cheese 28g</b> <b>minimum</b>	1
b	<b>One Apple Juice</b> and <b>One Orange Juice</b> pure 100% from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>
c	<b>Baby Carrots (raw vegetables) Creovac</b>	2 oz (56.6 g) min	1
d	<b>S'mores Granola Bar or Rocky Road</b> no substitute; - President's Choice, Quaker, Leclerc, Dare <i>or</i> equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Macintosh</b> Apple no substitute	120 - 125 Size	1
h	<b>Wagon Wheels by Dare</b> no substitute (all flavors acceptable)		1
i	Individual packet of <b>mustard</b>	6 ml minimum	1
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be <b>Kraft or Hellman's only no substitute</b>	either <b>1 x 18 ml or 2 x 12 ml minimum</b>	1 or 2
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		1

### MENU 1B - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: Vacuum-Packed Mini Cooked Ham Sub:</b> - Must be Enriched White Sub Bun, 6 inches (16 cm) in length minimum; - Cooked Ham <b>must be SHAVED only</b> ; - Minimum 90g of Cooked Ham containing no more than a maximum of 10g of fats, 10 % or less saturated fats and maximum of 1000 mg of sodium or less per a 100g serving; - <b>Process Cheese Submarine White Cheese Slices 14g minimum</b> ; - Manufacturer's Nutrition Facts, for the HAM ONLY must be <u>provided</u> .	<b>Ham 90g</b> <b>Cheese 14g</b> <b>minimum</b>	1
	<b>Entrée: Vacuum-Packed Chicken Salad Sandwich:</b> - Must be 100% Whole Wheat Bread; - <b>Chicken</b> Salad filling 110g minimum; - Filling <b>MUST</b> be made with mayonaisse or Miracle Whip only. - Bread must have a light coating of regular Becel or Canola Harvest (non hydrogenated) margarine on both bread slices.	<b>Filling 110g</b> <b>minimum</b>	1
b	<b>One Apple Juice</b> and <b>One Orange Juice</b> pure 100% from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6 g) min	1
d	<b>S'mores Granola Bar or Rocky Road</b> no substitute - President's Choice, Quaker, Leclerc, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Macintosh Apple</b> no substitute	120 - 125 Size	1
h	<b>Wagon Wheels</b> by Dare no substitute (all flavors acceptable)		1
i	Individual packet of <b>mustard</b>	6 ml minimum	1
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be <b>Kraft or Hellman's only</b> no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items <b>MUST</b> all be inside the sealed packet for sanitary reasons.		1

### MENU 2A - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<p><b>Entrée: Vacuum-Packed Turkey Sub:</b></p> <ul style="list-style-type: none"> <li>- Must be Enriched White Sub Bun, 9 inches in length (23 cm) minimum,</li> <li>- Turkey <b>must be SHAVED only</b>;</li> <li>- Minimum 180g of Cooked Turkey containing no more than a maximum of 10g of fats, 10 % or less saturated fats and maximum of 1000 mg of sodium or less per a 100g serving.</li> <li>- <b>Process Cheddar Cheese Slices - Premium Ribbon Slices, sub cut length, 28g minimum;</b></li> <li>- Manufacturer's Nutrition Facts, for the TURKEY ONLY must be provided.</li> </ul>	<p><b>Minimum Turkey 180g Cheese 28g</b></p>	1
b	<b>One Apple Juice</b> and <b>One Orange Juice</b> pure 100% from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6 g) min	1
d	<p><b>Apple Granola Bar:</b></p> <ul style="list-style-type: none"> <li>- Granola bar must <u>contain apples</u> and "can" contain an added fruit.</li> <li>- Quaker Chewy Apple Fruit Crumble, Leclerc, Dare or equivalent brand;</li> <li>- The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.</li> </ul>	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Granny Smith Apple</b> no substitute		1
h	<b>Wagon Wheels by Dare</b> no substitute (all flavors acceptable)		1
i	Individual packet of <b>mustard</b>	6 ml	1
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be Kraft or Hellman's only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MSUT all be inside the sealed packet for sanitary reasons.		1

### MENU 2B - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: Vacuum-Packed Mini Turkey Sub:</b> - Must be a 100% Whole Wheat Sub Bun, 6 inches in length (16 cm) minimum, - Turkey <b>must be SHAVED only;</b> - Minimum 90g of Cooked Turkey containing no more than a maximum of 10g of fats, 10 % or less saturated fats and maximum of 1000 mg of sodium or less per a 100g serving. - <b>Process Cheddar Cheese Slices - Premium Ribbon Slices, sub cut length, 14g minimum;</b> - Manufacturer's Nutrition Facts, for the TURKEY ONLY must be provided.	<b>Minimum Turkey 90g Cheese 14g</b>	1
	<b>Entrée: Vacuum-Packed Tuna Salad on Kaiser:</b> - Must be a White Enriched Kaiser Bun; - Tuna Salad filling 110g minimum; - Filling must be made with mayonnaise or Miracle Whip only; - Kaiser must have a light coating of regular Becel or Canola Harvest (non hydrogeanted) margarine on both sides.	<b>Filling 110g minimum</b>	1
b	<b>One Apple Juice and One Orange Juice</b> pure 100% from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6 g) min	1
d	<b>Apple Granola Bar:</b> - Granola bar must <u>contain apples</u> and "can" contain an added fruit. - Quaker Chewy Apple Fruit Crumble Granola Bar, Dare, Leclerc or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Granny Smith Apple</b> no substitute		1
h	<b>Wagon Wheels by Dare</b> no substitute (all flavors acceptable)		1
i	Individual packet of <b>mustard</b>	<b>6 ml</b>	1
j	Individual packet of <b>mayonnaise or Miracle Whip</b> , Must be Kraft or Hellman's only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MSUT all be inside the sealed packet for sanitary reasons.		1

### MENU 3 - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	MANDATORY REQUIREMENTS			
	<b>Entrée: Vacuum-Packed Roast Beef Sandwich:</b> - Must be 100 % Whole Grain Bread <b>or</b> Multigrain Bread; - Roast Beef <b>must be SHAVED only</b> ; - Minimum 90g of Cooked Roast Beef, containing no more than a maximum of 10g of fats, 10 % or less saturated fats and a maximum of 1100 mg of sodium or less per a 100g serving. - Manufacturer's Nutrition Facts, for the BEEF ONLY must be provided.	<b>Beef 90 g minimum</b>	<b>1</b>	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>30000</b>  This box lunch price: \$            / Each lunch
a	<b>Entrée: Vacuum-Packed Egg Salad Sandwich:</b> - Must be White Enriched Bread; - Egg Salad filling 110g minimum; - Egg Salad Sandwiches MUST be made with <b>Fresh Eggs ONLY</b> . Egg sandwiches made with Eggs In Pillow Pack (Gas-Flush), frozen diced eggs or pickled eggs are NOT acceptable; - Filling MUST be made with mayonnaise or Miracle Whip only. - Bread must have a light coating of regular Becel or Canola Harvest (non hydrogenated) margarine on both bread slices.	<b>Filling 110 g minimum</b>	<b>1</b>	
b	<b>One Apple Juice and One Orange Juice</b> pure 100% from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>	
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56,6 g) min	<b>1</b>	
d	<b>Caramel Granola Bar or Chocolate &amp; Caramel Bar</b> - Bar must contain Caramel; - Granola Bar may be dipped; - President's Choice Dipped & Chewy Caramel Granola Bar, Leclerc Choco Max Chocolate & Caramel or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility» Certification Symbol on the wrapper.	approximately 26g and up	<b>1</b>	
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	<b>1</b>	
f	<b>Dry Raisins</b>	14g box approx	<b>1</b>	
g	Fresh <b>Macintosh Apple</b> no substitute	120 - 125 Size	<b>1</b>	
h	<b>Snak Paks Mini Cookies</b> - Must paks of Mini Cookies; - All flavors are accepted; - Mr. Christie's Snak Paks Mini Cookies, Dare, Leclerc or equivalent brand; - The Individual wrapper must have the «Made in a Peanut Free Facility» Certification Symbol on the wrapper.	approximately 30 g pouch	<b>1</b>	
i	Individual packet of <b>mustard</b>	6 ml minimum	<b>1</b>	
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be Kraft or Hellman's only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	<b>1 or 2</b>	
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		<b>1</b>	

MENU 4 - LUNCH/SUPPER				
ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	MANDATORY REQUIREMENTS			
	<b>Entrée: Vacuum-Packed Chicken Salad Sandwich:</b> - Must be 100 % Whole Grain <b>or</b> Multigrain bread; - Chicken Salad filling 110g minimum; - Filling must be made with mayonaise or Miracle Whip; - Bread must have a light coating of regular Becel or Canola Harvest (non hydrogenated) margarine on both bread slices.	Filling 110 g minimum	1	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>30000</b>  This box lunch price: \$ / Each
a	<b>Entrée: Vacuum-Packed Mini Ham and Cheese Sub:</b> - Submarine Bun must be White Enriched, minimum 6 inches (16 cm) in length; - Cooked Ham <b>must be SHAVED only</b> ; - Minimum 90g of Cooked Ham containing no more than a maximum of 10g of fats, 10 % or less saturated fats and a maximum of 1000 mg of sodium or less per a 100g serving; <b>- Process Cheddar Cheese Slices - Premium Ribbon Slices, sub cut length, 14g minimum;</b> - Manufacturer's Nutrition Facts, for the HAM ONLY must be provided.	Cooked Ham 90 g Cheese 14g minimum	1	
b	One Apple Juice and One Orange Juice pure 100% from concentrate	Tetra Pack 200ml minimum	2 - one of each	
c	Baby Carrots (raw vegetables) Creovac	2 oz (56.6 g) min	1	
d	<b>Chocolate Chip Granola Bar</b> - Must be a <b>Chocolate Chip</b> Granola Bar; - May be yogurt or chocolate dipped etc.. - President's Choice, Leclerc, Quaker, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility» Certification Symbol on the wrapper.	approximately 26g and up	1	
e	Cheese, Individual Portion, Creovac	21 g minimum	1	
f	Dry Raisins	14g box approx	1	
g	Fresh Granny Smith Apple no substitute		1	
h	<b>Snak Paks Soft Baked Cookies - Oatmeal Cinnamon</b> - Must be <b>Oatmeal</b> Cookies; - Must be <b>Soft Baked</b> Cookies; - Must be paks of mini cookies; - Mr. Christie's Snak Paks Soft Baked Cookies - Oatmeal Cinnamon, Dare, Leclerc or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility» Certification Symbol on the wrapper.	approximately 30 g pouch	1	
i	Individual packet of <b>mustard</b>	6 ml minimum	1	
j	Individual packet of <b>mayonnaise or Miracle Whip</b> , Must be Kraft or Hellman's only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2	
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		1	

### MENU 5 - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	MANDATORY REQUIREMENTS			
a	<b>Entrée: Vacuum-Packed Tuna Salad Sandwich:</b> - Must be 100 % Whole Grain <b>or</b> Multigrain Bread; - Tuna Salad filling 110g minimum; - Filling must be made with mayonaise or Miracle Whip only; - Bread must have a light coating of regular Becel or Canola Harvest (non hydrogenated) margarine on both bread slices.	<b>Filling 110 g minimum</b>	1	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>25000</b>  This box lunch price:
	<b>Entrée: Vacuum-Packed Ham and Cheese Sandwich on a Kaiser Bun:</b> - Must be a White Enriched Kaiser Bun; - Ham <b>must be SHAVED only</b> ; - Minimum 90g of Cooked Ham containing no more than a maximum of 10g of fats, 10 % or less saturated fats and a maximum of 1000 mg of sodium or less per a 100g serving of ham. <b>- Two (2) Process Cheddar Cheese Slices - Premium Ribbon slices (slices not pieces) 26g minimum;</b> - Manufacturer's Nutrition Facts, for the HAM ONLY must be provided.	<b>Cooked Ham 90 g Cheese 26g minimum</b>	1	
b	<b>One Apple Juice and One Orange Juice</b> pure 100% from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>	
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6 g) min	1	
d	<b>Granola Bar:</b> - Must be a <u>Granola Bar</u> (any type); - Quaker, President's Choice, Leclerc, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1	
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1	
f	<b>Dry Raisins</b>	14g box approx	1	
g	Fresh <b>Macintosh Apple</b> no substitute	120 - 125 size	1	
h	<b>Soft Baked Molasses Cookies:</b> - Must be <u>Soft Baked</u> Cookies; - Must be <u>Molasses</u> Cookies; - Dare Bear Paws Soft Cookies. Leclerc Soft Baked Molasses Cookies <b>or</b> equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	1 x 50 or 2 x 25g minimum per box lunch	1 x 50g or 2 x 25g minimum	
i	Individual packet of <b>mustard</b>	6 ml minimum	1	
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be Kraft or Hellman's only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2	
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		1	



### MENU 6A - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: Vacuum-Packed Turkey Club Tortilla Sandwich Wrap :</b> - Tortilla must be Original White and minimum 10 to 12 inches (25.5 cm); - Cooked Turkey <b>must be SHAVED only</b> ; - Minimum 160g of Cooked Turkey containing no more than a maximum of 10g of fats, 10 % or less saturated fats and a maximum of 1000 mg of sodium or less per a 100g serving; - <b>Back Bacon</b> only 18g-20g minimum; - Must be <b>Natural SHREDDED</b> Cheddar Cheese 30g minimum; - Manufacturer's Nutrition Facts, for the TURKEY ONLY must be provided.	<b>minimum Turkey 160 g Back Bacon 18g-20g Shredded Natural Cheddar Cheese 30g</b>	1
b	<b>One Apple Juice</b> and <b>One Orange Juice</b> pure 100 % from concentrate	Tetra Pack 200ml minimum	2 - One of each
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2oz (56.6g) min	1
d	<b>Raspberry Granola Bar :</b> - Granola Bar must contain raspberries and may be dipped. - Quaker Chewy Raspberry Fruit Crumble Granola Bar, Leclerc, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Granny Smith Apple</b> no substitute		1
h	<b>Wagon Wheels by Dare</b> no substitute (all flavors acceptable)		1
i	Individual packet of <b>mustard</b>	6 ml minimum	1
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be Kraft or Hellman's only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		1

### MENU 6B - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: Vacuum-Packed Small Turkey Club Tortilla Sandwich Wrap:</b> - <b>Tortilla</b> must be Original <b>White</b> minimum 8 to 10 inches; - Cooked Turkey <b>must be SHAVED only</b> ; - Minimum 90 g of Cooked Turkey containing no more than a maximum of 10g of fats, 10 % or less saturated fats and a maximum of 1000 mg of sodium or less per a 100g serving; - <b>Back Bacon</b> only 18g minimum; - Must be <b>Natural SHREDDED</b> Cheddar Cheese 20 g minimum; - Manufacturer's Nutrition Facts, for the TURKEY ONLY must be provided.	<b>minimum Turkey 90g Back Bacon 18g Shredded Natural Cheddar Cheese 20g</b>	1
	<b>Entrée: Vacuum-Packed Imitation Crab Salad Sandwich:</b> - Must be <b>100% Whole Wheat, Multigrain or Whole Grain Bread</b> ; - Minimum 110g Imitation Crab Salad filling; - Filling must be made with mayonaise or Miracle Whip only; - <b>Bread</b> must have a light coating of regular Becel or Canola Harvest (non hydrogenated) margarine on both sides.	<b>Filling 110g minimum</b>	1
b	<b>One Apple Juice and One Orange Juice</b> pure 100 % from concentrate	Tetra Pack 200ml minimum	<b>2 - One of each</b>
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2oz (56.6g) min	1
d	<b>Raspberry Granola Bar :</b> - Granola Bar must contain raspberries and may be dipped. - Quaker Chewy Raspberry Fruit Crumble Granola Bar, Leclerc, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Granny Smith Apple</b> no substitute		1
h	<b>Wagon Wheels by Dare</b> no substitute (all flavors acceptable)		1
i	Individual packet of <b>mustard</b>	6 ml minimum	1
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be Kraft or Hellman's only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		1

### MENU 7 - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	<b>MANDATORY REQUIREMENTS</b>			
a	<b>Entrée: Vacuum-Packed Egg Salad on Kaiser Bun:</b> - Must be a <b>White Enriched Kaiser</b> Bun large in size; - Minimum 110g Egg Salad filling; - Egg Salad Sandwiches MUST be made with <b>Fresh Eggs ONLY</b> . Sandwiches made with Eggs in Pillow Pack (Gas-Flush), frozen diced eggs or pickled eggs are not acceptable; - Filling must be made with mayonaise or Miracle Whip only; - Kaiser Bun must have a light coating of regular Becel or Canola Harvest (non hydrogenated) margarine on both sides.	<b>Filling 110g minimum</b>	1	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>31000</b>  This box lunch price: \$ / Each lunch
	<b>Entrée: Vacuum-Packed Cajun Chicken or Roast Chicken Fajita Sandwich:</b> - Bread must be 100 % Whole Grain <b>or</b> Multigrain; - Chicken <b>must be SHAVED only</b> ; - Minimum 90g of <b>Cajun Chicken or</b> Cooked Roast Chicken Fajita, and must not contain more than a maximum of 10 g of fats, 10 % or less saturated fats and a maximum of 1200 mg of sodium or less per 100g serving; - Manufacturer's Nutrition Facts, for the Chicken only must be provided. (Cajun Chicken by Erie Meats, Desco, Maple Lodge/Nadeau Poultry or Equivalent Brand but must meet the nutrition facts above)	<b>Chicken 90g minimum</b>	1	
b	<b>One Apple Juice and One Orange Juice</b> pure 100 % from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>	
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6 g) min	1	
d	<b>Caramel Granola Bar or Choco Max:</b> - Bar must contain Caramel and may be dipped; - President's Choice Dipped & Chewy Caramel Granola Bar, Leclerc Choco Max Chocolate and Caramel, Quaker or Dare or equivalent brand; - The Individual wrapper must have the «Made in a Peanut Free Facility» Certification Symbol on the wrapper.	approximately 26g and up	1	
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1	
f	<b>Dry Raisins</b>	14g box approx	1	
g	Fresh <b>Macintosh Apple</b> No Substitute	120 - 125 Size	1	
h	<b>Banana or Molasses Cookies:</b> - Cookies must be <u>Soft Baked</u> ; - Must be a Banana or Molasses Cookie; - Dare Bear Paws Soft Cookies, Leclerc or equivalent product and brand; - The individual wrapper must have the «Made in a Peanut Free Facility» Certification Symbol on the wrapper.	1 x 50g or 2 x 25 g minimum per box lunch	1 x 50g or 2 x 25g minimum	
i	Individual packet of <b>mustard</b>	6 ml minimum	1	
j	Individual packet of <b>mayonnaise or Miracle Whip</b> , Must be Kraft or Hellman's only No Substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2	
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items <b>MUST</b> all be inside the sealed packet for sanitary reasons.		1	

### MENU 8 - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	MANDATORY REQUIREMENTS			
a	<b>Entrée: Vacuum-Packed Chicken Salad Sandwich:</b> - Must be White Enriched Bread; - Chicken Salad filling 110g minimum; - Filling must be made with mayonaise or Miracle Whip; - Bread must have a light coating of regular Becel or Canola Harvest (non hydrogenated) margarine on both bread slices.	<b>Filling 110g minimum</b>	1	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>25000</b>  This box lunch price: \$ / Each
	<b>Entrée: Vacuum-Packed Pastrami Sandwich:</b> - Must be 100% Whole Wheat Bread; - Pastrami <b>must be SHAVED only</b> ; - Minimum 90g of Cooked Pastrami and must not contain more than a maximum of 10g of fats, 10 % or less saturated fats and a maximum of 1100 mg of sodium or less per a 100g serving; - Manufacturer's Nutrition Facts, for the PASTRAMI ONLY must be provided.	<b>Pastrami 90 g minimum</b>	1	
b	<b>One Apple Juice and One Orange Juice</b> pure 100 % from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>	
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6g) min	1	
d	<b>S'mores Granola Bar:</b> - Must be a <u>Granola Bar</u> ; - Must be a <u>S'mores</u> Granola Bar. - President's Choice, Quaker, Leclerc, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1	
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1	
f	<b>Dry Raisins</b>	14g box approx	1	
g	Fresh <b>Granny Smith Apple</b> No Substitute	minimum 110 size	1	
h	<b>Apple Cookies:</b> - Must be an Apple Cookie; - Dare Bear Paws Cereal & Fruit Baked Apple or Apple, Leclerc or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	1 x 50g or 2 x 25g minimum per box lunch	1 x 50g or 2 x 25g minimum	
i	Individual packet of <b>mustard</b>	6 ml minimum	1	
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be Kraft or Hellman's only No Substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml <b>minimum</b>	1 or 2	
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items MUST all be inside the sealed packet for sanitary reasons.		1	

### MENU 9 - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	<b>MANDATORY REQUIREMENTS</b>			
	<b>Entrée: Vacuum-Packed Roast Beef Sandwich:</b>  - Bread must be 100 % Whole Grain <b>or</b> Multigrain;  - Roast Beef <b>must be SHAVED only</b> ;  - Minimum 90g of Cooked Roast Beef and must not contain more than a maximum of 10g of fats, 10 % or less saturated fats and maximum of 1100 mg of sodium or less per 100g serving;  <b>- Two (2) Process Cheddar Cheese Slices - Premium Ribbon slices (slices not pieces) 26g minimum;</b>  <b>a</b> - Manufacturer's Nutrition Facts, for the ROAST BEEF ONLY must be provided	<b>minimum Roast Beef 90 g Cheese 26g</b>	1	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>25000</b>  This box lunch price:
	<b>Entrée: Vacuum-Packed Salmon Salad Sandwich:</b>  - Must be Enriched White Bread;  - Minimum 110g of Salmon Salad Filling.  - Filling must be mixed with mayonaise or Miracle Whip only;  - Bread must have a light coating of Becel or Canola Harvest (non hydrogenated) margarine on both bread slices.	<b>Filling 110 g minimum</b>	1	
<b>b</b>	<b>One Apple Juice and One Orange Juice</b> pure 100 % from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>	
<b>c</b>	<b>Baby Carrots</b> (raw vegetables) Creovac	2oz (56.6g) min	1	
<b>d</b>	<b>Apple Granola Bar or Fruit Granola Bar:</b>  - Quaker Chewy Apple Fruit Crumble Granola Bar, Leclerc, Dare <b>or</b> equivalent product or brand;  - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1	
<b>e</b>	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1	
<b>f</b>	<b>Dry Raisins</b>	14g box approx	1	
<b>g</b>	Fresh <b>Macintosh Apple</b> No Substitute	120 - 125 size	1	
<b>h</b>	<b>Soft Baked Oatmeal Cookies:</b>  - Must be Soft Baked Cookies; - Must be Oatmeal or Oatmeal Cinnamon Cookies  - Dare Bear Paws Soft Cookies - Homestyle Oatmeal (2 cookie per 50g pack), Leclerc or equivalent brand;  - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	1 x 50g or 2 x 25g minimum per box lunch	1 x 50g or 2 x 25g minimum	
<b>i</b>	Individual packet of <b>mustard</b>	6 ml minimum	1	
<b>j</b>	Individual packet of <b>mayonnaise or Miracle Whip</b> . Kraft or Hellman's No Substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2	
<b>k</b>	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items must all be inside the sealed packet for sanitary reasons.		1	

### **MENU 10 - LUNCH/SUPPER**

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: None</b>  <b>No Sandwiches are required for this meal.</b> (DND <u>will themselves</u> <u>add</u> two Certified Halal Sandwiches in the box)		0
b	<b>One Apple Juice</b> and <b>One Orange Juice</b> pure 100 % from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6 g) min	1
d	<b>Granola Bar:</b>  - Must be a <u>Granola Bar</u> (any type);  - Quaker, President's Choice, Leclerc, Dare <i>or</i> equivalent brand;  - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Macintosh Apple</b> no substitute	120 - 125 Size	1
h	<b>Soft Baked Mini Cookies of any flavor</b>  - Must be <u>Soft Baked</u> Cookies; - Must be a pouch of "Mini" Cookies;  - Mr. Christie's Snak Paks, Dare, Quaker, Leclerc <i>or</i> equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 30g pouch	1
i	Individual packet of <b>mustard</b>	6 ml minimum	1
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be Kraft or Hellman's only no substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items must all be inside the sealed packet for sanitary reasons.		1

### MENU 11 VEGETARIAN - LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY	ESTIMATED QUANTITY AND PRICE
	MANDATORY REQUIREMENTS			
a	<b>Entrée: Vacuum-Packed Vegetarian Sub:</b> - Must be 100 % Enriched White Sub Bun, minimum 9 inches (23 cm) in length; - Minimum 180g of Vegetarian Protein; <b>- Process Cheese Submarine White Cheese Slices Pre-cut 28g minimum;</b>	Filling 180 g Cheese 28g minimum	1	ESTIMATED QUANTITY FOR ONE YEAR PERIOD: <b>1000</b>  This box lunch price:
b	One Apple Juice and One Orange Juice pure 100% from concentrate	Tetra Pack 200ml minimum	2 - one of each	
c	Baby Carrots (raw vegetables) Creovac	2 oz (56.6 g) min	1	
d	<b>Granola Bars:</b> - Dipped Chocolate Chip Granola Bar dipped in yogourt or chocolate; or - Rocky Road Granola Bar: - President's Choice, Quaker, Leclerc, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1	
e	Cheese, Individual Portion, Creovac	21 g minimum	1	
f	Dry Raisins	14g box approx	1	
g	Fresh Granny Smith Apple no substitute		1	
h	<b>Soft Baked Oatmeal Cookies:</b> - Must be <u>Soft Baked</u> Cookies; - Must be <u>Oatmeal</u> or <u>Oatmeal Cinnamon</u> Cookies - Dare Bear Paws Soft Cookies - Homestyle Oatmeal , Leclerc or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	must be 1 x 50 g or 2 x 25 g minimum per box lunch	1 x 50g or 2 x 25g minimum	
i	Individual packet of mustard	6 ml	1	
j	Individual packet of mayonnaise or Miracle Whip. Kraft or Hellman's No substitute	either 1 x 18 ml or 2 x 12 ml minimum	1 or 2	
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items must all be inside the sealed packet for sanitary reasons.		1	

## **MENU 12 VEGETARIAN - LUNCH/SUPPER**

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: Vacuum-Packed Bean &amp; Cheese Vegetarian Burrito:</b> - Must be a 100% Whole Wheat Tortilla; - Tortilla must be 10 to 12 inches (25.5 cm) minimum; - Minimum 180g of Bean & Cheese Vegetarian filling; - Must be <b>Natural Shredded</b> Cheddar Cheese 30g minimum;	<b>Filling 180 g Shredded Natural Cheddar Cheese 30g minimum</b>	1
b	<b>One Apple Juice</b> and <b>One Orange Juice</b> pure 100% from concentrate	Tetra Pack 200ml minimum	<b>2 - one of each</b>
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6 g) min	1
d	<b>Granola Bar or Choco Max Bars (any flavor)</b> - Quaker, Leclerc Choco Max Bars, President's Choice, Dare or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Macintosh Apple</b> no substitute	120 - 125 Size	1
h	<b>Soft Baked Molasses Cookies:</b> - Must be <u>Soft Baked</u> Cookies; - Must be <u>Molasses</u> Cookies - Dare Bear Paws Soft Cookies, Leclerc Soft Baked Molasses Cookies or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	must be 1 x 50 g or 2 x 25 g minimum per box lunch	1 x 50g or 2 x 25g minimum
i	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items must all be inside the sealed packet for sanitary reasons.		1



### MENU 13 - VEGETARIAN LUNCH/SUPPER

ITEMS	DESCRIPTION	Mandatory Sizes & Packaging required	REQUIRED QUANTITY
	MANDATORY REQUIREMENTS		
a	<b>Entrée: Vacuum-Packed Tuna Salad Sandwich on a Sub Bun:</b> - Must be 100 % Enriched White Sub Bun, minimum 9 inches in length (23 cm); - Minimum 140g of Tuna Salad filling; - Filling must be made with mayonaise or Miracle Whip only - Bun must have a light coating of Becel or Canola Harvest (non hydrogenated) Margarine on both sides.	<b>Filling 140 g</b>	1
b	<b>One Apple Juice</b> and <b>One Orange Juice</b> pure 100% from concentrate	Tetra pack 200ml minimum	<b>2 - one of each</b>
c	<b>Baby Carrots</b> (raw vegetables) Creovac	2 oz (56.6 g) min	1
d	<b>Fruit Granola Bar:</b> - Must be a <u>Granola Bar</u> ; - Must be a Granola Bar <u>with fruit or fruit flavoured.</u> - Quaker, Leclerc, Dare, President's Choice or equivalent brand; - The individual wrapper must have the «Made in a Peanut Free Facility" Certification Symbol on the wrapper.	approximately 26g and up	1
e	<b>Cheese</b> , Individual Portion, Creovac	21 g minimum	1
f	<b>Dry Raisins</b>	14g box approx	1
g	Fresh <b>Granny Smith Apple</b> no substitute		1
h	<b>Wagon Wheels by Dare</b> no substitute (all flavors acceptable)		1
i	Individual packet of <b>mustard</b>	6 ml minimum	1
j	Individual packet of <b>mayonnaise or Miracle Whip</b> . Must be Kraft or Hellman's No substitute	either 1 x 18 ml <b>or</b> 2 x 12 ml minimum	1 or 2
k	Individual packet of disposable utensils which must include one knife, fork, spoon, napkin, salt & pepper. These items must all be inside the sealed packet for sanitary reasons.		1