

**RETURN BIDS TO:
RETOURNER LES SOUMISSIONS À:**
**Bid Receiving Public Works and Government
Services Canada/Réception des soumissions
Travaux publics et Services gouvernementaux
Canada**
**1713 Bedford Row
Halifax, N.S./Halifax, (N.É.)
B3J 1T3
Bid Fax: (902) 496-5016**

REQUEST FOR PROPOSAL DEMANDE DE PROPOSITION

**Proposal To: Public Works and Government
Services Canada**

We hereby offer to sell to Her Majesty the Queen in right of Canada, in accordance with the terms and conditions set out herein, referred to herein or attached hereto, the goods, services, and construction listed herein and on any attached sheets at the price(s) set out therefor.

**Proposition aux: Travaux Publics et Services
Gouvernementaux Canada**

Nous offrons par la présente de vendre à Sa Majesté la Reine du chef du Canada, aux conditions énoncées ou incluses par référence dans la présente et aux annexes ci-jointes, les biens, services et construction énumérés ici sur toute feuille ci-annexée, au(x) prix indiqué(s).

Comments - Commentaires

Title - Sujet FITNESS EQUIPMENT	
Solicitation No. - N° de l'invitation E0225-131391/A	Date 2012-09-18
Client Reference No. - N° de référence du client E0225-13-1391	
GETS Reference No. - N° de référence de SEAG PW-\$HAL-309-8773	
File No. - N° de dossier HAL-2-69191 (309)	CCC No./N° CCC - FMS No./N° VME
Solicitation Closes - L'invitation prend fin at - à 02:00 PM on - le 2012-10-29	Time Zone Fuseau horaire Atlantic Daylight Saving Time ADT
F.O.B. - F.A.B. Plant-Usine: <input type="checkbox"/> Destination: <input checked="" type="checkbox"/> Other-Autre: <input type="checkbox"/>	
Address Enquiries to: - Adresser toutes questions à: MacNeil, Blaine A.	Buyer Id - Id de l'acheteur hal309
Telephone No. - N° de téléphone (902) 496-5180 ()	FAX No. - N° de FAX (902) 496-5016
Destination - of Goods, Services, and Construction: Destination - des biens, services et construction: DEPARTMENT OF PUBLIC WORKS AND GOVERNMENT SERVICES CANADA RCMP "H" DIVISION 80 GARLAND AVENUE, ATT: ELLEN COADY DARTMOUTH NOVA SCOTIA B3B 0A7 Canada	

Instructions: See Herein

Instructions: Voir aux présentes

Vendor/Firm Name and Address
Raison sociale et adresse du
fournisseur/de l'entrepreneur

Issuing Office - Bureau de distribution
Acquisitions
1713 Bedford Row
Halifax, N.S./Halifax, (N.É.)
B3J 3C9

Delivery Required - Livraison exigée SEE HEREIN	Delivery Offered - Livraison proposée
Vendor/Firm Name and Address Raison sociale et adresse du fournisseur/de l'entrepreneur	
Telephone No. - N° de téléphone Facsimile No. - N° de télécopieur	
Name and title of person authorized to sign on behalf of Vendor/Firm (type or print) Nom et titre de la personne autorisée à signer au nom du fournisseur/ de l'entrepreneur (taper ou écrire en caractères d'imprimerie)	
Signature	Date

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PART 1 - GENERAL INFORMATION

1. Security Requirement

Contractors must be escorted at all times while on RCMP premises.

2. Statement of Requirement

The RCMP has a requirement for the supply, delivery, and installation of the items described in "Annex A" Statement of Requirement.

3. Communications Notification

As a courtesy, the Government of Canada requests that successful bidders notify the Contracting Authority in advance of their intention to make public an announcement related to the award of a contract.

4. Debriefings

After contract award, bidders may request a debriefing on the results of the bid solicitation. Bidders should make the request to the Contracting Authority within 15 working days of receipt of notification that their bid was unsuccessful. The debriefing may be provided in writing, by telephone or in person.

PART 2 - BIDDER INSTRUCTIONS

1. Standard Instructions, Clauses and Conditions

All instructions, clauses and conditions identified in the bid solicitation by number, date and title are set out in the Standard Acquisition Clauses and Conditions Manual issued by Public Works and Government Services Canada.

Bidders who submit a bid agree to be bound by the instructions, clauses and conditions of the bid solicitation and accept the clauses and conditions of the resulting contract.

The 2003 (2012-07-11) Standard Instructions - Goods or Services - Competitive Requirements, are incorporated by reference into and form part of the bid solicitation.

2. Submission of Bids

Bids must be submitted only to Public Works and Government Services Canada (PWGSC) Bid Receiving Unit by the date, time and place indicated on page 1 of the bid solicitation.

3. Enquiries - Bid Solicitation

All enquiries must be submitted in writing to the Contracting Authority no later than five (5) calendar days before the bid closing date. Enquiries received after that time may not be answered.

Bidders should reference as accurately as possible the numbered item of the bid solicitation to which the enquiry relates. Care should be taken by bidders to explain each question in sufficient detail in order to enable Canada to provide an accurate answer. Technical enquiries that are of a proprietary nature must be clearly marked "proprietary" at each relevant item. Items identified as "proprietary" will be treated as such except where Canada determines that the enquiry is not of a proprietary nature. Canada may edit the questions or may request that the Bidder do so, so that the proprietary nature of the question is eliminated, and the enquiry can be answered with copies to all bidders. Enquiries not submitted in a form that can be distributed to all bidders may not be answered by Canada.

4. Applicable Laws

Any resulting contract must be interpreted and governed, and the relations between the parties determined, by the laws in force in Nova Scotia.

Bidders may, at their discretion, substitute the applicable laws of a Canadian province or territory of their choice without affecting the validity of their bid, by deleting the name of the Canadian province or territory specified and inserting the name of the Canadian province or territory of their choice. If no change is made, it acknowledges that the applicable laws specified are acceptable to the bidders.

PART 3 - BID PREPARATION INSTRUCTIONS

1. Bid Preparation Instructions

Canada requests that bidders provide their bid in separately bound sections as follows:

Section I: Technical Bid (two hard copies)

Section II: Financial Bid (one hard copy)

Section III: Certifications (one hard copy)

Prices must appear in the financial bid only. No prices must be indicated in any other section of the bid.

Canada requests that bidders follow the format instructions described below in the preparation of their bid:

- (a) use 8.5 x 11 inch (216 mm x 279 mm) paper;
- (b) use a numbering system that corresponds to the bid solicitation.

Section I: Technical Bid

In their technical bid, bidders should explain and demonstrate how they propose to meet the requirements and how they will carry out the Work.

Section II: Financial Bid

Bidders must submit their financial bid in accordance with Annex C, Basis of Payment. The total amount of Goods and Services Tax (GST) or Harmonized Sales Tax (HST) must be shown separately, if applicable.

Section III: Certifications

Bidders must submit the certifications required under Part 5.

PART 4 - EVALUATION PROCEDURES AND BASIS OF SELECTION

1. Evaluation Procedures

- (a) Bids will be assessed in accordance with the entire requirement of the bid solicitation including the technical and financial evaluation criteria.
- (b) An evaluation team composed of representatives of Canada will evaluate the bids.

1.1 Technical Evaluation

1.1 Mandatory Technical Criteria

Bidders must bid complete the cross-reference grid (Annex B) for all the item requested for consideration of award. All mandatory requirements must be met through way of cross-referencing with product literature supplied with the bid. If, in some instance(s) this is not available, the bidder is to note how their product meets the requirement.

1.2 Financial Evaluation

The price of the bid will be evaluated in Canadian dollars, the Goods and Services Tax or the Harmonized Sales Tax excluded, FOB destination, Canadian customs duties and excise taxes included.

2. Basis of Selection

A bid must comply with all requirements of the bid solicitation to be declared responsive. The responsive bid with the lowest evaluated aggregate price will be recommended for award of a contract.

PART 5 - CERTIFICATIONS

Bidders must provide the required certifications to be awarded a contract. Canada will declare a bid non-responsive if the required certifications are not completed and submitted as requested.

Compliance with the certifications bidders provide to Canada is subject to verification by Canada during the bid evaluation period (before award of a contract) and after award of a contract. The Contracting Authority will have the right to ask for additional information to verify bidders' compliance with the certifications before award of a contract. The bid will be declared non-responsive if any certification made by the Bidder is untrue, whether made knowingly or unknowingly. Failure to comply with the certifications or to comply with the request of the Contracting Authority for additional information will also render the bid non-responsive.

1. Certifications Precedent to Contract Award

The certifications listed below should be completed and submitted with the bid, but may be submitted afterwards. If any of these required certifications is not completed and submitted as requested, the Contracting Authority will so inform the Bidder and provide the Bidder with a time frame within which to meet the requirement. Failure to comply with the request of the Contracting Authority and meet the requirement within that time period will render the bid non-responsive.

1.1. Code of Conduct Certifications - Certifications Required Precedent to Contract Award

Bidders should provide, with their bids or promptly thereafter, a complete list of names of all individuals who are currently directors of the Bidder. If such a list has not been received by the time the evaluation of bids is completed, the Contracting Authority will inform the Bidder of a time frame within which to provide the information. Bidders must submit the list of directors before contract award, failure to provide such a list within the required time frame will render the bid non-responsive.

The Contracting Authority may, at any time, request that a Bidder provide properly completed and Signed Consent Forms (Consent to a Criminal Record Verification form -PWGSC-TPSGC 229) for any or all individuals named in the aforementioned list within a specified delay. Failure to provide such Consent Forms within the delay will result in the bid being declared non-responsive.

1.2 Federal Contractors Program

Suppliers who are subject to the Federal Contractors Program (FCP) and have been declared ineligible contractors by Human Resources and Skills Development Canada (HRSDC) are no longer eligible to receive federal government contracts over the threshold for solicitation of bids as set out in the Government Contracts Regulations. Suppliers may be declared ineligible contractors either as a result of a finding of non-compliance by HRSDC, or following their voluntary withdrawal from the FCP for a reason other than the reduction of their workforce to less than 100 employees. Any bids from ineligible contractors, including a bid from a joint venture that has a member who is an ineligible contractor, will be declared non-responsive.

The Bidder, or, if the Bidder is a joint venture the member of the joint venture, certifies its status with the FCP, as follows:

The Bidder or the member of the joint venture

() is not subject to the FCP, having a workforce of less than 100 full-time or part-time permanent employees, and/or temporary employees having worked 12 weeks or more in Canada;

() is not subject to the FCP, being a regulated employer under the Employment Equity Act, S.C. 1995, c. 44;

() is subject to the requirements of the FCP, having a workforce of 100 or more full-time or part-time permanent employees, and/or temporary employees having worked 12 weeks or more in Canada, but has not previously obtained a certificate number from HRSDC, having not bid on requirements of \$200,000 or more;

() has not been declared an ineligible contractor by HRSDC, and has a valid certificate number as follows: _____ .

Further information on the FCP is available on the HRSDC Web site.

PART 6 - RESULTING CONTRACT CLAUSES

1. Security Requirement

Contractors must be escorted at all times while on RCMP premises.

2. Requirement

The RCMP has a requirement for the supply, delivery, and installation of the items described in "Annex A" Statement of Requirement.

3. Standard Clauses and Conditions

All clauses and conditions identified in the Contract by number, date and title are set out in the Standard Acquisition Clauses and Conditions Manual issued by Public Works and Government Services Canada.

3.1 General Conditions

2010A (2012-07-16), General Conditions - Goods (Medium Complexity) apply to and form part of the Contract.

4. Delivery

Delivery and completion of installation is requested between the dates of: 07 January 2013 and 30 January 2013.

Delivery location is 80 Garland Avenue, Dartmouth, Nova Scotia.

5. Authorities

5.1 Contracting Authority

The Contracting Authority for the Contract is:

Name: Blaine MacNeil
Title: Supply Officer
Public Works and Government Services Canada
Acquisitions Branch

Telephone: 902-496-5180
Facsimile: 902-496-5117
E-mail address: blaine.macneil@pwgsc.gc.ca

The Contracting Authority is responsible for the management of the Contract and any changes to the Contract must be authorized in writing by the Contracting Authority. The Contractor must not perform work in excess of or outside the scope of the Contract based on verbal or written requests or instructions from anybody other than the Contracting Authority.

5.2 Technical Authority:

The Project Authority for the Contract is: (to be named upon contract award)

Name:
Organization:
Telephone:

The Technical Authority is the representative of the department or agency for whom the Work is being carried out under the Contract and is responsible for all matters concerning the technical content of the Work under the Contract. Technical matters may be discussed with the Project Authority, however the Project Authority has no authority to authorize changes to the scope of the Work. Changes to the scope of the Work can only be made through a contract amendment issued by the Contracting Authority.

5.3 Contractor's Representative

Name:
Company:

Telephone:
Facsimile:
E-mail address:

6. Payment

6.1 Basis of Payment

In consideration of the Contractor satisfactorily completing all of its obligations under the contract, the Contractor will be paid a firm price,

as detailed in "Annex C" Basis of Payment. Customs duties are included and Goods and Services Tax or Harmonized Sales Tax is extra, if applicable.

Canada will not pay the Contractor for any design changes, modifications or interpretations of the Work, unless they have been approved, in writing, by the Contracting Authority before their incorporation into the Work.

6.2 SACC Manual Clauses

H1000C Single Payment (2008-05-12)

7. Invoicing Instructions

H5001C Invoicing Instructions (2008-12-12)

1. The Contractor must submit invoices in accordance with the section entitled "Invoice Submission" of the general conditions. Invoices cannot be submitted until all work identified in the invoice is completed.
2. Invoices must be distributed as follows:
 - (a) The original and one (1) copy must be forwarded to the address shown on page 1 of the Contract for certification and payment.
 - (b) One (1) copy must be forwarded to the Contracting Authority identified under the section entitled "Authorities" of the Contract.

8. Certifications

- 8.1 Compliance with the certifications provided by the Contractor in its bid is a condition of the Contract and subject to verification by Canada during the term of the Contract. If the Contractor does not comply with any certification or it is determined that any certification made by the Contractor in its bid is untrue, whether made knowingly or unknowingly, Canada has the right, pursuant to the default provision of the Contract, to terminate the Contract for default.

9. Applicable Laws

The Contract must be interpreted and governed, and the relations between the parties determined, by the laws in force in Nova Scotia.

10. Priority of Documents

If there is a discrepancy between the wording of any documents that appear

on the list, the wording of the document that first appears on the list has priority over the wording of any document that subsequently appears on the list.

- (a) the Articles of Agreement;
- (b) 2010A General Conditions - Goods (Medium Complexity) (2012-07-16);
- (c) Annex A, Statement of Requirement;
- (d) Annex B, Cross-Reference;
- (d) the Contractor's bid dated _____ (insert date of bid)

11. SACC Manual Clauses

A9055C Scrap and Waste Material (2010-08-16)

Annex A

Statement of Requirement

General Requirements for All Equipment:

1. Delivery and installation at 80 Garland Avenue, Dartmouth, N.S.
2. Set up of equipment including removal and disposal of shipping materials within 24 hours of delivery.
3. Provision of one hard copy and one electronic copy of any owners' manuals, operating instructions, and warranties.

Cardiovascular Equipment:

1. Treadmill

- 1.1. Full commercial (no restrictions on daily hours related to usage or warranty).
- 1.2. Motor: 3 HP or greater continuous duty motor.
- 1.3. Electrical: 220 volt, 20 amp dedicated circuit.
- 1.4. Speed: Speed range of 0.5mph (or less) to 12mph (minimum 'max' speed) increasing in increments of .1mph or less.
- 1.5. Incline: 0 to 15% grade minimum, in 0.5% increments or less.
- 1.6. Running Surface: 20 inches x 60 inches minimum area.
- 1.7. Programs: Minimum of 7 preset programs, in addition to Quick Start mode.
- 1.8. Heart Rate Monitor Control: by touch sensors and/or wireless telemetry.
- 1.9. Maximum User Weight: Minimum 350 lbs.
- 1.10. Emergency Stop Controls: mandatory.
- 1.11. Display: Digital display console indicating calories, heart rate, distance, incline, pace, elapsed time, and speed.
- 1.12. Accessories: water bottle holder, reading material holder, communications device holder, and portable music holder.
- 1.13. Warranty: On site service for 7 years on frame, 3 years on motor, 2 years all parts including mechanical and electrical components, 1 year on all other labour including computer display.

2. Elliptical / Cross Trainer with Arms

- 2.1. Full commercial (no restrictions on daily hours related to usage or warranty).
- 2.2. Power: self generating.
- 2.3. Incline: 20 levels minimum, adjustable to minimum range of 13 degrees.
- 2.4. Resistance: 20 resistance levels minimum.
- 2.5. Programs: Minimum of 6 preset programs, in addition to Quick Start mode.
- 2.6. Heart Rate Monitor Control: by touch sensors and/or wireless telemetry.

- 2.7. Dual action moving arms.
- 2.8. Maximum User Weight: Minimum 350 lbs.
- 2.9. Emergency Stop Controls: mandatory.
- 2.10. Display: Digital display console indicating calories, heart rate, resistance, incline, pace/speed/strides per minute, and elapsed time.
- 2.11. Accessories: water bottle holder, reading material holder, communications devices holder, and portable music holder.
- 2.12. Warranty: On site service for 7 years on frame, 3 years on motor, 2 years all parts including mechanical and electrical components, 1 year on all other labour including computer display.

3. Recumbent Exercise Bike

- 3.1. Full commercial (no restrictions on daily hours related to usage or warranty).
- 3.2. Power: self-powered.
- 3.3. Drive Train: belt driven.
- 3.4. Resistance: minimum of 10 resistance levels.
- 3.5. Programs: minimum of 12 preset programs, in addition to Quick Start mode.
- 3.6. Heart Rate Monitor Control: by touch sensors and/or wireless telemetry.
- 3.7. Maximum User Weight: Minimum 350 lbs.
- 3.8. Seat: ergonomic seat, adjustable for height.
- 3.9. Pedals: extra wide pedals to accommodate wide range of shoe sizes.
- 3.10. Display: Digital display console indicating calories, heart rate, resistance, incline, pace/speed/strides per minute, and elapsed time.
- 3.11. Accessories: water bottle holder, reading material holder, communications device holder, and portable music holder.
- 3.12. Warranty: On site service for 7 years on frame, 2 years all parts, 1 year on all other labour including computer display, 6 months on wear items.

4. Upright Exercise Bike

- 4.1. Full commercial (no restrictions on daily hours related to usage or warranty).
- 4.2. Power: self-powered.
- 4.3. Drive Train: belt driven.
- 4.4. Resistance: minimum of 10 resistance levels.
- 4.5. Programs: Minimum of 10 preset programs, in addition to Quick Start mode.
- 4.6. Heart Rate Monitor Control: by touch sensors and/or wireless telemetry.
- 4.7. Maximum User Weight: Minimum 350 lbs.
- 4.8. Seat: ergonomic seat, adjustable for height.
- 4.9. Pedals: extra wide pedals to accommodate wide range of shoe sizes.
- 4.10. Display: Digital display console indicating calories, heart rate, resistance, incline, pace/speed/strides per minute, and elapsed time.

- 4.11. Accessories: water bottle holder, reading material holder, communication devices holder, and portable music holder.
- 4.12. Warranty: On site service for 7 years on frame, 2 years all parts, 1 year on all other labour including computer display, 6 months on wear items.

Strength Training Equipment:

Requirements:

- 1. Industrial / Commercial grade (no restrictions on daily hours related to usage or warranty).
- 2. Frames constructed with minimum 12 gauge steel, powder coated, industry standard colour (white or grey), solid one-piece frame comprised of heavy duty 3" x 3" tubing.
- 3. Bolts are a minimum of Grade 5 Zinc.
- 4. Padded / upholstered seats, back rests, arm rests in an industry standard colour (black). Extra protected wear guards in high use areas.
- 5. Seats, leg rests, and handles are adjusted easily.
- 6. Pulleys are to be minimum fibreglass reinforced nylon, fitted with pre-lubricated bearings.
- 7. Minimum 3/16" aircraft quality nylon coated cable or kevlar and polyamide belt.
- 8. Cam systems to match the relative strength.
- 9. Molded feet for floor protection.
- 10. Selectorized stack equipment must come with graphic instructions on equipment to show proper technique and muscle groups used.
- 11. Pull pins to be solid steel and spring loaded.

5. Chest Press

- 5.1. Minimum 250 lbs weight stack.
- 5.2. Must provide a converging motion.
- 5.3. Must have independent lever arms.
- 5.4. Must have a spring assisted pre-stretch pedal for safety and allows for a full range of motion.
- 5.5. Must have both neutral and pronated grip options.
- 5.6. Must have handles with a rubber grip.
- 5.7. Must have a numbered seat adjustment.
- 5.8. Selectorized pins tethered to weight stack.
- 5.9. Instructional placards.
- 5.10. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

6. Overhead Press

- 6.1. Minimum 200 lbs weight stack.
- 6.2. Must have a spring assisted pre-stretch pedal for safety and allows for a full range of motion.

- 6.3. Must have both neutral and pronated grip options.
- 6.4. Must have handles with a rubber grip.
- 6.5. Must have a numbered seat adjustment.
- 6.6. Selectorized pins tethered to weight stack.
- 6.7. Instructional placards.
- 6.8. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

7. Pulldown

- 7.1. Minimum 250 lbs weight stack.
- 7.2. Must have an adjustable thigh pad.
- 7.3. Must have both neutral and pronated grip options.
- 7.4. Must have handles with a rubber grip.
- 7.5. Selectorized pins tethered to weight stack.
- 7.6. Instructional placards.
- 7.7. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

8. Leg Press

- 8.1. Minimum 400 lbs weight stack.
- 8.2. Must have handles with a rubber grip.
- 8.3. Must have a numbered seat adjustment.
- 8.4. Selectorized pins tethered to weight stack.
- 8.5. Instructional placards.
- 8.6. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

9. Leg Extension

- 9.1. Minimum 260 lbs weight stack.
- 9.2. Must permit minimum three (3) range of motions allowing for different starting points to accommodate users with injuries.
- 9.3. Must have back pad and tibia pad that are adjustable.
- 9.4. Must have handles with a rubber grip.
- 9.5. Must have a numbered seat adjustment.
- 9.6. Selectorized pins tethered to weight stack.
- 9.7. Instructional placards.
- 9.8. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

10. Seated Leg Curl

- 10.1. Minimum 160 lbs weight stack.
- 10.2. Angled seat for comfort.
- 10.3. Adjustable back pad and leg pad.
- 10.4. Adjustable thigh restraint.
- 10.5. Range of motion is adjustable.
- 10.6. Selectorized pins tethered to weight stack.
- 10.7. Instructional placards.

11. Progressive Stability / Chin up

- 11.1. Minimum 200 lbs weight stack.
- 11.2. Must have both neutral and pronated and supinated hand grip options.
- 11.3. Must have handles with a rubber grip.
- 11.4. Selectorized pins tethered to weight stack.
- 11.5. Instructional placards.
- 11.6. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

12. VKR / Chin Dip / Chin Up

- 12.1. Multiple pull-up grip angles.
- 12.2. Contoured elbow pads.
- 12.3. Supported back pad.
- 12.4. Padded hand grips.
- 12.5. Stable footprint that does not require anchoring into the floor for safety.
- 12.6. Angled back pad to assist leg raise.
- 12.7. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

13. Multi-use bench

- 13.1. Must be adjustable to a flat, an incline, or a straight position.
- 13.2. Must have an adjustable back rest to a minimum of five (5) positions.
- 13.3. Pull pins must be solid steel and spring loaded.
- 13.4. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

14. Utility Bench

- 14.1. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

15. Power Rack / Cage

- 15.1. Weight stack 220 lbs standard, may be increased up to 400 lbs.
- 15.2. Built in plate storage.
- 15.3. Chin-up bar 1.5" round and maximum 400 lb capacity.
- 15.4. Selectorized pins tethered to weight stack.
- 15.5. Instructional placards.
- 15.6. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

16. Leg Raise Chair

- 16.1. Minimum 250 lbs weight stack.
- 16.2. Must provide a converging motion.
- 16.3. Must have independent lever arms.
- 16.4. Must have a spring assisted pre-stretch pedal for safety and allows for a full range of motion.
- 16.5. Must have both neutral and pronated grip options.
- 16.6. Must have handles with a rubber grip.
- 16.7. Must have a numbered seat adjustment.
- 16.8. Selectorized pins tethered to weight stack.
- 16.9. Instructional placards.
- 16.10. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

17. 45 Back Extension

- 17.1. Minimum 250 lbs weight stack.
- 17.2. Must provide a converging motion.
- 17.3. Must have independent lever arms.
- 17.4. Must have a spring assisted pre-stretch pedal for safety and allows for a full range of motion.
- 17.5. Must have both neutral and pronated grip options.
- 17.6. Must have handles with a rubber grip.
- 17.7. Must have a numbered seat adjustment.
- 17.8. Selectorized pins tethered to weight stack.
- 17.9. Instructional placards.
- 17.10. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

18. Rubberized Dumbbells

- 18.1. SDS design construction

- 18.2. Cannot spin or loosen.
- 18.3. One piece solid cast steel head design encased in rubber.
- 18.4. Rubber should be minimum 6 mm and odourless.
- 18.5. Rubber should not crack or fade.
- 18.6. Available from 5 to 120 lbs. In 5 lb increments.
- 18.7. Colour: black
- 18.8. Warranty: 2 years against breakage.

19. Barbells

- 19.1. Must be a maximum of 54 inches and fit in the barbell rack.
- 19.2. 20 to 100 lbs pro-style fixed.
- 19.3. Warranty: 2 years against breakage.

20. Olympic Plates

- 20.1. Material: Urethane (IGX-U).
- 20.2. Shape: Round
- 20.3. Grip: Ergonomic
- 20.4. Olympic size hole to fit Olympic size bar.
- 20.5. Olympic size weights in increments of 2.5 lbs, 5, 10, 25, 35, and 45 lbs.
- 20.6. Plates clearly marked with specific weight increments.
- 20.7. Include handle holds or places for fingers to fit for ease of carrying, removing from Olympic bars and safety.
- 20.8. Warranty: 2 years against breakage.

21. Olympic Bars

- 21.1. True Olympic size bar in 46 to 48 inch lengths.
- 21.2. Knurled gripping system.
- 21.3. Maintenance free bearings.
- 21.4. Bar diameter: 30 to 32 mm.
- 21.5. Lifetime Warranty against manufacturing defects.

22. Speed Bag Platform and Support

- 22.1. Platform: Minimum 30 inches diameter, 1.75 inches thickness.
- 22.2. Materials: Maple Hardwood.
- 22.3. Support: Minimum 24 inch range for adjustment.

23. Speed Bag

- 23.1. Leather construction with a bladder inside (PD).
- 23.2. Balanced bag for accurate rebounds.
- 23.3. Seams: Fully leather-welted and bound.
- 23.4. Leather laced closure and reinforced triple-welted leather hanger.
- 23.5. Dimensions: 11 inches x 8 inches.

24. Heavy Bag

- 24.1. Leather construction.
- 24.2. Minimum weight 100lbs.
- 24.3. Dimensions: 16 inches diameter and 48 inches long.

25. Rubberized Plates

- 25.1. One piece solid cast steel, encased in rubber.
- 25.2. Rubber should be minimum 6mm thickness and odourless.
- 25.3. Rubber should not crack or fade.
- 25.4. Olympic sizes

26. Dumbbell Racks

- 26.1. Electro static, powder coated finish.
- 26.2. Bolts are a minimum of Grade 5 Zinc.
- 26.3. Minimum 11 gauge, tubular steel frame.
- 26.4. 2 and 3 tier options.
- 26.5. Must accommodate specified rubberized dumbbells and standard sized dumbbells.
- 26.6. Warranty: 10 years against broken welds and manufacturing defects.

27. Barbell Rack

- 27.1. Capacity: ten (10) straight barbells
- 27.2. Polymer or rubber protection on the rack to protect the bar.
- 27.3. Stable rack base.
- 27.4. Warranty: Minimum 10 years on frames (excluding paint finish). 2 years on component parts (bearings, spring pins). 1 year on pads, grips and unspecified parts.

28. Exercise Mat

- 28.1. Minimum dimensions: 5 feet x 10 feet x 1.5 inches thick.
- 28.2. Minimum 4 sections for folding.
- 28.3. Include Velcro on two perpendicular sides.

28.4. Materials: polyurethane marafoam #110.

28.5. Cover: Minimum 20 oz. Vinyl.

29. Stability Ball

29.1. Able to withstand 1000 lbs of static weight.

29.2. Include appropriate inflation tools (needle, hand pump).

29.3. Lifetime warranty against defects.

30. Weight Scale

30.1. Stainless Steel mechanical medical grade (not digital).

30.2. Maximum User Weight: minimum 350 lbs.

30.3. Height Rod: minimum 78 inches.

30.4. Platform size: 10 – 13 inches wide x 14 – 17 inches long.

Annex B

Cross Reference

Cardiovascular Equipment:

Cross-Reference:

1. Treadmill

1.1. Full commercial (no restrictions on daily hours related to usage or warranty).

1.2. Motor: 3 HP or greater continuous duty motor.

1.3. Electrical: 220 volt, 20 amp dedicated circuit.

1.4. Speed: Speed range of 0.5mph (or less) to 12mph (minimum 'max' speed) increasing in increments of .1mph or less.

1.5. Incline: 0 to 15% grade minimum, in 0.5% increments or less.

1.6. Running Surface: 20 inches x 60 inches minimum area.

1.7. Programs: Minimum of 7 preset programs, in addition to Quick Start mode.

1.8. Heart Rate Monitor Control: by touch sensors and/or wireless telemetry.

1.9. Maximum User Weight: Minimum 350 lbs.

1.10. Emergency Stop Controls: mandatory.

1.11. Display: Digital display console indicating calories, heart rate, distance, incline, pace, elapsed time, and speed.

1.12. Accessories: water bottle holder, reading material holder, communications device holder, and portable music holder.

1.13. Warranty: On site service for 7 years on frame, 3 years on motor, 2 years all parts including mechanical and electrical components, 1 year on all other labour including computer display.

2. Elliptical / Cross Trainer with Arms

2.1. Full commercial (no restrictions on daily hours related to usage or warranty).

2.2. Power: self generating.

2.3. Incline: 20 levels minimum, adjustable to minimum range of 13 degrees.

2.4. Resistance: 20 resistance levels minimum.

2.5. Programs: Minimum of 6 preset programs, in addition to Quick Start mode.

- 2.6. Heart Rate Monitor Control: by touch sensors and/or wireless telemetry.
- 2.7. Dual action moving arms.
- 2.8. Maximum User Weight: Minimum 350 lbs.
- 2.9. Emergency Stop Controls: mandatory.
- 2.10. Display: Digital display console indicating calories, heart rate, resistance, incline, pace/speed/strides per minute, and elapsed time.
- 2.11. Accessories: water bottle holder, reading material holder, communications devices holder, and portable music holder.
- 2.12. Warranty: On site service for 7 years on frame, 3 years on motor, 2 years all parts including mechanical and electrical components, 1 year on all other labour including computer display.

3. Recumbent Exercise Bike

- 3.1. Full commercial (no restrictions on daily hours related to usage or warranty).
- 3.2. Power: self-powered.
- 3.3. Drive Train: belt driven.
- 3.4. Resistance: minimum of 10 resistance levels.
- 3.5. Programs: minimum of 12 preset programs, in addition to Quick Start mode.
- 3.6. Heart Rate Monitor Control: by touch sensors and/or wireless telemetry.
- 3.7. Maximum User Weight: Minimum 350 lbs.
- 3.8. Seat: ergonomic seat, adjustable for height.
- 3.9. Pedals: extra wide pedals to accommodate wide range of shoe sizes.
- 3.10. Display: Digital display console indicating calories, heart rate, resistance, incline, pace/speed/strides per minute, and elapsed time.
- 3.11. Accessories: water bottle holder, reading material holder, communications device holder, and portable music holder.
- 3.12. Warranty: On site service for 7 years on frame, 2 years all parts, 1 year on all other labour including computer display, 6 months on wear items.

4. Upright Exercise Bike

- 4.1. Full commercial (no restrictions on daily hours related to usage or warranty).
- 4.2. Power: self-powered.
- 4.3. Drive Train: belt driven.

- 4.4. Resistance: minimum of 10 resistance levels.
- 4.5. Programs: Minimum of 10 preset programs, in addition to Quick Start mode.
- 4.6. Heart Rate Monitor Control: by touch sensors and/or wireless telemetry.
- 4.7. Maximum User Weight: Minimum 350 lbs.
- 4.8. Seat: ergonomic seat, adjustable for height.
- 4.9. Pedals: extra wide pedals to accommodate wide range of shoe sizes.
- 4.10. Display: Digital display console indicating calories, heart rate, resistance, incline, pace/speed/strides per minute, and elapsed time.
- 4.11. Accessories: water bottle holder, reading material holder, communication devices holder, and portable music holder.
- 4.12. Warranty: On site service for 7 years on frame, 2 years all parts, 1 year on all other labour including computer display, 6 months on wear items.

Strength Training Equipment:

- 1. Industrial / Commercial grade
- 2. Frames constructed with minimum 12 gauge steel, powder coated, industry standard colour (white or grey), solid one-piece frame comprised of heavy duty 3" x 3" tubing.
- 3. Bolts are a minimum of Grade 5 Zinc.
- 4. Padded / upholstered seats, back rests, arm rests in an industry standard colour (black). Extra protected wear guards in high use areas.
- 5. Seats, leg rests, and handles are adjusted easily.
- 6. Pulleys are to be minimum fibreglass reinforced nylon, fitted with pre-lubricated bearings.
- 7. Minimum 3/16" aircraft quality nylon coated cable or kevlar and polyamide belt.
- 8. Cam systems to match the relative strength.
- 9. Molded feet for floor protection.
- 10. Selectorized stack equipment must come with graphic instructions on equipment to show proper technique and muscle groups used.
- 11. Pull pins to be solid steel and spring loaded.

5. Chest Press

- 5.1. Minimum 250 lbs weight stack.
- 5.2. Must provide a converging motion.
- 5.3. Must have independent lever arms.

5.4. Must have a spring assisted pre-stretch pedal for safety and allows for a full range of motion.

5.5. Must have both neutral and pronated grip options.

5.6. Must have handles with a rubber grip.

5.7. Must have a numbered seat adjustment.

5.8. Selectorized pins tethered to weight stack.

5.9. Instructional placards.

5.10. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

6. Overhead Press

6.1. Minimum 200 lbs weight stack.

6.2. Must have a spring assisted pre-stretch pedal for safety and allows for a full range of motion.

6.3. Must have both neutral and pronated grip options.

6.4. Must have handles with a rubber grip.

6.5. Must have a numbered seat adjustment.

6.6. Selectorized pins tethered to weight stack.

6.7. Instructional placards.

6.8. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

7. Pulldown

7.1. Minimum 250 lbs weight stack.

7.2. Must have an adjustable thigh pad.

7.3. Must have both neutral and pronated grip options.

7.4. Must have handles with a rubber grip.

7.5. Selectorized pins tethered to weight stack.

7.6. Instructional placards.

7.7. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

8. Leg Press

8.1. Minimum 400 lbs weight stack.

8.2. Must have handles with a rubber grip.

- 8.3. Must have a numbered seat adjustment.
- 8.4. Selectorized pins tethered to weight stack.
- 8.5. Instructional placards.

8.6. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

9. Leg Extension

- 9.1. Minimum 260 lbs weight stack.
- 9.2. Must permit minimum three (3) range of motions allowing for different starting points to accommodate users with injuries.
- 9.3. Must have back pad and tibia pad that are adjustable.
- 9.4. Must have handles with a rubber grip.
- 9.5. Must have a numbered seat adjustment.
- 9.6. Selectorized pins tethered to weight stack.
- 9.7. Instructional placards.

9.8. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

10. Seated Leg Curl

- 10.1. Minimum 160 lbs weight stack.
- 10.2. Angled seat for comfort.
- 10.3. Adjustable back pad and leg pad.
- 10.4. Adjustable thigh restraint.
- 10.5. Range of motion is adjustable.
- 10.6. Selectorized pins tethered to weight stack.
- 10.7. Instructional placards.

11. Progressive Stability / Chin up

- 11.1. Minimum 200 lbs weight stack.
- 11.2. Must have both neutral and pronated and supinated hand grip options.
- 11.3. Must have handles with a rubber grip.
- 11.4. Selectorized pins tethered to weight stack.
- 11.5. Instructional placards.

11.6. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

12. VKR / Chin Dip / Chin Up

12.1. Multiple pull-up grip angles.

12.2. Contoured elbow pads.

12.3. Supported back pad.

12.4. Padded hand grips.

12.5. Stable footprint that does not require anchoring into the floor for safety.

12.6. Angled back pad to assist leg raise.

12.7. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

13. Multi-use bench

13.1. Must be adjustable to a flat, an incline, or a straight position.

13.2. Must have an adjustable back rest to a minimum of five (5) positions.

13.3. Pull pins must be solid steel and spring loaded.

13.4. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

14. Utility Bench

14.1. Warranty: Minimum 10 years on frames (excluding paint finish), 2 years on component parts (bearings, spring pins), 1 year on pads, grips and unspecified parts.

15. Power Rack / Cage

15.1. Weight stack 220 lbs standard, may be increased up to 400 lbs.

15.2. Built in plate storage.

15.3. Chin-up bar 1.5" round and maximum 400 lb capacity.

- 15.4. Selectorized pins tethered to weight stack. _____
- 15.5. Instructional placards. _____
- 15.6. Warranty: Minimum 10 years on frames
(excluding paint finish), 2 years on component parts
(bearings, spring pins), 1 year on pads, grips and
unspecified parts. _____

16. Leg Raise Chair

- 16.1. Minimum 250 lbs weight stack. _____
- 16.2. Must provide a converging motion. _____
- 16.3. Must have independent lever arms. _____
- 16.4. Must have a spring assisted pre-stretch
pedal for safety and allows for a full range of motion. _____
- 16.5. Must have both neutral and pronated grip
options. _____
- 16.6. Must have handles with a rubber grip. _____
- 16.7. Must have a numbered seat adjustment. _____
- 16.8. Selectorized pins tethered to weight stack. _____
- 16.9. Instructional placards. _____
- 16.10. Warranty: Minimum 10 years on frames
(excluding paint finish), 2 years on component parts
(bearings, spring pins), 1 year on pads, grips and
unspecified parts. _____

17. 45 Back Extension

- 17.1. Minimum 250 lbs weight stack. _____
- 17.2. Must provide a converging motion. _____
- 17.3. Must have independent lever arms. _____
- 17.4. Must have a spring assisted pre-stretch
pedal for safety and allows for a full range of motion. _____
- 17.5. Must have both neutral and pronated grip
options. _____
- 17.6. Must have handles with a rubber grip. _____
- 17.7. Must have a numbered seat adjustment. _____
- 17.8. Selectorized pins tethered to weight stack. _____
- 17.9. Instructional placards. _____
- 17.10. Warranty: Minimum 10 years on frames
(excluding paint finish), 2 years on component parts
(bearings, spring pins), 1 year on pads, grips and
unspecified parts. _____

18. Rubberized Dumbbells

- 18.1. SDS design construction
- 18.2. Cannot spin or loosen.
- 18.3. One piece solid cast steel head design encased in rubber.
- 18.4. Rubber should be minimum 6 mm and odourless.
- 18.5. Rubber should not crack or fade.
- 18.6. Available from 5 to 120 lbs. In 5 lb increments.
- 18.7. Colour: black
- 18.8. Warranty: 2 years against breakage.

19. Barbells

- 19.1. Must be a maximum of 54 inches and fit in the barbell rack.
- 19.2. 20 to 100 lbs pro-style fixed.
- 19.3. Warranty: 2 years against breakage.

20. Olympic Plates

- 20.1. Material: Urethane (IGX-U).
- 20.2. Shape: Round
- 20.3. Grip: Ergonomic
- 20.4. Olympic size hole to fit Olympic size bar.
- 20.5. Olympic size weights in increments of 2.5 lbs, 5, 10, 25, 35, and 45 lbs.
- 20.6. Plates clearly marked with specific weight increments.
- 20.7. Include handle holds or places for fingers to fit for ease of carrying, removing from Olympic bars and safety.
- 20.8. Warranty: 2 years against breakage.

21. Olympic Bars

- 21.1. True Olympic size bar in 46 to 48 inch lengths.
- 21.2. Knurled gripping system.
- 21.3. Maintenance free bearings.
- 21.4. Bar diameter: 30 to 32 mm.
- 21.5. Lifetime Warranty against manufacturing defects.

22. Speed Bag Platform and Support

22.1. Platform: Minimum 30 inches diameter, 1.75 inches thickness.

22.2. Materials: Maple Hardwood.

22.3. Support: Minimum 24 inch range for adjustment.

23. Speed Bag

23.1. Leather construction with a bladder inside (PD).

23.2. Balanced bag for accurate rebounds.

23.3. Seams: Fully leather-welted and bound.

23.4. Leather laced closure and reinforced triple-welted leather hanger.

23.5. Dimensions: 11 inches x 8 inches.

24. Heavy Bag

24.1. Leather construction.

24.2. Minimum weight 100lbs.

24.3. Dimensions: 16 inches diameter and 48 inches long.

25. Rubberized Plates

25.1. One piece solid cast steel, encased in rubber.

25.2. Rubber should be minimum 6mm thickness and odourless.

25.3. Rubber should not crack or fade.

25.4. Olympic sizes

26. Dumbbell Racks

26.1. Electro static, powder coated finish.

26.2. Bolts are a minimum of Grade 5 Zinc.

26.3. Minimum 11 gauge, tubular steel frame.

26.4. 2 and 3 tier options.

26.5. Must accommodate specified rubberized dumbbells and standard sized dumbbells.

26.6. Warranty: 10 years against broken welds and manufacturing defects.

27. Barbell Rack

- 27.1. Capacity: ten (10) straight barbells
- 27.2. Polymer or rubber protection on the rack to protect the bar.
- 27.3. Stable rack base.
- 27.4. Warranty: Minimum 10 years on frames (excluding paint finish). 2 years on component parts (bearings, spring pins). 1 year on pads, grips and unspecified parts.

28. Exercise Mat

- 28.1. Minimum dimensions: 5 feet x 10 feet x 1.5 inches thick.
- 28.2. Minimum 4 sections for folding.
- 28.3. Include Velcro on two perpendicular sides.
- 28.4. Materials: polyurethane marafoam #110.
- 28.5. Cover: Minimum 20 oz. Vinyl.

29. Stability Ball

- 29.1. Able to withstand 1000 lbs of static weight.
- 29.2. Include appropriate inflation tools (needle, hand pump).
- 29.3. Lifetime warranty against defects.

30. Weight Scale

- 30.1. Stainless Steel mechanical medical grade (not digital).
- 30.2. Maximum User Weight: minimum 350 lbs.
- 30.3. Height Rod: minimum 78 inches.
- 30.4. Platform size: 10 – 13 inches wide x 14 – 17 inches long.

Annex C

Basis of Payment

Six separate contracts are to be awarded (A-F):

	Contract A:				
Item:				Quantity	Extended Total
1	Treadmill			2	\$
	Delivery			Lot	
				Total:	\$
	Contract B:				
Item:					
2	Elliptical			2	\$
	Delivery			Lot	
				Total:	\$
	Contract C:				
Item:					
3	Recumbent Exercise Bike			1	\$
4	Upright Exercise Bike			1	\$
	Delivery			Lot	\$
				Total:	\$
	Contract D:				
Item:					
5	Chest Press			1	\$
6	Overhead Press			1	\$
7	Pulldown			1	\$
8	Leg Press			1	\$
	Delivery			Lot	\$
				Total:	\$
	Contract E:				
Item:					
9	Leg Extension			1	\$
10	Seated Leg Curl			1	\$
11	Dip/Chin Assist			1	\$
12	Prog. Stab. / Chinup			1	\$
	Delivery			Lot	\$
				Total:	\$
	Contract F:				
Item:					
13	Adjustable 10 to 80 Bench			3	\$
14	Utility Bench			1	\$

15	Curl			1	\$
16	Barbell Rack			1	\$
17	Dumbbell Rack			2	\$
18	Power Cage			1	\$
19	Leg Raise Chair			1	\$
20	45 Back Extension			1	\$
21	Rubber Encased Dumbbell Set			1	\$
22	Rubber Encased Dumbbell Set - 55 to 100 lbs.			1	\$
23	Barbell Set - 20 to 100 lbs.			1	\$
24	2.5 lb. Olympic Rubber plate			2	\$
25	5 lb. Olympic Rubber plate			2	\$
26	10 lb. Olympic Rubber plate			4	\$
27	25 lb. Olympic Rubber plate			2	\$
28	35 lb. Olympic Rubber plate			2	\$
29	45 lb. Olympic Rubber plate			6	\$
30	7' Olympic Bar - 1500lb test			1	\$
31	pair Olympic Spring collars			1	\$
32	Heavy Bag / Speed Bag Platform			1	\$
33	Speed Bag			1	\$
34	Heavy Bag - 100 lb.			1	\$
35	Exercise Mat			1	\$
36	Stability Ball - 55 cm.			1	\$
37	Stability Ball - 65 cm.			1	\$
38	Stability Ball - 75 cm.			1	\$
39	Weight Scale			2	\$
	Delivery			Lot	\$
				Total:	

Note: Delivery *must* be factored into unit prices or added to each total per contract.
i.e. Statements by bidder stating "if all contracts awarded to this company, delivery will be \$X less." c
consideration due to the evaluation methodology.

Optional Items:

Optional items are noted below that may be ordered within one year of contract award at the RCMP's discretion at prices indicated above (contractor will be based on awarded contract).

Delivery charges will be negotiated if/when an order is placed. These items will not factor into the evaluation in any way.

Optional Item:				Quantity
1	Treadmill			2
2	Elliptical/Cross Trainer			2
3	Recumbent Exercise Bike			1
4	Upright Exercise Bike			1

an not be taken into