

**RETURN BIDS TO:**  
**RETOURNER LES SOUMISSIONS À:**  
Bid Receiving Public Works and Government  
Services Canada/Réception des soumissions Travaux  
publics et Services gouvernementaux Canada  
Room 1650, 635 8th Ave. S.W.  
Calgary  
Alberta  
T2P 3M3

**SOLICITATION AMENDMENT**  
**MODIFICATION DE L'INVITATION**

The referenced document is hereby revised; unless otherwise  
indicated, all other terms and conditions of the Solicitation  
remain the same.

Ce document est par la présente révisé; sauf indication contraire,  
les modalités de l'invitation demeurent les mêmes.

**Comments - Commentaires**

**Vendor/Firm Name and Address**  
**Raison sociale et adresse du**  
**fournisseur/de l'entrepreneur**

**Issuing Office - Bureau de distribution**  
Public Works and Government Services  
Canada/Travaux publics et Services gouvernementaux  
Canada  
Room 1650, 635 8th Ave. S.W.  
Calgary  
Alberta  
T2P 3M3

<b>Title - Sujet</b> International Expedition -Argentina	
<b>Solicitation No. - N° de l'invitation</b> W4295-13C126/A	<b>Amendment No. - N° modif.</b> 001
<b>Client Reference No. - N° de référence du client</b> DND	<b>Date</b> 2013-09-23
<b>GETS Reference No. - N° de référence de SEAG</b> PW-\$CAL-130-6123	
<b>File No. - N° de dossier</b> CAL-3-36042 (130)	<b>CCC No./N° CCC - FMS No./N° VME</b>
<b>Solicitation Closes - L'invitation prend fin</b> <b>at - à 02:00 PM</b> <b>on - le 2013-10-09</b>	<b>Time Zone</b> Fuseau horaire Mountain Daylight Saving Time MDT
<b>F.O.B. - F.A.B.</b> <b>Plant-Usine:</b> <input type="checkbox"/> <b>Destination:</b> <input checked="" type="checkbox"/> <b>Other-Autre:</b> <input type="checkbox"/>	
<b>Address Enquiries to: - Adresser toutes questions à:</b> Gong, Jenny	<b>Buyer Id - Id de l'acheteur</b> cal130
<b>Telephone No. - N° de téléphone</b> (403) 292-5768 ( )	<b>FAX No. - N° de FAX</b> (403) 292-5786
<b>Destination - of Goods, Services, and Construction:</b> <b>Destination - des biens, services et construction:</b> Argentina, see the details in Annex "A"	

**Instructions: See Herein**

**Instructions: Voir aux présentes**

<b>Delivery Required - Livraison exigée</b>	<b>Delivery Offered - Livraison proposée</b>
<b>Vendor/Firm Name and Address</b> <b>Raison sociale et adresse du fournisseur/de l'entrepreneur</b>	
<b>Telephone No. - N° de téléphone</b> <b>Facsimile No. - N° de télécopieur</b>	
<b>Name and title of person authorized to sign on behalf of Vendor/Firm</b> <b>(type or print)</b> <b>Nom et titre de la personne autorisée à signer au nom du fournisseur/</b> <b>de l'entrepreneur (taper ou écrire en caractères d'imprimerie)</b>	
<b>Signature</b>	<b>Date</b>

Solicitation No. - N° de l'invitation

W4295-13C126/A

Client Ref. No. - N° de réf. du client

DND

Amd. No. - N° de la modif.

001

File No. - N° du dossier

CAL-3-36042

Buyer ID - Id de l'acheteur

ca1130

CCC No./N° CCC - FMS No/ N° VME

---

**This amendment 001 is raised to correct the mismatched Annex A in the original solicitation document #4295-13C126/A as follows:**

1. Annex A - Statement of Work on page 13 of 21

Delete in its entirety

Insert: See attached PDF - Annex A - SOW - English (12 pages)

**All other terms and conditions shall remain the same.**

**Annex "A" - Statement of Work****ANNEX "A" -  
STATEMENT OF WORK****REGIONAL CADET SUPPORT UNIT (Northwest) RCSU (NW)  
2014 INTERNATIONAL EXPEDITION – ARGENTINA****1. Title:**

Regional Cadet Support Unit (Northwest) RCSU (NW) – 2014 INTERNATIONAL EXPEDITION – ARGENTINA

**2. Background:**

The Department of National Defence (DND) - Royal Canadian Army Cadet Expedition Programme (RCACEP) conducts Army Cadet Adventure Training Activities (ACATA) and expeditions to develop leadership skills, while enhancing self-concepts, such as self-confidence, self-reliance, self-esteem and self-discipline. An expedition is any activity that consists of dynamic travel of no less than one day in duration with an outdoor overnight component, where there is a clear goal associated with the activity. Expeditions include ACATA and inherently practice the application of Star Programme skills.

The development and execution of the 2014 International Expedition has been tasked to RCSU (NW). The expedition will occur in four phases – pre-expedition training, sea kayaking/trek, mountaineering, and cultural visits.

**3. Objective:**

The 2014 International Expedition – Argentina is forecasted to have three (3) adult staff army Cadet Instructor Cadre (CIC) officers, and eighteen (18) youth aged 16-18 as participants. All will have a high level of physical fitness and no medical restrictions that would preclude them from participating in the entirety of activities to be conducted. At least one (1) of the CIC officers will be functionally bilingual (French-English) to account for the possibility of a unilingual participant. This requirement is for the supply of out-trip meals and the instruction and supervision of eighteen (18) Army Cadets, and three (3) CIC officers.

**4. Publications and Definitions:**

- a. The crown will provide the contractor will policy documentation that directs expectations in training and activities that will take place during this activity. Those documents are as follows:
  - (1) A-CR-CCP-951/PT 002, Royal Canadian Army Cadets Adventure Training Safety Standards; and
  - (2) A-CR-CCP-030-PT-001 Water Safety Orders.
- b. The following are definitions of common words and phrases found in this statement of work:
  - (1) contractor: the service provide awarded the contract and their representatives;
  - (2) crown or DND: the client;
  - (3) cadet: youth participant selected by the crown

**Annex "A" - Statement of Work**

- (4) CIC officer: adult participant/staff member selected by the crown;
- (5) IFMGA: International Federation of Mountain Guides and Associations
- (6) ACMG: Association of Canadian Mountain Guides
- (7) Sea kayaking: shall be defined as a sport consisting of the use of a Kayak for moving across water over a distance with required equipment and food to move from one point to another. Kayaking is distinguished from canoeing by the sitting position of the paddler and the number of blades on the paddle. A kayak is defined by the International Canoe Federation (the world sanctioning body) as a boat where the paddler faces forward, legs in front, using a double-bladed paddle. Most kayaks have closed decks, sea kayaks must be of a modern fabrication with a keyhole cockpit exit;
- (8) Trekking: shall be defined as the activity of vigorous walking in the outdoors/wilderness on an unpaved trace, either a path or navigating an unmarked route. Usually trekking consists of travelling across country over different terrains, sometimes with inclines and declines. Trekking is sometimes referred to as mountain/hill walking. Trekking can take place on a route with a different start and end point, a circuit or a mid-point destination and return. Trekking may also include obstacle crossings of low-level intensity such as logs and fallen trees; however, it does not include river crossings (fording). Activities that include crossing such obstacles require a higher skill level from all participants. Often participants will carry water, food, living and emergency equipment. Trekking becomes backpacking once equipment is carried for an overnight stay.
- (9) Mountaineering: shall be defined as a sport consisting of an ascent, foot travel and sufficiently technical in nature to require skills in rope groups, crevasse rescue, avalanche assessment and/or river crossing (Chapter 5, Annex C). Mountaineering normally takes place at greater than 2000 m above sea level and may be above the tree line and/or on glaciers. For this publication, foot travel in alpine areas (no ice, glaciers or technical climbing) shall not be considered mountaineering; rather it is a bridge between hiking/backpacking and mountaineering. Mountaineering, including glacier travel, is a distinct activity, and should not be confused with winter hiking/camping or polar travel, which involves different characteristics, safety concerns, required skills and equipment. The Association of Canadian Mountain Guides (ACMG) is the most recognized national agency in this field and it is the only Canadian association that holds a membership with the International Federation of Mountain Guides and Associations (IFMGA).
- (10) Ocean, coastal, and open water: refers to paddling conditions in very large bodies of water that would behave like an ocean, ex: seas, very large bays and very large lakes;
- (11) Backcountry: refers to a remote undeveloped rural area that requires self powered modes of travel and a working knowledge in navigation and satellite driven communications devices;
- (12) Out-trip: any portion of the expedition that takes place in backcountry;
- (13) 951: refers to the publication A-CR-CCP-951/PT 002, Royal Canadian Army Cadets Adventure Training Safety Standards that detail safety standards and policy for army cadet training;

**Annex "A" - Statement of Work**

- (14) Water safety orders: refers to the publications A-CR-CCP-030-PT-001 Water Safety Orders that detail water safety and policy for the cadet program;

**5. Scope of Work:****The Contractor must provide:**

- a. instruction and supervision in the technical aspects of flat water sea kayaking and out-tripping to meet the requirements of the planned sea kayaking/trek phase of the expedition with a ratio of 2 instructor boats per group (or instructor to cadet ratio of 1:4);
- b. instruction and supervision in the technical aspects of Mountaineering including glacier travel, approaches, peak ascents, and rope-team travel. The Contractor is required to provide one (1) instructor to four (4) cadets, to work in conjunction with the three (3) CIC officers to carry out this training;
- c. out-trip meals for the out-trip phases of the expedition;
- d. all transport once the team arrive in Argentina (with the exception of regional air travel); and
- e. accommodations once the team arrives in Argentina.

Attached at Annex 1 – Itinerary is a sample of the programming that fits the intent of the expedition. The requirements are subject to changes and order of layout with prior consultation between the crown and the Contractor. These changes may include but are not limited to amending or replacing any or all portions of the requirements with similar or like training in quantity and/or type.

**6. Duration of Training:**

The session will begin on 13-25 Jan 2014 (including an inclement weather day). There will be no changes in dates unless agreed to by both the Contractor and DND. Refer to Annex 1 for detailed schedule.

**7. Tasks:****a. Pre-planning:**

The Contractor shall submit to the Expedition Training Officer a detailed plan for all requirements for the planned activities no later than (NLT) sixty (60) days prior to the commencement of the expedition. This work plan must include items such as, but not limited to: proof of being in possession of necessary permits and licensing, etc required for operating in the proposed areas and identification of rest stops and campsites along the proposed route. The pre-planning must also include a risk assessment, how the risk will be mitigated and an evacuation plan for the activity/location (refer to A-CR-CCP-951/PT 002, Royal Canadian Army Cadets Adventure Training Safety Standards and A-CR-CCP-030-PT-001 Water Safety Orders).

- (1) Meetings: Meetings are not required, although communication with the Expedition Training Officer is encouraged throughout the planning process. Teleconferences are available to be setup for the Contract by the crown for meetings including the crown.

**b. Staff Training:**

**Annex "A" - Statement of Work**

The Contractor shall train the adult staff in the operation of safety equipment, communications, and the implementation of the emergency plan. The cadets shall be introduced and aware of the aforementioned equipment and plans.

**c. Special Considerations:**

The Contractor will provide technical advice, instruction and supervision of the conduct of training and will work in close consultation with the Expedition Training Officer and the adult staff present during the expedition for detailed scheduling and safety. The Contractor shall work in close consultation with the adult staff present who is assigned to oversee the instruction of cadets for matters separate from the technical aspects of training (i.e. leadership). The Contractor and its employees shall comply with the general rules and instructions applicable to the expedition (i.e. no alcohol consumption). Refer to A-CR-CCP-951/PT 002, Royal Canadian Army Cadets Adventure Training Safety Standards and A-CR-CCP-030-PT-001 Water Safety Orders for full rules and instructions.

**d. Communications:**

The Contractor shall be responsible for all communications including but not limited to the following:

- (1) ensuring staff are capable of communicating with the necessary authorities during the period of service. Communication with the necessary authorities includes being able to initiate public affairs plans, required daily communications, and emergency plans at all times;
- (2) supplying of satellite phones, cell phones, spot beacons, and other necessary equipment for communication as required;
- (3) liaising with applicable agencies for access to or provision of services for communications as required in areas of controlled communications systems;
- (4) Communication Devices required on hand are: one radio per adult staff, one satellite phone per team, one spot beacon per team;
- (5) Provide the team opportunity to contact the Expd Trg O every 24 hours while in Argentina via Sat Phone;
- (6) The crown shall be included in all communication plans for emergency responses.

**e. Safety:**

The Contractor shall maintain a safe training environment that meets the safety standards as outlined in A-CR-CCP-951/PT 002, Royal Canadian Army Cadets Adventure Training Safety Standards and A-CR-CCP-030-PT-001 Water Safety Orders. The safe training environment shall include proceeding to and from any training locations as well as the actual conduct of the activity. Where local, International, or industry standards are more stringent, those shall prevail and the Contractor shall notify the Expedition Training Officer. The Contractor is responsible for the safe conduct and supervision of all technical aspects of the activity being conducted.

**f. Liaison Personnel:**

The Contractor will appoint a person(s) to liaise with the Expedition Training Officer on a twenty-four (24) hour 'on-call' basis during the entirety of the contract period.

**Annex "A" - Statement of Work****g. Emergency Planning:**

The Contractor must initiate any required emergency procedures related to the requirements of the planned activity. This includes but is not limited to establishing the necessary lines of communications with rescue authorities, emergency personnel, etc, for the implementation of an Emergency Response Plan. The Contractor must provide the necessary specialist first aid and evacuation equipment necessary to extract casualties from locations.

**h. Equipment:**

The Contractor shall provide the following technical equipment required for the level and type of instruction for the planned training as approved by agencies with aforementioned governing documentation:

**(1) Sea Kayaking/Trek:**

- (a) Sea kayaks (1 or 2 person, combination of both),
- (b) Kayak paddles,
- (c) helmets,
- (d) Department of Transportation (DOT) approved Personal Flotation Device (PFD)s;
- (e) sea kayak safety equipment as detailed in A-CR-CCP-030-PT-001 Water Safety Orders:
  - (1) one DOT approved PFD per person aboard;
  - (2) one buoyant heaving line of not less than 15 metres in length;
  - (3) one manual propelling device per person aboard plus one spare secured to the kayak;
  - (4) one sound signalling device/appliance per person aboard;
  - (5) navigation light should legislation require them for operation after sunset,
  - (6) floatation bags or water tight compartments;
  - (7) spray skirt for each person aboard;
  - (8) if water is below 10 degree Celsius each person will have a wet suit; and
  - (9) painters, 6 meter end lines on the bow and stern of each kayak (10 mm buoyant line with no knots at free end to prevent snags.
- (f) first aid kit(s) appropriate to specific location and activity.

**(2) Mountaineering:**

- (a) Ice axes;

**Annex "A" - Statement of Work**

- (b) Mountaineering ropes (for rope-team travel);
  - (c) Required accessory cord;
  - (d) Locking carabineers;
  - (e) Helmets;
- (3) First aid:**
- (a) provide first aid kit(s) appropriate to specific location and activity;
  - (b) contracted personnel are required to have current wilderness first responder training IAW para 10 of this statement of work.
- (4) Fuel and other items that cannot be placed on commercial air:**
- (a) fuel for stoves; and
  - (b) bear spray;
- (5)** The Contractor is not required to provide environmental clothing (jackets, sweatshirts, etc.)

**i. Food:**

The Contractor shall provide the following out-trip meals (breakfast, lunch, supper and snacks) Dietary restrictions will be forwarded to the contractor NLT thirty (30) days prior to the commencement of the expedition.

- (1) Sea kayaking (trek will be a smaller portion of the activity during this phase) – 4-5 days, twenty-one (21) persons (guides not included);
- (2) Mountaineering – 4-5 days, twenty-one (21) persons (guides not included);
- (3) Out-trip meals are to be nutritious, appetizing, and provide the required daily caloric intake while participating in sea kayaking and mountaineering activities; and
- (4) Out-trip meals must be suitable for backcountry travel, lightweight, non-perishable, straight forward in preparation, with low refuse packaging (dehydrated meals are best).

**The Contractor shall:**

- (1) divide out-trip meals into those being served during each of the (2) phases;
- (2) divide the out-trip meals, for each phase of the expedition, into two (2) separate serving groups (teams);
- (3) ensure that out-trip meals for the trekking portion are packaged to allow for equitable distribution between team members;
- (4) ensure that out-trip meals for the sea kayaking portion are packed in clearly marked waterproof containers;

**Annex "A" - Statement of Work**

The Contractor shall also provide meals during Non out-trip. Dietary restrictions will be forwarded to the contractor NLT thirty (30) days prior to the commencement of the expedition. Non Out-Trip Meals shall be:

- (1) Nutritious and provide the daily caloric intake to prepare or recover from sea kayaking/trek and mountaineering activities.

**j. Accommodations:**

The Contractor is required to book accommodations for expedition participants upon arrival in Argentina and is responsible for booking personal (guides) accommodations in Argentina.

- (1) Separate washrooms and bathing facilities for each gender with locks on door for privacy;
- (2) Separate rooms for gender separation;
- (3) Security (locks on doors to keep non-expedition pers out of rooms);
- (4) Clearly designated fire escape plans and fire escapes (if on multiple floors);
- (5) Fire alarms and smoke detectors in each sleeping area;
- (6) Should have fire suppression if in a building with multiple floors;
- (7) Provide clean bedding services, and ensure that all buildings/rooms are clean and maintained prior to the arrival of the cadets.
- (8) Building and room occupancy limits shall not be exceeded;
- (9) Rooms are not to be shared with any other group or organization not associated with the Canadian Cadet Organization.

**k. Transportation:**

The Contractor shall provide all ground TN while in Argentina for expedition participants. The Contractor is not required to provide transportation from Canada to Argentina, with the exception of personal/guides TN if required.

- (1) 15 passenger vans shall not be used;
- (2) Driver/conductor:
  - (a) Driver licensing qualifications must be current and match equipment used;
  - (b) Drivers shall not consume alcohol or non-medicinal drugs within 24 hours preceding or during driving task, non-medicinal drugs;
  - (c) Pre driving checks on vehicles must be conducted prior to each trip to ensure correct operation of peripheral equipment on vehicle;
  - (d) Vehicles shall be operated at speeds no higher than; maximum vehicle specification or 100 kilometres per hour or posted speed limits, at any time;

**Annex "A" - Statement of Work**

- (e) Max hours of work for drivers shall not exceed 12 a day;
- (3) Tires:
  - (a) Tires must be properly inflated to factory pressure,
  - (b) Tire tread must be more than 2/32 inch,
  - (c) Tires shall be deemed out of service if they are 6 years or older than production date or if side walls have bulges, punctures, or tears,
  - (d) Vehicles must carry at least one full size spare with meeting aforementioned specifications;
  - (e) Vehicle shall not transport personnel with a 'donut' spare, only full size spare;
- (4) Vehicle Safety:
  - (a) Vehicle shall be well maintained and in safe operating condition including all lights, signals, gauges, windshields (wipers), windows;
  - (b) Escape doors, hatches, and locking mechanisms must be functioning and clearly marked;
  - (c) Emergency fire suppression equipment must be available and functioning;
  - (d) Radio or telephone communications must be available in each vehicle and functioning in the event of a breakdown or emergency;
  - (e) Functioning seatbelts must be available for all passengers, not required if vehicle is a school bus or cruiser;
- (5) Equipment/loads:
  - (a) shall not exceed maximum safe load of the vehicle; and
  - (b) shall not be transported inside passenger area unless separated by permanent wall or properly secured cargo net or loaded below the upper most part of the seat back
- (6) Insurance: vehicles must carry appropriate insurance coverage for transporting passengers and equipment;
- (7) Towed apparatus: Trailers for sea kayaks and towing vehicles will be properly outfitted with serviceable cargo straps, signal lights, safety chains, and not in excessive height to maintain stability in travel;

**I. Shipping:**

The Contractor shall be responsible for shipping technical equipment and out-trip meals to / from Argentina if required. All equipment and food must arrive in Argentina not later than January 13, 2014. Shipping should be tracked to ensure deliverable dates;

**8. Reports and Deliverables:**

**Annex "A" - Statement of Work**

Risk Assessment and Emergency Response Plan are required prior to conduct of any training activity. These reports must be delivered to the Expedition Training Officer NLT forty five (45) days prior to the commencement of the expedition.

**9. Mandatory Requirements:**

The Contractor must meet the following requirements:

The Contractor shall provide four (4) instructors with the necessary skills and qualifications IAW acceptable industry wide standards to conduct the expedition with required international travel documentation. If required ensure they have the appropriate working VISA.

**a. Sea Kayak/trek Phase:**

- (1) At least one instructor should have current experience paddling the proposed trip (Mascardi Lake) in the past twenty-four (24) months.
- (2) For all tripping, one instructor in the group shall be a qualified trip leader.
- (3) Maintain a 2 instructor boat ratio for each group on the lake;
- (4) Maintain an instructor to cadet ratio of 1:4 for the sea kayaking phase;
- (5) Meet the safety requirements as prescribed in the 951 and Water Safety orders;

**b. Mountaineering Phase:**

- (1) At least one instructor should have current experience along the proposed route (Mount Tronador) in the past twenty-four 24 months;
- (2) Maintain an instructor to cadet ratio of at least 1:4 for the mountaineering phase;
- (3) Meet the safety requirements as prescribed in the 951.

- c.** The contractor shall not add any activities not prescribed within this statement of work without the approval of the crown.

**10. Government Furnished Support/Equipment/Information:**

DND will provide the following:

- a. personal clothing and some equipment for participants to a level necessary to achieve the requirements outlined in Annex 1 – Itinerary;
  - (1) crampons;
  - (2) Mountaineering harnesses;
  - (3) Mountaineering sunglasses;
  - (4) PFD's

**Annex "A" - Statement of Work**

- b. group equipment for participants to a level necessary to achieve the requirements outlined in Annex 1 – Itinerary;
- c. any third party costs associated with emergency procedures;
- d. meals for participants that are not supplied by the Contractor;
- e. three (3) CIC officers who will, at minimum, possess the CIC equivalent of the Paddle Canada Flat Water Level C (Tandem) qualification;
- f. three (3) CIC officers who may possess the CIC equivalent of the Paddle Canada Moving Water Level 2 (Tandem) qualification;
- g. A-CR-CCP-951/PT 002, Royal Canadian Army Cadets Adventure Training Safety Standards; and
- h. A-CR-CCP-030-PT-001 Water Safety Orders.
- i. Transportation for participants (not including contractor personnel) to and from Argentina which includes:
  - (1) Domestic ground and air travel within Canada;
  - (2) International air travel to and from Argentina; and
  - (3) Regional air travel within Argentina.

**Annex 1 – Itinerary**

<b>DATE</b>	<b>ACTIVITY</b>	<b>POSSIBLE LOCATION</b>
<b>13 Jan 2014</b>	Meet expedition participants at initial arrival in South America.	Buenos Aires
<b>14 Jan 2014</b>	Meet expedition participants at airport Organize / prepare equipment for departure Brief participants	San Carlos de Bariloche
<b>15 Jan 2014</b>	Prepare and departure SEA KAYAKING	Mascardi Lake
<b>16 Jan 2014</b>	SEA KAYAKING (TREK)	Mascardi Lake
<b>17 Jan 2014</b>	SEA KAYAKING (TREK)	Mascardi Lake
<b>18 Jan 2014</b>	Complete SEA KAYAKING PHASE Transition and RESUPPLY	Mascardi Lake
<b>19 Jan 2014</b>	Preparation, Instruction, and depart MOUNTAINEERING PHASE	Mt Tronador
<b>20 Jan 2014</b>	MOUNTAINEERING	Mt Tronador
<b>21 Jan 2014</b>	MOUNTAINEERING	Mt Tronador
<b>22 Jan 2014</b>	MOUNTAINEERING	Mt Tronador
<b>23 Jan 2014</b>	MOUNTAINEERING	Mt Tronador
<b>24 Jan 2014</b>	Return to BASE (extra day due to inclement weather)	San Carlos de Bariloche, Buenos Aires
<b>25 Jan 2014</b>	Move to airport for participant's departure to Canada	Buenos Aires

## Annex 1 – Sample 5 day out-trip meal plan

Day Dates:	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<b>Breakfast</b>	Muslix with Milk Powder dried Apricots and Date & Nut Breakfast Loaf	Oatmeal with Cranberries and Cranberry Breakfast Loaf	Granola with Milk Powder and Pumpkin Breakfast Loaf	Oatmeal with Cranberries and Banana Loaf	Muslix with Milk Powder dried Apricots and Date & Nut Breakfast Loaf
<b>Snacks</b>	Trail mix (2), Mixed Nuts(2), Trail Mix Bar, Sweet & Salty Granola Bar, Snickers Bar, Fruit Strips (2), Power Bar, A Touch of Nature Bar, Skor Bar, Sesame Seed Bar (2), Marble Cheddar Cheese(2), BabyBel Cheese(2)				
<b>Lunch</b>	All Beef Salami Bagel	Macaroni & Cheese Meatloaf Slices Bagel	Tuna Pieces Wraps - Spinach	Summer Sausage Pita Bread Pockets	Bologna Slices Wrap - Ancient Grains
<b>Meats Breads Dressings</b>	Peanut Butter (2 x 500ml), Cheddar Cheese (50 grams/person/day for 4 days);Havarti Cheese (50 grams/person/day for 2 days),Dry Hummus Relish & Mustard Portions;Salt & Pepper				
<b>Soup</b>	Cream of Tomato	Broccoli Cheese	Italian Wedding with Meatballs	Potato Leek	Chicken Noodle
<b>Appetizers</b>	Naan Bread & Tzatziki	Pepperoni Stix	Pretzels	Crackers & Camembert Cheese	Beef Jerky
<b>Dinner</b>	Tomato Basil Sauce with Fusilli Pasta, Parmesan and Polish Sausage	Shepherd's Pie	Macaroni Cheese with Garlic Sausage & Grated Cheddar Cheese	Spaghetti Bolognese	Lentil Curry
<b>Desserts</b>	Cookies	Fig Bars	Chocolate Covered Almonds	"Oreo" Cookies	Fruit Bars
<b>Other</b>	<b>Beverages:</b> Instant Coffee, Assorted Regular & Herbal Teas Hot Chocolate, Juice Crystals, Milk Powder, Sugar Lunch Bags (15 large;100 sandwich) Cleaning Kit (2-large)				