

**RETURN BIDS TO:**  
**RETOURNER LES SOUMISSIONS À:**  
Bid Receiving Public Works and Government  
Services Canada/Réception des soumissions\Travaux  
publics et Services gouvernementaux Canada  
Building S-111  
CFB Petawawa  
Petawawa  
Ontario  
K8H 2X3  
Bid Fax: (613) 687-6656

**SOLICITATION AMENDMENT**  
**MODIFICATION DE L'INVITATION**

The referenced document is hereby revised; unless otherwise  
indicated, all other terms and conditions of the Solicitation  
remain the same.

Ce document est par la présente révisé; sauf indication contraire,  
les modalités de l'invitation demeurent les mêmes.

**Comments - Commentaires**

**Vendor/Firm Name and Address**  
**Raison sociale et adresse du**  
**fournisseur/de l'entrepreneur**

**Issuing Office - Bureau de distribution**  
Public Works and Government Services Canada Supply  
and Services Operation  
Petawawa Procurement  
Building S-111  
CFB Petawawa  
Petawawa  
Ontario  
K8H 2X3

|   |  |
|---|--|
| <b>Title - Sujet</b><br>FITNESS EQUIPMENT   |  |
| <b>Solicitation No. - N° de l'invitation</b><br>W0107-15CL59/A  | <b>Amendment No. - N° modif.</b><br>003      |
| <b>Client Reference No. - N° de référence du client</b><br>W0107-15CL59   | <b>Date</b><br>2014-12-10                    |
| <b>GETS Reference No. - N° de référence de SEAG</b><br>PW-\$PET-903-1285  |  |
| <b>File No. - N° de dossier</b><br>PET-4-41025 (903)  | <b>CCC No./N° CCC - FMS No./N° VME</b>       |
| <b>Solicitation Closes - L'invitation prend fin</b><br><b>at - à 02:00 PM</b><br><b>on - le 2014-12-23</b>  |  |
| <b>Time Zone</b><br><b>Fuseau horaire</b><br>Eastern Standard Time<br>EST   |  |
| <b>F.O.B. - F.A.B.</b><br><b>Plant-Usine:</b> <input type="checkbox"/> <b>Destination:</b> <input checked="" type="checkbox"/> <b>Other-Autre:</b> <input type="checkbox"/> |  |
| <b>Address Enquiries to: - Adresser toutes questions à:</b><br>Harrington, Mary-Lou   | <b>Buyer Id - Id de l'acheteur</b><br>pet903 |
| <b>Telephone No. - N° de téléphone</b><br>(613) 687-0789 ( )  | <b>FAX No. - N° de FAX</b><br>(613) 687-6656 |
| <b>Destination - of Goods, Services, and Construction:</b><br><b>Destination - des biens, services et construction:</b>   |  |

**Instructions: See Herein**

**Instructions: Voir aux présentes**

|  |  |
|--|--|
| <b>Delivery Required - Livraison exigée</b>  | <b>Delivery Offered - Livraison proposée</b> |
| <b>Vendor/Firm Name and Address</b><br><b>Raison sociale et adresse du fournisseur/de l'entrepreneur</b>   |  |
| <b>Telephone No. - N° de téléphone</b><br><b>Facsimile No. - N° de télécopieur</b>   |  |
| <b>Name and title of person authorized to sign on behalf of Vendor/Firm</b><br><b>(type or print)</b><br><b>Nom et titre de la personne autorisée à signer au nom du fournisseur/</b><br><b>de l'entrepreneur (taper ou écrire en caractères d'imprimerie)</b> |  |
| <b>Signature</b>   | <b>Date</b>                                  |

Solicitation No. - N° de l'invitation

W0107-15CL59/A

Client Ref. No. - N° de réf. du client

W0107-15CL59

Amd. No. - N° de la modif.

003

File No. - N° du dossier

PET-4-41025

Buyer ID - Id de l'acheteur

pet903

CCC No./N° CCC - FMS No/ N° VME

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AMENDMENT NO. 3 TO REQUEST FOR PROPOSAL  
FITNESS EQUIPMENT, GARRISON PETAWAWA

This amendment is raised to make the following changes and answer questions asked by potential bidders:

- A) DELETE - Annex B.1 – Pricing Basis in its entirety  
INSERT - Annex B.2 – Pricing Basis

- B) The RFP closing date has hereby been extended as follows:

At Solicitation Closes:

DELETE: 02:00 pm on 2014-12-18

INSERT: 02:00 pm on 2014-12-23

- C) At Part 2 – Bidder Instructions, 3. Enquiries:

ADD:

All enquiries must be submitted in writing to the Contracting Authority no later than **Friday, Dec 12, 2014**. Enquiries received after this date may not be answered. Questions must be submitted in an e-mail or word document and cannot contain imbedded documents such as pictures, links to websites. This will allow the Crown to have the questions translated without re-typing the questions. If you want to include links and pictures this should be submitted in a separate document.

- D) At Part 3 – Bid Preparation Instructions, Section II: Financial Bid

ADD:

**.1 Hard (Paper) Copy:** One (1) hard copy must be submitted by the date, time and place indicated on page 1 of the Request for Standing Offers.

**.2 Soft (Electronic) Copy:** In addition to the hard copy, PWGSC is requesting suppliers send in an electronic copy of Excel file, by e-mail to the following address: **Kingston.procurement@pwgsc.gc.ca**

If there is any discrepancy between the wording of the electronic copy and the hard copy, the wording of the hard copy will have priority over the wording of the electronic copy.

- E) Questions and Answers:

Question #1: In the RFP documents, the date of the delivery is unclear.

**Answer #1:** Delete 1.1 and 4.1 in the RFP and replace with the following:

Delivery is required on or before January 31, 2015 if possible, however the Crown recognizes that this may not be possible due to the lead times required for some of the equipment. Partial

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shipment of deliveries is acceptable up until March 27, 2015. Deliveries offered after March 27, 2015 will render your bid non-compliant.

Please state your delivery for all items:

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**Question #2** **Item 1. Treadmill**

Within the mandatory specifications listed, included is "-3% to 15% Decline-Incline".

**Answer #2** Delete "decline"

**Question #3** **SPIN BIKE**

As detailed previously in questions submitted on Nov 20, the mandatory specifications for Item 2 Spin Bike, can still only be met by a single manufacturer. Though the "chain drive w steel crank" was removed, the remaining combination of these mandatory specifications make this item a sole source.

**Answer #3** Delete "Zinc plated or powder coated" and replace with "heavy duty"  
Delete "4'11" to 6' 8" user size range "  
Delete "Magnetic" and replace with "adjustable"

**Question #4 - Item 10. Olympic Weight Plates**

Could we please receive clarification if these are supposed to be metal or rubber? Industry standard for the smaller 1.25lb and 2.5lb plates is metal.

**Answer #4** Delete "Rubber bumper"  
Delete "Set" replace with "Each"  
Delete "(325 total)"  
Delete "Heavy duty black finish with silver weight markings" replace with "rubber preferred but steel acceptable"

**Question #5 - Item 17. Medicine Balls**

How many are in the set of 4-15lbs?

**Answer #5** Delete "4-"  
Delete "set" replace with "each"

**Question #6 - Item 27. Ab Bench (both Preacher Curl and Ab Bench are listed as #27)**

Could we please receive clarification what "*Can be modified to suit user needs*" means for Item 27 Ab Bench?

Answer # 6 – Delete "can be modified to suit user needs"

**\*\* Renumber items after 27**

**Question #7 - Item 28. Plyo Boxes**

For Item 28, the mandatory specification "*Large hook and loop strips on all 4 sides ensure the boxes will not slip when stacked*" is taken directly from a manufacturer's catalogue

Would "velcro strips to ensure boxes will not slip when stacked" be acceptable?

**Answer #7 Yes**

**Question #8 - Item 31. Kettle Bells**

Could we receive clarification as to what a "SET" entails for Item 31, Kettle Bells?

**Answer #8** Delete "Set" replace with "Each"  
Add " 5,10,15 lb weights or equivalent kg weights"

re **Question #9 - Item 32. Stair Climber**

The current mandatory specifications for Item 32, Stair Climber, are taken from a manufacturer's catalogue. The underlined specifications below are only available from this manufacturer making this a sole source item. The industry standard for levels of resistance is 20.

**Answer #9** Delete "31 levels of climbing speed tailor workouts with consistent resistance"  
Delete "5 steps per minute increments" replace with "steps per minute"

**Question #10 - Item 36. Speed Rope**

This is a very specific length and handle. Would plastic handle with bearing and 9' (or 10') length be acceptable?

**Answer #10** Delete "Aluminum" replace with "Soft Grip"  
Add "minimum" after 9'6"

**Question #11 - Item 39. Cross Box/Rig**

Could you please provide more details for this item?

- Length? **120"**

- Number of workout stations? **2**
- Wall mounted? **No floor mounted**
- Is installation to be included? **Yes**

**Answer #11**

See above

Accessories – safety spotter arms, adjustable chin-up pull-up bars, gym rings with straps and dip attachments (would like minimum 3 of 4 accessories)

**Question #12 – Item 40 Utility Bench**

The specifications for Item 40 still contain dimensions/details only from a specific manufacturer. The combination of specific bench width and footprint can only met by this Utility Bench making it sole source.

**Answer #12** Delete “Utility bench” replace with “Multi-purpose bench”  
Delete entire description replace with heavy duty construction, various positions to Include incline. Durable padded seat and back.

**Question #13 – Item 41 – Slam Balls**

Could we receive clarification as to what a “SET” entails? How many slam balls?

**Answer #13** Delete “weight ranging from 2kg-10kg or in pounds”  
Delete “set” replace with “Each”  
Add 5,10,12,15,30 lb or equivalent kg

**Question #14 – Item 45 Barbell Rack**

The specification for Item 45 have been taken directly from a specific model of Barbell Rack. The underlined specs make this item unable to receive competition.

**Answer #14** Delete ‘with trays’  
Delete “gauge” replace with “duty”  
Delete “ with powder coat finish”  
Delete “ 2 large trays with ¾” rubber surface collars”

**Question #15 - Item 10 - Olympic Rubber Bumper Plates.**

It would appear at first glance to be a repeat of item 9 - Olympic Rubber Bumper Plates but in the description for item 10 it asks for 4 x 1.25lb, 8 x 2.5lb, 8 x 5lb, 6 x 10lb, and 8 x 25lb. The problem is there is no such thing as a 1.25lb, or a 2.5lb Bumper plate?

**Answer #15 Refer to answer 4**

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Question #16 - Item 11, vertical plate storage tree, you are asking for 1. Considering the thickness of bumper plates, and the quantity being requested in item 9 & 10, they will not all fit on 1 vertical rack.

**Answer #16** Delete Qty 1 replace with Qty 2

Question #17

Item 31, Kettle bells. The description ask for a set increasing in 5lbs but does indicate a weight range? How high does your client want to go?

**Answer #17 Refer to answer #8**

Question #18

Item 39, Cross Box/ Rig. How wide do you need the Rig to come in? In other words how many people will want to be able to train at the same time. Also what rig accessories does your client require?

**Answer #18 Refer to answer #11**

All other terms and conditions remain unchanged.

## ANNEX B.2 - PRICING BASIS

| Item | Equipment         | Detailed Description   | Quantity | UOI | Unit Price | Total Price |
|------|-------------------|--|----------|-----|------------|-------------|
| 1    | Powered Treadmill | <u>Equipment features:</u> 3 - 4 HP peak duty AC induction motor. Rust-resistant steel frame. Emergency Stop, Auto Stop. 0 – 15 mph speed. 3% to 15% Incline. 22" X 60" running surface or higher. 19" or longer handrails. <u>Electronic Readouts:</u> Display to include time, distance, calories, etc.              | 3        | EA  |            | 0           |
| 2    | Spin Bike         | Heavy duty steel frame. 350 lb or higher max user weight. Fully adjustable seat, seat post and handlebars. Adjustable brake resistance. Integrated water bottle holders.   | 4        | EA  |            | 0           |
| 3    | Rowers            | Powder-coated frame. Air resistance system. 500 lb or higher frame capacity. Nickel plated chain. Padded handlebar. stainless-steel tracks. Rubber feet.   | 2        | EA  |            | 0           |
| 4    | Recumbent Bike    | Powder-coated steel frame. Well cushioned seat. Step-Through design. Dual sided pedals. Adjustable seat. Integrated transport wheels. Belt drive. 20 – 25 resistance levels. Touch heart rate monitoring. 350 lb or higher max user weight. <u>Console features:</u> Display to include time, calories, distance, etc. | 1        | EA  |            | 0           |



|    |                             |   |   |     |  |   |
|----|-----------------------------|---|---|-----|--|---|
| 5  | Powered Elliptical          | Upper-body moving handlebars. Touch screen console with multiple workouts, resistance levels. Accessories include; Water bottle holder.   | 3 | EA  |  | 0 |
| 6  | Dumbbells + Rack            | <b><u>Dumbbell set complete with 2 tier rack:</u></b> 10 pairs ranging from 5 – 50 Lbs. 2 tier dumbbell rack must hold 10 pairs of dumbbells.   | 1 | SET |  | 0 |
| 7  | Dumbbells + Rack            | <b><u>Dumbbell set complete with 2 tier rack:</u></b> 10 pairs ranging from 55 - 100 Lbs. 2 tier dumbbell rack must hold 10 pairs of dumbbells.   | 1 | SET |  | 0 |
| 9  | Olympic Weight Plates       | Olympic rubber bumper weight plate set, consisting pair(s) of 10lb, 15lb, 25lb, 35lb, 45lb bumper plates equaling a total of 1000lbs or can be displayed in Kg. Stainless steel inserts. Large weight markings. | 1 | SET |  | 0 |
| 10 | Olympic Weight Plates       | Olympic weight plates consisting of (4) 1.25lb, (8) 2.5lb, (8) 5lb, (6) 10lb and (8) 25lb can be displayed in Kg. Rubber preferred but steel plates acceptable.   | 1 | EA  |  | 0 |
| 11 | Vertical Plate Storage Tree | An item to store weight plates  | 2 | EA  |  | 0 |
| 12 | Olympic Bar                 | Olympic straight bar, 86 inches or longer.  | 3 | EA  |  | 0 |
| 13 | Olympic Curl Bar            | Olympic style chrome curl bar, special angled design.   | 1 | EA  |  | 0 |

|    |                       |  |    |    |  |   |
|----|-----------------------|--|----|----|--|---|
| 14 | Olympic Triceps Bar   | Olympic style triceps bar.   | 1  | EA |  | 0 |
| 15 | Olympic Collars       | Hex lock Olympic collars.  | 6  | EA |  | 0 |
| 16 | Gym Mats              | 2' X 6' X 1 inch or 2 inches, individual mats.   | 25 | EA |  | 0 |
| 17 | Medicine Balls        | 15 Lb Heavy duty rubberized medicine balls.  | 4  | EA |  | 0 |
| 18 | Medicine Ball Rack    | Double sided vertical storage rack constructed of durable steel and can hold 15 balls. | 1  | EA |  | 0 |
| 19 | Bosu Ball             | Commercial Bosu balance trainer with foot pump.  | 2  | EA |  | 0 |
| 20 | Olympic Bench         | Olympic Bench Press. 350 lbs or higher max user weight.                                | 1  | EA |  | 0 |
| 21 | Adjustable Flat Bench | Flat-Incline-Decline adjustable bench.   | 3  | EA |  | 0 |
| 22 | Functional Trainer    | 9 station commercial multi jungle system to include stations and accessories.          | 1  | EA |  | 0 |

|    |                               |   |   |    |  |   |
|----|-------------------------------|---|---|----|--|---|
| 23 | Power Rack                    | Power rack with J-Cups, pin/pipe safeties, band pegs included standard, storage posts.  | 1 | EA |  | 0 |
| 24 | Olympic Bar Storage Stand     | 7 to 10 vertical bar storage stand. Holds 2" diameter Olympic bars.   | 1 | EA |  | 0 |
| 25 | Upright Bike                  | Self-powered upright bike. Comfortable padded seat, multiple resistance levels. 350 lbs or higher max user weight. 1 or more water bottle holders. <b>Console features:</b> Display time, calories, distance. | 1 | EA |  | 0 |
| 26 | All-in-one Functional Trainer | Single space, stand alone, multiple movements, functional trainer complete with variable chin up bar, dual weight stacks and dedicated accessories  | 1 | EA |  | 0 |
| 27 | Preacher Curl Bench           | Seated preacher curl bench.   | 1 | EA |  | 0 |
| 28 | Ab bench                      | Adjustable heavy duty decline/flat abdominal bench, powder-coated steel frame with rubber feet. Made to with stand commercial use. Full length pad with thick foam rollers for maximum comfort.               | 1 | EA |  | 0 |

|    |                     |  |   |     |  |   |
|----|---------------------|--|---|-----|--|---|
| 29 | Plyo Boxes          | 6" , 12" foam plyoboxes. Ultra dense foam core with softer foam on all 6 sides. Covered with heavy duty vinyl. Large hook and loop strips (velcro) to ensure the boxes will not slip when stacked. | 1 | SET |  | 0 |
| 30 | Round Balance Board | Made from durable ABS plastic. Textured surface to prevent slipping. 3 a   | 1 | EA  |  | 0 |
| 31 | Sandbag Trainer     | 44lb Weighted conditioning Bag.  | 1 | EA  |  | 0 |
| 32 | Kettle bells        | Round vinyl coated kettle bell. Increasing weight by 5lb increments. 5,10,15 lb weights or equivalent kg weights.  | 1 | EA  |  | 0 |
| 33 | Stair Climber       | Self-powered, low-maintenance design and extreme durability. Step Range 30-180 steps per minute. 350 lb max user weight. <b><u>Electronic Readouts</u></b> To display calories, time, distance.    | 1 | EA  |  | 0 |
| 34 | Mat                 | Rubber Slab Mat, 72' x 48 ' x <sup>3</sup> / <sub>4</sub> '. Commercial quality.   | 1 | EA  |  | 0 |

|    |                           |   |   |     |  |  |   |
|----|---------------------------|---|---|-----|--|--|---|
| 35 | Suspension Trainer System | Pro suspension training kit. Includes: Pro suspension trainer. Theft-Resistant Locking Carabiner. Ultra Durable Dupont "Kevlar" at High Wear Points. Revolutionary Low Profile Adjusters. Ergonomic and Durable Rubber Handles. Printed and Digital Setup Guide. Trainer Basic Tutorial. Expert Instruction on How to modify exercises. Suspension Anchor. Door Placard. Door Anchor. extender Strap. PRO Wrist Band. Mesh Carry Bag. | 1 | EA  |  |  | 0 |
| 36 | Aerobic Stepper           | Secure, sturdy step, non-slip surfaces. 1 step and 8 risers. 43" L x 16" W x 4" H. Each set of risers will raise the height by 2" and comes with 2 sets of risers.  | 1 | EA  |  |  | 0 |
| 37 | Speed Rope                | Tangle free, flexible speed rope. Soft grip handles with bearings. Cable length: 9' 6" minimum.   | 1 | EA  |  |  | 0 |
| 38 | Body Bar                  | Complete set of 12 weight body bars with vertical rack. One pair of each weight, ranging from 6lb – 27lb. Solid steel bar is encased in a cushioned foam providing a secure, comfortable grip. End caps are color-coded by weight.  | 1 | SET |  |  | 0 |
| 39 | Slide Board               | 10' slide board.  | 1 | EA  |  |  | 0 |

|    |                     |   |   |     |  |  |   |
|----|---------------------|---|---|-----|--|--|---|
| 40 | Cross Box/ Rig      | Heavy duty construction. Two stations, 120" length, not wall mounted, floor mounted (installation included). Accessories to include safety spotter arms, adjustable chin up/pull up bars, gym rings with straps, and dip attachments. Would like minimum 3 of 4 accessories listed. | 1 | SET |  |  | 0 |
| 41 | Multi-purpose Bench | Heavy duty construction, various positions to include incline. Durable padded seat and back.  | 2 | EA  |  |  | 0 |
| 42 | Slam Balls          | Heavy duty non-bounce slam balls. Firm texture for easy grip. 5, 10, 12, 15, 30 lb or kg equivalent.  | 1 | EA  |  |  | 0 |
| 43 | Resistance Bands    | Durable heavy resistance cord with nylon protective cover. Strap style handles on each end. Providing 25lb – 38lb of resistance. recommended for very fit, athletic individuals who have a stable core and weigh over 165 lbs.  | 1 | SET |  |  | 0 |
| 44 | Stability Ball      | 55 cm stability ball. Gymnastic ball is Latex free. Anti burst.   | 1 | EA  |  |  | 0 |
| 45 | Weight Lifting Belt | Adjustable power lifting belt with precision-spaced holes. At least 4 inches wide.  | 1 | EA  |  |  | 0 |
| 46 | Barbell Rack        | 10 bar upright frame design barbell rack. Holds 5 bars on each side. Incorporates 10 barbell holders for organized storage. Heavy duty steel construction. Rubber feet to prevent floor damage.   | 1 | EA  |  |  | 0 |

|    |                |  |   |     |  |   |
|----|----------------|--|---|-----|--|---|
| 47 | Barbells       | Complete set of 10 barbells. Ranging from 20lbs – 110lbs. Durable rubber or similar to prevent damage to floors and equipment  | 1 | SET |  | 0 |
| 48 | Ab Power Wheel | 14" wheel solidly constructed with foot pedals and extended foam cushioned axle to accomodate both hands and feet. Velcro toe fasteners and latex looped heel fasteners. | 1 | EA  |  | 0 |
|    |                | TOTAL  |   |     |  | 0 |