

APPENDIX 11 TO ANNEX A1
MENTAL HEALTH – CLINICAL CHAPLAIN

STREAM 1**OCCUPATIONAL GROUP AND CATEGORY****Mental Health –
Clinical Chaplain****WORK AND ENVIRONMENT**

1. Mental Health Clinical Chaplains (MH CL CHAP) is a recognized religious leader, endorsed by the Inter-faith Committee on Canadian military Chaplaincy (ICCMC) and is responsible to the Operational Trauma and Stress Support Centre (OTSSC) Program Leader. He/she fulfills, in an ecumenical and inter-faith setting, the functions of Pastor, Clinician, and Advisor in CF Health Services Clinics, specifically within (OTSSC) Mental Health Departments. His/her scope of practice on is to work as part of the interdisciplinary mental health care team to provide specialized psycho-spiritual care, treatment and educational services primarily to CAF personnel with Operational Stress Injuries. Clinical Chaplains may also support family members within the established parameters. A secondary duty may include providing psycho-spiritual care and treatment to patients engaged in care in other mental health programs.

2. Language of work may be English and/or French, depending on geographic location.

EDUCATION / QUALIFICATIONS

3. All Mental Health Clinical Chaplains (MH CL CHAP) shall possess, as a minimum:

- a. a Master's Degree in Counselling and Spirituality or Counselling and Psychotherapy. Degrees shall be awarded from an accredited university, have a spiritual focus, and be recognized by the RCChS as acceptable for use by Chaplains serving CAF personnel;
- b. a membership with the applicable provincial association of Registered Psychotherapists; and
- c. a Certificate of Basic Life Support (BLS) for Healthcare Provider or equivalent such as Cardio-pulmonary Resuscitation/Automated External Defibrillator (CPR/AED) Level C. Annual recertification is required.

EXPERIENCE

4. The Mental Health Clinical Chaplains (MH CL CHAP) , as a minimum, must have three years full time equivalent experience performing specialized psycho-spiritual care, treatment and educational services to clients with operational stress injuries, such as, crisis intervention, outreach, psycho-spiritual assessment and treatment planning in an adult mental health care environment, using various evidence-based psychosocial

counselling approaches, such as Cognitive Behavioural Therapy (CBT) and Solution-focused therapy, and providing psychosocial assessment, therapy and counselling services to adult clients and their families.

TASKS

5. The required tasks for this occupational group include the following:
 - a. provide psycho-spiritual care and treatment to OTSSC patients, facilitating symptom reduction and improved functioning within a prescribed scope of practice, supervision as required, and, limits of competency;
 - b. provide psycho-spiritual assessment regarding specified clients who struggle with loss of purpose and meaning in life, conflicts in values, needs, beliefs, emotions and behaviour, etc.;
 - c. provide psycho-spiritual care and treatment to the patients of other mental health programs, in accordance with limits of competencies and availability;
 - d. co-facilitate group therapy;
 - e. provide Marital and Family Therapy (for those qualified);
 - f. provide psycho-education for operational stress injury (OSI) members and families;
 - g. provide education for other health care providers with special focus in spirituality, religiosity and existentialism;
 - h. provide advice to other mental health programs with special focus in spirituality, religiosity and existentialism;
 - i. participate in appropriate clinical rounds of mental health programs where there is indication that existential, religious or spiritual issues are present;
 - j. maintain patient's health records appropriately by documenting in the patient's electronic health record progress notes and reports as required, and in a timely manner, in accordance with Canadian Forces Health Information System (CFHIS) directives and guidelines;
 - k. support research and development in the field of psycho-spiritual care, assessment, and, treatment, in collaboration with CAF SR MH CHAP;
 - l. maintain applicable membership with relevant College of

Psychotherapists or another professional body of similar membership;

- m. participate in CAF SN MH CHAP meeting/working group/teleconferences, as necessary;
- n. apply the clinical practice guidelines for discipline and related specific policies; and
- o. other associated tasks relevant to this occupational group.