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100-1045 Main Street
Moncton
New Brunswick
E1C 1H1
Bid Fax: (506) 851-6759

SOLICITATION AMENDMENT MODIFICATION DE L'INVITATION

The referenced document is hereby revised; unless otherwise indicated, all other terms and conditions of the Solicitation remain the same.

Ce document est par la présente révisé; sauf indication contraire, les modalités de l'invitation demeurent les mêmes.

Comments - Commentaires

Vendor/Firm Name and Address
Raison sociale et adresse du
fournisseur/de l'entrepreneur

Issuing Office - Bureau de distribution
Acquisitions NB/PEI (Moncton Office) – Bureau
d'acquisitions N.-B./Î.-P.-É. (Moncton)
1045 Main Street / 1045, rue Main
Moncton
New Bruns
E1C 1H1

Title - Sujet Fitness Equipment	
Solicitation No. - N° de l'invitation W0501-190129/A	Amendment No. - N° modif. 004
Client Reference No. - N° de référence du client W0501-190129	Date 2018-08-22
GETS Reference No. - N° de référence de SEAG PW-\$MCT-033-5421	
File No. - N° de dossier MCT-8-41022 (033)	CCC No./N° CCC - FMS No./N° VME
Solicitation Closes - L'invitation prend fin at - à 02:00 PM on - le 2018-09-04	Time Zone Fuseau horaire Atlantic Daylight Saving Time ADT
F.O.B. - F.A.B. Plant-Usine: <input type="checkbox"/> Destination: <input checked="" type="checkbox"/> Other-Autre: <input type="checkbox"/>	
Address Enquiries to: - Adresser toutes questions à: Young (MCT), Leesa	Buyer Id - Id de l'acheteur mct033
Telephone No. - N° de téléphone (506) 871-1716 ()	FAX No. - N° de FAX (506) 851-6759
Destination - of Goods, Services, and Construction: Destination - des biens, services et construction:	

Instructions: See Herein

Instructions: Voir aux présentes

Delivery Required - Livraison exigée	Delivery Offered - Livraison proposée
Vendor/Firm Name and Address Raison sociale et adresse du fournisseur/de l'entrepreneur	
Telephone No. - N° de téléphone Facsimile No. - N° de télécopieur	
Name and title of person authorized to sign on behalf of Vendor/Firm (type or print) Nom et titre de la personne autorisée à signer au nom du fournisseur/ de l'entrepreneur (taper ou écrire en caractères d'imprimerie)	
Signature	Date

Solicitation Amendment No. 004

Title: Fitness Equipment,

This solicitation is hereby amended to provide the following clarifications:

- (1) Annex "A" state the minimum requirements acceptable. Bidders may request approval of proposed equivalencies. Please refer to 2.3 Enquiries – Bid Solicitation.
- (2) Annex "A" 3.0 – Removal and relocation of existing equipment. Complete list of equipment to be removed is as follows: Annex "A" item 3.0 dated 2018-08-21 has been revised accordingly.
- (3) Please see below logo below, as required in Annex "A" for item 2.0.18.



If your bid has already been forwarded and you wish to revise same, this revision should be sent either in a sealed envelope and mailed to the below noted address or by facsimile (506) 851-6759 and reach the undersigned before the appropriate closing date. The solicitation number and the closing date are to be shown on the outside of the sealed envelope or on the facsimile transmission.

All other terms and conditions of the solicitation document remain unchanged remain unchanged.

All enquiries concerning this amendment are to be forwarded to:

Name: Leesa Young
1045 Main Street,
Moncton, NB
E1C 1H1

Telephone No: (506) 871-1716
Facsimile No: (506) 851-6759
Email: leesa.young@pwgsc-tpsgc.gc.ca

Annex "A" - Item 3.0
Equipment to be removed -Dated 2018-08-21

		Name	Length- inches	Width-inches	Height- inches	Weight Stack - lbs	Quantity
Machines							
		Leg curl	47	40	57	130 x1	
		Leg ext	46	30	68	310 x1	
		Lying leg curl	64	37	68	205 x1	
		Low row	90	27	95	310 x1	
		Lat Pull Down	50	27	95	310 x1	
		Lat Raise	41	49	61	205 x1	
		Shoulder Press	55	60	52	Plate loaded	x1
		Triceps					x1
		Overhead Triceps	69	40	61	205 x1	
		Biceps Curl	50	40	61	205 x1	
		Standing Lateral Raise	50	27	81	205 x1	
		Reverse Hyper Extension	58	67	65	Plate loaded	x1
		Chest press	46	49	73	205 x1	
		Tbar Incline Row	71	48	46	Plate Loaded	x1
		Diverging row	67	34	68	250 x1	
		T-Bar row	75	49	27	Plate Loaded	x1
		Power Squat	81	48	70	Plate Loaded	x1
		Glute Ham	66	31	51		x1
		Leg ext - Plate loaded	79	39	44	Plate loaded	x1
		Laydown Hamstring Plate loaded					x1
		Bicep Curl Plate loaded					x1
		Bicep Curl	54	39	62	145 x1	
		Ground base squat - lunge	54	54	32	Plate Loaded	x1
		ISO Shoulder press Plate loaded	51	58	74	Plate Loaded	x1
		Incline Chest - plate loaded	50	59	60	Plate Loaded	x1
		Wide Chest -plate loaded	49	59	69	Plate Loaded	x1
		ISO high Row - plate loaded					
		Bench press / Dip - Plate loaded					
		Pec Dec					x1

[illegible]

ANNEX "A" – REQUIREMENTS REVISED 2018-08-21

The table below is available in Electronic Excel format at www.buyandsell.gc.ca, solicitation number W0501-190129.

Item	Description	Quantity	Manufacturer, Model and Part Number	Supplier's Cross Reference to Technical Offer (indicate Page #)	Supplier Comments:
1.0 Cardiovascular Items (applicable for items 1.1 to 1.11)					
	Equipment specifications:				
1.0.1	Equipment must be able to withstand a minimum usage of 15 hours per day.				
1.0.2	All Cardio equipment must be, as a minimum, warrantied ON-SITE as follows: 10 years frame; five (5) years drive motor; three (3) years motor controller; three (3) years parts and one 1 year labor. Contractor to provide onsite support by an authorized technician for parts replacement within 24 hours business hours for a period of one year, all cost of parts and labor will be incurred by the contractor during this one year period. Contractor will detail escalation procedures that follow if the equipment cannot be replaced/repaired within the next business day of the contractor being on site				
1.0.3	All cardio equipment machines must be made exclusively from new materials				
1.0.4	All cardio equipment paint job must be from factory with harmonious colors				
1.0.5	No TV screen at all on any machines				
1.0.6	Requires to provide a smooth motion without any catching, clucking, vibrations or swaying.				
1.0.7	All units must have a model name and serial number visible on the machine				
1.1 Treadmill		12			
	Equipment specifications:				
1.1.1	Frame must be made of aircraft aluminum Rust resistant steel frame				
1.1.2	Motor: minimum 5hp continuous peak duty AC and 1000lbs thrust-incline				
1.1.3	120 volt, 20 amp, dedicated circuits				
1.1.4	Cushioning/suspension system				
1.1.5	Roller diameter no less than 2.5" (6.35 cm)				
1.1.6	Speed at least 15 MPH • Incline: 20%, or better, in 0.5% increments – 3 to 15%, or better				
1.1.7	Readouts to include: time, distance, speed, calories, incline, heart rate.				
1.1.8	Multiple Programs including quick start, fitness test and weight loss				
1.1.9	Safety lanyard and shut down feature				
1.1.10	Quick Start				
1.1.11	Contact Heart Rate Monitor				
1.1.12	Max User Weight 500lbs (227kg)				
1.1.13	Reversible Deck (Silicon Impregnated) or Equivalent				
1.1.14	Length 88 in (224 cm) max				
1.1.15	Width With handrails 37 in (94 cm) max				
1.1.16	Height 64 in (163 cm), with console 80 in (203 cm) max				
1.1.17	Step-up height maximum 10 in (25cm)				
1.1.18	Running Surface Length: minimum width of 21" (53 cm), minimum length of 60" (152.4 cm)				
1.1.19	Side rails adjacent to running surface must be steel or aluminum- Remove entirely				
1.1.20	Weight of unit: maximum 500lb (227kg) Remove entirely				
1.1.21	Water Bottle/GD/Walkman/Magazine Holders/Accessories Tray				
1.2 Lateral Elliptical		1			
	Equipment specifications:				
1.2.1	Movement must be side to side gliding and not front to back gliding				
1.2.2	Ten levels of adjustable Lateral Width (documentation must be provided)				

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Item	Description	Quantity	Manufacturer, Model and Part Number	Supplier's Cross Reference to Technical Offer (indicate Page #)	Supplier Comments:
1.2.3	Stride length 18" (45cm) min. to 24" (61cm) max.				
1.2.4	Resistance Range: 30 levels 20 Minimum				
1.2.5	Readouts to include: time, distance, speed, calories, incline, heart rate.				
1.2.6	Multiple Programs including quick start, fitness test and weight loss				
1.2.7	Contact Heart Rate Monitor				
1.2.8	Self-Powered with safety brake				
1.2.9	Length 80 in (203 cm) max				
1.2.10	Width 42 in (106 cm) max				
1.2.11	Height 69 in (175 cm), with monitor 84 in (213 cm) max				
1.2.12	Max User Weight 350-400lbs (159 - 181kg)				
1.2.13	Frame - Welded high-alloy steel or aircraft aluminum Rust resistant steel frame				
1.2.14	Water Bottle/ CD/Walkman/Magazine Holders /Accessories Tray				
1.3 Spin Bike with lateral sway		3			
	Equipment specifications:				
1.3.1	Push or lever brake safety system				
1.3.2	Self-Powered with multi-ribbed belt drive				
1.3.3	Magnetic current style brake system				
1.3.4	Heavy-duty, welded aluminum, steel or stainless steel frame Rust resistant steel frame				
1.3.5	Flywheel protected from rust, dirt, sweat and corrosion				
1.3.6	Ergonomic saddle with relief zone				
1.3.7	No-slip grip handlebars with micro fore/aft adjustments with numeric markings				
1.3.8	Curved handlebars and seat posts with numeric markings				
1.3.9	Micro-adjustable seat slider and height adjustment with numeric markings				
1.3.10	Large, dual-sided, SPD compatible pedals				
1.3.11	Weight 227 lbs (103 kg) min				
1.3.12	Water bottle holders (2)				
1.3.13	Length 59 in (150 cm) max				
1.3.14	Width 32 in (81 cm) max				
1.3.15	Height 42 in (107 cm) max				
1.3.16	Spin Bike must have lateral sway to replicate real conditions				
1.4 Upright Bike		3			
	Equipment specifications:				
1.4.1	Self-Powered				
1.4.2	Resistance (25 levels min)				
1.4.3	Belt-Drive System				
1.4.4	Contact Heart Rate Monitor				
1.4.5	Readouts to include: time, distance, speed, calories, incline, heart rate.				
1.4.6	Multiple Programs including quick start, fitness test and weight loss				
1.4.7	Pedals to be min. 4" wide (10cm) and 5" long (12.5cm)				
1.4.8	Length 52 in (132 cm) max				
1.4.9	Width 30 in (77 cm) max				
1.4.10	Height 75 in (191 cm) max				
1.4.11	Maximum User Weight 350 lbs (159 kg) min				
1.4.12	Water Bottle/ CD/Walkman/Magazine Holders /Accessories Tray				
1.4.13	Compliance: FCC-Class B, ETL-listed to UL-1647, ASTM, CSA-EN-957 CSA, CUL or other approvals that the product has been inspected and approved and meets all safety requirements required by Canadian law				

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Item	Description	Quantity	Manufacturer, Model and Part Number	Supplier's Cross Reference to Technical Offer (indicate Page #)	Supplier Comments:
1.5 Recumbent Bike		2			
	Equipment specifications:				
1.5.1	Self-Powered				
1.5.2	Modes of operation to include constant power and bike mode				
1.5.3	Resistance (25 levels min)				
1.5.4	Belt-Drive System				
1.5.5	Contact Heart Rate Monitor				
1.5.6	Readouts to include: time, distance, speed, calories, incline, heart rate.				
1.5.7	Multiple Programs including quick start, fitness test and weight loss				
1.5.8	Water Bottle/ CD / Walkman / Magazine Holders /Accessories Tray				
1.5.9	Maximum User Weight 350 lbs (159 kg)				
1.5.10	Pedals to be min. 4" wide (10cm) and 5" long (12.5cm)				
1.5.11	Length 66 in (167 cm) max				
1.5.12	Width 30 in (77 cm) max				
1.5.13	Height 75 in (191 cm) max				
1.5.14	Compliance: FCC Class B, ETL listed to UL-1647, ASTM, CSA EN-957 CSA, CUL or other approvals that the product has been inspected and approved and meets all safety requirements required by Canadian law				
1.6 Rehabilitation Ergometer Bike		1			
	Equipment specifications:				
1.6.1	Large, well-balanced flywheel 20 kg				
1.6.2	Can be calibrated				
1.6.3	Adjustable saddle with quick release lever				
1.6.4	Adjustable handlebar				
1.6.5	Stable frame, solid steel tube				
1.6.6	Powder painted				
1.6.7	Wheels for easy transport				
1.6.8	Electronic display with multiple functions				
1.6.9	Width 500 mm at handlebar 640 mm at support tubes max				
1.6.10	Length 1240 mm max				
1.6.11	Height 1260 mm at handlebar 780-1170 mm at seat max				
1.6.12	Weight 58 kg Max user weight 250 kg max				
1.6.13	Included Chest belt				
1.6.14	Calibration weight 4 kg Power adaptor Technical data power adaptor Input voltage: 100-240 V AC, 47-63 Hz Output voltage: 12 V DC Current: 2.5 A Polarity: n/a (Art. No: adaptor 9328-183, plug (EUR)-9328-192)				
1.6.15	Serial number visible on the rehabilitation ergometer bike				
1.7 Curve Treadmill		1			
	Equipment specifications:				
1.7.1	Handrail configuration allow for biomechanically correct positions when pushing and pulling at various levels of resistance				
1.7.2	Display properly placed at a "head up" height.				
1.7.3	The treadmill itself is built at a minimum 130-degree angle to reduce stress on the achilles — reducing the chance of injury Delete entirely				
1.7.4	Running Surface Dimensions 17" W x 67" L (43 x 170 cm)				
1.7.5	User Weight Capacity Run: 400 lb. / Walk: 800 lb. (4 mph max)				
1.7.6	Belt Type 60 Individual Slats				
1.7.7	Drive System 112 Precision Ball Bearings with 12 Roller Guides (4 mm lateral tolerance)				
1.7.8	Running Surface 3/8" thick shock absorbing cushion				
1.7.9	Drive Motor Self-Propelled				
1.7.10	Unit Weight 400 lb. max (181 kg)				

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Item	Description	Quantity	Manufacturer, Model and Part Number	Supplier's Cross Reference to Technical Offer (indicate Page #)	Supplier Comments:
1.7.11	Width 33" (84 cm) max				
1.7.12	Length 73" (185 cm) max				
1.7.13	Height 71" (180 cm) max				
1.7.14	Power Supply 115 Vac 20 Amp Required for ProSmart Display and Curve FTG				
1.7.15	Resistance 20 Levels min 12-20 Levels min				
1.7.16	Self-Propelled with user interface, Coded/Non-Coded Polar Heart Rate Pick-up				
1.8 Slat-belt, non curve treadmill		1			
	Equipment specifications:				
1.8.1	Running Surface Dimensions 27" W x 96" L (70 x 244 cm) max				
1.8.2	User Weight Capacity Run: 400 lb. (181 kg) / Walk: 800 lb. (363 kg)				
1.8.3	Belt Type 87 Individual Slats				
1.8.4	Drive System 158 Precision Ball Bearings with 16 Roller Guides (4 mm lateral tolerance)				
1.8.5	Running Surface Vulcanized Rubber (38-43 Shore hardness)				
1.8.6	Drive Motor 5 hp Continuous (15 hp peak) Brushless Servo				
1.8.7	Unit Weight 1,634 lb. (742 kg) max				
1.8.8	Width 48" (122 cm) max				
1.8.9	Length 102" (259 cm) max				
1.8.10	Height 79" (201 cm) max				
1.8.11	Power Supply 208/230 Vac 30 Amp Power Supply (L6-30R Outlet, 30 Amp Dedicated Circuit Required)				
1.8.12	Incline (-5%) - (+20%) min				
1.8.13	Speed 0-25 MPH (0-40 km/h) min				
1.9 Arc Trainer Delete entirely		5			
	Equipment specifications:				
1.9.1	Adjustable Incline ONLY (documentation must be provided)				
1.9.2	Stride length 18" (45cm) min. to 24" (61cm) max.				
1.9.3	Resistance Range: up to 900 Watts maximum				
1.9.4	Drive Type must be two stage				
1.9.5	Readouts to include: time, distance, speed, calories, incline, heart rate.				
1.9.6	Multiple Programs including quick start, fitness test and weight loss.				
1.9.7	Contact Heart Rate Monitor				
1.9.8	Self-Powered with safety brake				
1.9.9	Length 76 in (196 cm) max				
1.9.10	Width 37 in (93cm) max				
1.9.11	Height 63 in (159 cm), with monitor 84 in (213 cm) max				
1.9.12	Max User Weight 350-400lbs (159 – 181kg)				
1.9.13	Frame – Welded high alloy steel or aircraft aluminum				
1.9.14	Water Bottle/CD/Walkman/Magazine Holders/Accessories Tray				
1.10 Elliptical		7			
	Equipment specifications:				
1.10.1	Adjustable Incline, and Stride Length (documentation must be provided)				
1.10.2	Stride length 20" (51cm) min. to 28" (71cm) max.				
1.10.3	Resistance Range: at least 30 levels at least 20 levels				
1.10.4	Readouts to include: time, distance, speed, calories, incline, heart rate.				
1.10.5	Multiple Programs including quick start, fitness test and weight loss				
1.10.6	Contact Heart Rate Monitor				
1.10.7	Self-Powered with safety brake				
1.10.8	Length 80 in (203 cm) max				
1.10.9	Width 33 in (84cm) max				
1.10.10	Height 69 in (175 cm), with monitor 84 in (213 cm) max				

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Item	Description	Quantity	Manufacturer, Model and Part Number	Supplier's Cross Reference to Technical Offer (indicate Page #)	Supplier Comments:
1.10.11	Max User Weight 350-400lbs (159 - 181kg)				
1.10.12	Frame - Welded high-alloy-steel-or-aircraft-aluminum Rust resistant steel frame				
1.10.13	Water Bottle/ CD/Walkman/Magazine Holders/Accessories Tray				
1.11 Stepper		3			
	Equipment specifications:				
1.11.1	Step range 1" to 14" (2.5 cm to 36 cm)				
1.11.2	Stride length 18" (45cm) min. to 24" (61cm) max.				
1.11.3	Step rate: 26-174 steps per minute				
1.11.4	Readouts to include: time, distance, speed, calories, incline, heart rate.				
1.11.5	Multiple Programs including quick start, fitness test and weight loss				
1.11.6	Contact Heart Rate Monitor				
1.11.7	Self-Powered with safety brake				
1.11.8	Length 43 in (110 cm) max				
1.11.9	Width 27 in (69cm) max				
1.11.10	Height 69 in (175 cm)				
1.11.11	Max User Weight 350-400lbs (159 - 181kg)				
1.11.12	Frame - Welded high-alloy-steel-or-aircraft-aluminum Rust resistant steel frame				
1.11.13	Water Bottle/ CD/Walkman/Magazine Holders/Accessories Tray				

2.0	Strength Training Item				
	Equipment specifications (Applicable for items 2.1 to 2.29)				
2.0.1	All machines must be made in Canada or the USA, made exclusively from new materials				
2.0.2	All paint job must be from factory with harmonious colors and has to be identical within all pieces of strength equipment (frame must be black).				
2.0.3	All strength equipment must be, as a min., warrantied ON-SITE as follows: ten (10) years frame parts; five (5) years weight stack plates and components, bearings, bushings, pulleys, seat adjustment; one (1) year upholstery pads and rollers; one (1) year all other parts including hand grips, end caps, cables, selectors pins, shrouds; one (1) year labour. Contractor to provide onsite support by an authorized technician for parts replacement within 24 hours business hours for a period of one year, all cost of parts and labor will be incurred by the contractor during this one year period. Contractor will detail escalation procedures that follow if the equipment cannot be replaced/repared within the next business day of the contractor being on site				
2.0.4	Frames must be made with minimum 11-gauge steel, must be powder-coated in identical industry standard black colour (i.e. black frame with moisture and red stain-resistant vinyl upholstery or surfacing), solid one piece frame construction comprised of 2x2" (5 cm) minimum steel tubing. Frames must be made with minimum 11 gauge steel, must be powder coated in standard black colour .				
2.0.5	Teflon-flake flanged bushings, or equivalent, between every weight plate				
2.0.6	Bolts: Grade 5, CSA minimum				
2.0.7	1" (2.5 cm) solid steel chromed guide rods				
2.0.8	Magnetic weight selector pins that are permanently crimped around top plate shafts				
2.0.9	Weight stack labels that show increments in both pounds and kilos, and are placed away from selector holes to prevent tearing or peeling.				
2.0.10	Hydraulic seat adjustment that can micro-adjust in 1/4" increments				

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Item	Description	Quantity	Manufacturer, Model and Part Number	Supplier's Cross Reference to Technical Offer (indicate Page #)	Supplier Comments:
2.0.11	Spring loaded pull-pins for seat adjustments on plate-loaded and free-weight units				
2.0.12	Counterweights and lightened top plates to accommodate novice lifters				
2.0.13	7 X 19 strand construction, lubricated, nylon coated cable				
2.0.14	Pulley housings enclosed				
2.0.15	Add-on weight system to allow users to add resistance in 5 lb (increments throughout the stack, and can only be removed with tools				
2.0.16	All selectorized and plate-loaded units must have instructional placards with photographs of proper starting and finishing positions as well as point-form safety instructions.				
2.0.17	When upholstery is present it must be the industry standard safety red identical within all machines				
2.0.18	When a hot-pressed logo on red vinyl upholstery is normally present on a machine, it must be replaced with the PSP Gagetown logo (provided to the contractor)				
2.0.19	All weight machines must use the same red upholstery and same black metal frame for consistency and esthetics (color to match Pantone 485 C C0 M95 Y100 K0 R218 G41 B29 #DA291C). All weight machines must use red upholstery and black metal frame for consistency and esthetics, red must match Pantone 485 C C0 M95 Y100 K0 R218 G41 B29 #DA291C				
2.0.20	All units must have protective finish for the red upholstery. All red upholstery must be double-stitched and sewn into box structures to avoid folding at corners, and selected free-weight benches must have high-impact PVC trays that protect pads from dumbbell damage. Color matching Pantone 485 C C0 M95 Y100 K0 R218 G41 B29 #DA291C				
2.0.21	Standard weight storage pins (horns) on all plate-loaded and free-weight units to industry standard amount and sizes in sufficient amount				
2.0.22	All units must have standard protective foot covers to protect flooring as well as anchoring holes to immobilize certain sections of equipment.				
2.0.23	Sturdy, welded 11-gauge frame				
2.0.24	Multi-position chin-up bars and triceps dip with ergonomic, non-slip grips located on the frame				
2.0.25	Integrated steps for standing to standing position, not kneeling to standing				
2.0.26	Flip up foot bar to allow unassisted motion				
2.0.27	Assistance: provide at least 100lb (45kg)				
2.0.28	Effective Resistance: between 2.5 - 5lb (1.1-2.25kg) per plate				
2.0.29	Max unit weight between 600 - 900lbs (272-409kg) excluding weight stack				
2.0.30	Weight stack between 180-430lbs (81-195kg) per machine – weight stack high enough for military requirement				
2.0.31	Length 200 in (508 cm) max				
2.0.32	Width 100 in (254 cm) max				
2.0.33	Max height of unit: 100 in (254cm)				
2.0.34	Dual machine low row lat pull down requires a step up platform and that 2 users can operate simultaneously				
2.0.35	Power rack require 8 feet (243 cm) height max, and the following professionally installed: resistance band attachment on top, resistance band on bottom, ergonomic chin up and pull up bar on top with non-slip grips				
2.0.36	Squat rack require 8 racking positions spaced 4 inches (10 cm) apart, 5 storage pegs per side with polymer bumper				
2.0.37	All items requires to provide a smooth motion without any catching, clucking, vibrations or swaying Delete entirely				
2.0.38	When handlebars are present, they require to accommodate for a wide variety of gripping position: narrow, neutral and wide				

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Item	Description	Quantity	Manufacturer, Model and Part Number	Supplier's Cross Reference to Technical Offer (indicate Page #)	Supplier Comments:
	2.0.39 Machines having seat pad require to be in one piece, edges rounded, and to have a wide range of manual adjustments for all size of body type				
	2.0.40 Cable machines require pulley housing on premium grade bearings with maximal adjustable positions				
	2.0.41 When a machine has two level arms, they are required to operate independently				
	2.0.42 When a cylinder pad/stabilization/pad is present on a machine, it is required to be free rolling				
	2.0.43 Machines having backrest and other pads requires to have the backrest following the natural line of the body and to be adjustable				
	2.0.44 All footplates and deck covering requires to be covered with rugged rubber				
	2.0.45 When a machine has an axis of rotation, it must be identified by the manufacturer				
	2.0.46 When a railing is present, it requires to be made of high-density nylon wheels and stainless steel railing				
	2.0.47 All machines with racking mechanism requires to be heavy duty and to disengage automatically, racking on bench presses requires to be molded and covered with a non-metal surface				
	2.0.48 Weight loading shafts requires being as centralized as possible				
	2.0.49 All units must have a model name and serial number visible on the machine				
	2.0.50 All guide rods to be solid, not hollow				
	2.0.51 Where a Lexan shield would normally be present, the logo will be replaced by PSP Gagetown (logo provided to the contractor) Where a manufacturer logo is present will be replaced by PSP Gagetown (logo provided to the contractor)				
2.1	Leg Curl Machine	1			
2.2	Dual Machine: Low Row/ Lat Pull Down	1			
2.3	Lat Raises Machine	1			
2.4	Triceps Extension Machine	1			
2.5	Overhead Triceps Machine	1			
2.6	Standing Lateral Raises Machine	1			
2.7	Chest Press Machine	1			
2.8	T Bar Row Machine	1			
2.9	Diverging Row Machine	1			
2.10	Power Squat Machine	1			
2.11	Glute Ham Machine	1			
2.12	Leg Extension Machine	1			
2.13	Lay Down Hamstring Machine	1			
2.14	Hamstring Machine Standing	1			
2.15	Ground Base Squat Lunge Machine	1			
2.16	Incline Chest Press Machine	1			
2.17	Chest Press Machine (non-incline)	1			
2.18	High Row Machine	1			
2.19	Pec Dec Machine Reverse Fly	1			
2.20	Calf Raises Machine Standing	1			
2.21	Seated Crunch Machine	1			
2.22	Weighted Assisted Chin Dip Machine	1			
2.23	Adjustable Bench on Wheel	4			
2.24	Decline Bench	2			
2.25	Straight Bench	3			
2.26	Adjustable Flat Bench	3			
2.27	Olympic Bench Press	3			
2.28	Olympic Bench Incline	1			
2.29	Olympic Flat/Decline Bench Press	1			

The table below is available in Electronic Excel format at www.buyandsell.gc.ca, solicitation number W0501-190129.

Item	Description	Quantity	Manufacturer, Model and Part Number	Supplier's Cross Reference to Technical Offer (indicate Page #)	Supplier Comments:
2.30	Standard 8-stack and standard 4-stack cable machine				
	Equipment specifications (applicable for items 2.30 to 2.43):				
2.30.1	Must include storage rack on each towers				
2.30.2	Standard 8-stack requires at minimum: triceps pulley, lat pull down, low row, adjustable pulley and chin up bar				
2.30.3	Sturdy, welded 11-gauge frame				
2.30.4	Stabilization: max. 10 height and 9 fore/aft positions in 2 in (5cm) increments				
2.30.5	Cable position adjustment: vertical max. 20 positions at 3 in (7.5cm) increments				
2.30.6	Cable travel: max. 118 in (305 cm)				
2.30.7	Required min. accessories: 2 strap handles, 2 multi-length strap extensions, ankle cuff, rotating arm bar, triceps rope and lat pull down bar.				
2.30.8	All accessories to have multi-grip covering and ergonomic configuration				
2.30.9	Rotation: 315 degrees min. detented every 45 degrees				
2.30.10	Effective Resistance: between 2.5 - 5lb (1.1-2.25kg) per plate				
2.30.11	Max unit weight 1200lbs (545kg) excluding weight stack				
2.30.12	Length 48 in (122 cm) max				
2.30.13	Width 56 in (142 cm) max				
2.30.14	Max height of unit: 108 in (275cm)				
2.30.15	Requires to provide a smooth motion without any catching, clucking, vibrations or swaying.				
2.30.16	When handlebars are present, they require to accommodate for a wide variety of gripping position: narrow, neutral and wide				
2.30.17	All units must have standard protective foot covers to protect flooring as well as anchoring holes to immobilize certain sections of equipment.				
2.30.18	All units must have a model name and serial number visible on the machine				
2.30.19	Cable machines require pulley housing on premium grade bearings with maximal adjustable positions				
2.30.20	All footplates and deck covering requires to be covered with rugged rubber				
2.30	Standard 8 stack Cable Machine	1			
2.31	Standard 4 Stack Cable Machine	1			
2.32	Power Rack	2			
2.33	Squat Rack	1			
2.34	Vertical Leg Press Weight Stack	1			
2.35	Dumbbell Rack 2-tiers (stores 10-13 pairs with saddle)	10			
2.36	Barbell Rack (stores 10 barbells)	2			
2.37	Utility Bench	2			
2.38	Dip Bar	2			
2.39	Triceps Bench	2			
2.40	Standing Total Hip Machine	1			
2.41	Calf Platform	2			
2.42	Heel Raise Platform	2			
2.43	Standing Leg Curl – Weight Stack	1			
3.0	Removal and relocation of existing equipment:				
	see list attached	lump sum			
	Subtotal (A) \$				