



**RETURN BIDS TO:**

**RETOURNER LES SOUMISSIONS À:**

Public Works and Government Services Canada  
Canada Place/Place du Canada  
10th Floor/10e étage  
9700 Jasper Ave/9700 ave Jasper  
Edmonton  
Alberta  
T5J 4C3  
Bid Fax: (780) 497-3510

**SOLICITATION AMENDMENT  
MODIFICATION DE L'INVITATION**

The referenced document is hereby revised; unless otherwise indicated, all other terms and conditions of the Solicitation remain the same.

Ce document est par la présente révisé; sauf indication contraire, les modalités de l'invitation demeurent les mêmes.

**Comments - Commentaires**

**Vendor/Firm Name and Address  
Raison sociale et adresse du  
fournisseur/de l'entrepreneur**

**Issuing Office - Bureau de distribution**  
Public Works and Government Services Canada  
Canada Place/Place du Canada  
10th Floor/10e étage  
9700 Jasper Ave/9700 ave Jasper  
Edmonton  
Alberta  
T5J 4C3

<b>Title - Sujet</b> Fitness Equipment - RCMP	
<b>Solicitation No. - N° de l'invitation</b> M5000-203943/A	<b>Amendment No. - N° modif.</b> 002
<b>Client Reference No. - N° de référence du client</b> M5000-203943	<b>Date</b> 2020-05-26
<b>GETS Reference No. - N° de référence de SEAG</b> PW-\$EDM-024-11828	
<b>File No. - N° de dossier</b> EDM-9-42216 (024)	<b>CCC No./N° CCC - FMS No./N° VME</b>
<b>Solicitation Closes - L'invitation prend fin at - à 02:00 PM on - le 2020-06-09</b>	<b>Time Zone Fuseau horaire</b> Mountain Daylight Saving Time MDT
<b>F.O.B. - F.A.B.</b> Specified Herein - Précisé dans les présentes	
<b>Plant-Usine:</b> <input type="checkbox"/> <b>Destination:</b> <input type="checkbox"/> <b>Other-Autre:</b> <input checked="" type="checkbox"/>	
<b>Address Enquiries to: - Adresser toutes questions à:</b> Tiet, Anthony	<b>Buyer Id - Id de l'acheteur</b> edm024
<b>Telephone No. - N° de téléphone</b> (587) 926-1376 ( )	<b>FAX No. - N° de FAX</b> (780) 497-3510
<b>Destination - of Goods, Services, and Construction: Destination - des biens, services et construction:</b> Royal Canadian Mounted Police Alberta	

**Instructions: See Herein**

**Instructions: Voir aux présentes**

<b>Delivery Required - Livraison exigée</b>	<b>Delivery Offered - Livraison proposée</b>
<b>Vendor/Firm Name and Address Raison sociale et adresse du fournisseur/de l'entrepreneur</b>	
<b>Telephone No. - N° de téléphone Facsimile No. - N° de télécopieur</b>	
<b>Name and title of person authorized to sign on behalf of Vendor/Firm (type or print) Nom et titre de la personne autorisée à signer au nom du fournisseur/ de l'entrepreneur (taper ou écrire en caractères d'imprimerie)</b>	
<b>Signature</b>	<b>Date</b>

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Amendment 002 has been raised to answer the following question and make the following changes:

**REVISED CLOSING DATE OF:**

**02:00 PM MDT on 2020-06-09**

**Category A – Cardio**

- Question 1:** Dual Action Air Bike B3: Would you accept belt driven?  
**Answer 1:** This performance specification has been updated to accept belt driven and chain driven.
- Question 2:** Dual Action Air Bike B8: Would you accept no accessory holders?  
**Answer 2:** This performance specification has been updated.
- Question 3:** Rowing Ergometer D3: Would you accept Kevlar belt driven?  
**Answer 3:** No.
- Question 4:** Spinning Cycle C12: Would you accept 5 year warranty on the frame?  
**Answer 4:** No.

**Category B – Strength Equipment**

- Question 5:** Lateral Pulldown and Low Row Combo G4: Would you remove this performance specification?  
**Answer 5:** This performance specification has been removed.
- Question 6:** Lateral Pulldown and Low Row Combo G8: Are you looking for a multi-jungle tower with two stations?  
**Answer 6:** RCMP requires two individual stacks to accommodate two users. A multi-jungle tower with two stations is accepted as it has two weight stacks.
- Question 7:** Rubber Hex Dumbbell: Please remove "Unit must have Secure Dumbbell System (SDS) design construction".  
**Answer 7:** This performance specification has been removed.
- Question 8:** Rubber Hex Dumbbell K1: Would you accept a handle width of 4.72 inches?  
**Answer 8:** No. However, this performance specification has been updated.

**Category C – Training Accessories**

- Question 9:** Please confirm the weights required for the kettle bells on the Microsoft Excel attachment.  
**Answer 9:** The weights for the kettle bells have been updated. Bidders are to use the latest amended Microsoft Excel attachment.

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On page 15 of 31, under **COMPLIANCE MATRIX – MINIMUM MANDATORY PERFORMANCE SPECIFICATIONS**

**DELETE:** In its entirety

**INSERT:**

Requirement:	Manufacturer(s) Offered:	Model Number(s) Offered:
<b>Category A – Cardio</b>		
Treadmill		
Dual Action Air Bike		
Spinning Cycle		
Rowing Ergometer		
<b>Category B – Strength</b>		
Half Rack		
Functional Trainer		
Lateral Pulldown and Low Row Combo (Selectorized Stack)		
Glute Hamstring Developer		
Plate Loaded Angled Leg Press		
Multi-use Bench		
Rubber Hex Dumbbell		
Dumbbell Rack		
<b>Category C – Training Accessories</b>		
Olympic Bumper Plate		
Olympic Plate		
Olympic Bar		
Safety Squat Bar		
Trap Bar / Hex Bar		
Kettle Bell		
Medicine Ball		
Plyometric Box		

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Item #	Performance Specification	Status (M) Mandatory (D) Desirable*	Performance Specification Met? Indicate either Yes/No	Performance Specification Offered: Bidder should indicate how they meet the performance specification by recording this information in this column	Cross Reference: In this column, Bidders should cross-reference where this performance specification is indicated in their supporting documents.
<b>Category A – Cardio</b>					
<b>A</b>	<b>Treadmill</b>				
1	Unit must be for commercial use	M			
2	Unit's motor must be minimum 3 HP continuous duty AC	M			
3	Electrical must be 120 volt, dedicated 20 amp with NEMA plug	M			
4	Speed must be 0.5 to minimum 12 mph	M			
5	Incline must be 0 to minimum 15% grade in 0.5% increments	M			
6	Running surface must be minimum 20 inches by minimum 60 inches	M			
7	Unit must have a minimum of 7 pre-set programs, in addition to Quick Start mode (for user convenience, lets user begin workout with the push of a single button)	M			
8	Unit must have touch sensors and/or wireless telemetry	M			
9	Unit must have a maximum user weight of a minimum of 350 pounds	M			
10	Unit must display minimum of calories, distance, heart rate, incline, pace, elapsed time, and speed	M			
11	Unit must have emergency stop controls	M			

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12	Unit must have accessory holders for water bottle, reading material, communication devices and portable music	M			
13	Manufacture warranty must be a minimum, as follows: - 5 years on frame; - 3 years on motor; - 1 year on all parts, including mechanical and electrical components; and - 1 year on labor, including computer display	M			
<b>B</b>	<b>Dual Action Air Bike</b>				
1	Unit must be for commercial use	M			
2	Unit must be self-powered	M			
3	Unit must be chain or belt driven	M			
4	Unit must have sealed cartridge bearings	M			
5	Unit must have dual action moving arms	M			
6	Unit must have a maximum user weight of a minimum of 300 pounds	M			
7	Unit must display minimum of calories, distance, heart rate, resistance, and elapsed time	M			
8	Unit should have a water bottle	D*			
9	Manufacture warranty must be a minimum, as follows: - 5 years on frame; - 2 years on parts; - 1 year on all labor; and - 6 months on wear items	M			

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<b>C Spinning Cycle</b>					
1	Unit must be for commercial use	M			
2	Unit must include maintenance free belt drive	M			
3	Unit must have rear flywheel	M			
4	Unit must have resistance levels to provide infinite variability throughout mechanical range	M			
5	Unit must have multi-position handlebars with easy to use adjustments	M			
6	Unit must have a forward, backward and vertically moving seat	M			
7	Unit must have transport wheels for easy storage and relocation	M			
8	Unit must have standard toe clip and strap pedals	M			
9	Unit must have leveling feet for stability and floor protection	M			
10	Unit must have a minimum of one bottle cage, holding up to a 1-liter size bottle	M			
11	Unit must have a maximum user weight of a minimum of 300 pounds	M			
12	Manufacture warranty must be a minimum, as follows: - 7 years on frame; - 2 years on parts; - 1 year on all labor; and - 6 months on wear items	M			
<b>D Rowing Ergometer</b>					
1	Unit must be for commercial use	M			
2	Unit must have computer monitor with programmable performance monitor	M			

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3	Unit must have flywheel and be chain driven	M			
4	Unit must have damper controls to adjust feel of pull	M			
5	Unit must have an aluminum rail with stainless steel track for seat	M			
6	Unit must have a maximum user weight rating of a minimum 300 pounds	M			
7	Unit must have flexible foot rests with adjustments for length and width of shoe	M			
8	Unit must have transport wheels for easy mobility	M			
9	Manufacture warranty must be a minimum, as follows: - 2 years on frame; - 2 years on monitor and moving parts; and - 1 year on all labor, including the computer display	M			

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<b>Category B – Strength</b>					
<b>E</b>	<b>Half Rack</b>				
1	Unit must be industrial or commercial grade	M			
2	Unit must have frames made with minimum 11-gauge steel, must be powder coated in white, grey, or black color. Must be solid one-piece frame construction comprised of minimum heavy duty 2x2 inches tubing	M			
2.1	Solid one-piece frame construction comprised of heavy duty 3x3 inches tubing is preferred over 2x2 inches tubing	D*			
3	Unit must have 2 inches interval adjustment levels	M			
4	Unit must have safety bars minimum of 17 inches constructed from 2" x 3" 11-gauge steel	M			
5	Unit must have built in plate storage	M			
6	Unit must have minimum 16 adjustment levels	M			
7	Unit must have chin up bar	M			
8	Manufacture warranty must be a minimum, as follows: - 10 years on frame (excluding paint finish); - 2 years on component parts (bearing, spring pins, etc.) - 1 year on all pads, grips and other unspecified parts	M			
<b>F</b>	<b>Functional Trainer</b>				
1	Unit must be industrial or commercial grade	M			
2	Unit must have pulleys are to be minimum fiberglass reinforced nylon fitted with pre-lubricated bearings	M			

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3	Unit must have 2:1 strength ratio	M			
4	Unit must have molded feet for floor protection	M			
5	Unit must have selectorized stack equipment which must come with graphic instructions on equipment to show proper technique and muscle groups used	M			
6	Unit must have minimum 3/16 inches nylon coated cable	M			
7	Unit must have pull pins must be solid steel and spring loaded	M			
8	Unit must have two, 220 pound weight stacks	M			
9	Unit must have chin up bar	M			
10	Unit must have selectorized pins tethered to weight stack	M			
11	Unit must have instructional placards	M			
12	Manufacture warranty must be a minimum, as follows: - 10 years on frame (excluding paint finish); - 2 years on component parts (bearing, spring pins, etc.) - 1 year on all pads, grips	M			
<b>G</b>	<b>Lateral Pulldown and Low Row Combo (selectorized stack)</b>				
1	Unit must be industrial or commercial grade	M			
2	Unit must have frames made with minimum 11-gauge steel, must be powder coated in white, grey, or black color. Must be solid one-piece frame construction comprised of minimum heavy duty 2x2 inches tubing	M			

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2.1	Solid one-piece frame construction comprised of heavy duty 3x3 inches tubing is preferred over 2x2 inches tubing	D*			
3	Unit must have pulleys are to be minimum fiberglass reinforced nylon fitted with pre-lubricated bearings	M			
4	Unit must have molded feet for floor protection	M			
5	Unit must have selectorized stack equipment which must come with graphic instructions on equipment to show proper technique and muscle groups used	M			
6	Unit must have minimum 3/16 inches nylon coated cable	M			
7	Unit must have pull pins must be solid steel and spring loaded	M			
8	Unit must have two individual minimum 200 pounds stacks each	M			
9	Unit must have an adjustable thigh pad	M			
10	Unit must have a lateral bar of a maximum of 48 inches in length	M			
11	Unit must have a standard rowing handle with an open U shape, with both handles at about 90 degrees from the U	M			
12	Unit must have selectorized pins tethered to weight stack	M			
13	Unit must have instructional placards	M			

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14	Manufacture warranty must be a minimum, as follows: - 10 years on frame (excluding paint finish); - 2 years on component parts (bearing, spring pins, etc.) - 1 year on all pads, grips and other unspecified parts	M			
<b>H Glute Hamstring Developer</b>					
1	Unit must be industrial or commercial grade	M			
2	Unit must have molded feet for floor protection	M			
3	Unit must have pull pins must be solid steel and spring loaded	M			
4	Unit must have shin and calf pad	M			
5	Unit must have a fixed thigh pad	M			
6	Unit must have handles with a rubber grip	M			
7	Unit must have adjustable settings to accommodate multiple users	M			
8	Manufacture warranty must be a minimum, as follows: - 10 years on frame (excluding paint finish); - 2 years on component parts (bearing, spring pins, etc.) - 1 year on all pads, grips and other unspecified parts	M			
<b>I Plate Loaded Angled Leg Press</b>					
1	Unit must be industrial or commercial grade	M			

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2	Unit must have frames made with minimum 11-gauge steel, must be powder coated in industry standard color, solid one-piece frame construction comprised of minimum heavy duty 2x2 inches tubing	M			
2.1	Solid one-piece frame construction comprised of heavy duty 3x3 inches tubing is preferred over 2x2 inches tubing	D*			
3	Unit must have padded/upholstered seats, back rests, arm rests in an industry standard color, extra protected wear guards in high use areas	M			
4	Unit must have seats, leg rests and/or handles all adjust easily	M			
5	Unit must have molded feet for floor protection	M			
6	Unit must have 45 degree incline angle	M			
7	Unit must have linear bearings for smooth action	M			
8	Unit must have adjustable seat back	M			
9	Unit must have oversized foot plate	M			
10	Unit must have oversized bearing that are self-aligning, sealed and run on hardened shafts	M			
11	Unit must have built in plate storage	M			

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12	Manufacture warranty must be a minimum, as follows: - 10 years on frame (excluding paint finish); - 2 years on component parts (bearing, spring pins, etc.) - 1 year on all pads, grips and other unspecified parts	M			
<b>J Multi-use Bench</b>					
1	Unit must be industrial or commercial grade	M			
2	Unit must have molded feet for floor protection	M			
3	Unit must be flat /incline /decline	M			
4	Unit must have an adjustable back rest to a minimum of five positions	M			
5	Unit must have pull pins must be solid steel and spring loaded	M			
6	Unit must have minimum 11 gauge steel frame	M			
7	Unit must have electrostatic powder coat finish on the frame	M			
8	Manufacture warranty must be a minimum, as follows: - 10 years on frame (excluding paint finish); - 2 years on component parts (bearing, spring pins, etc.) - 1 year on all pads, grips and other unspecified parts	M			
<b>K Rubber Hex Dumbbell</b>					
1	Unit must have hard fastened components; cannot spin or come loose with a handle width of minimum 5 inches	M			
2	Unit must have one-piece solid cast steel head design encased in rubber	M			

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3	Unit must have of minimum 6 mm odorless rubber	M			
4	Unit must be in black	M			
5	Manufacture warranty must be a minimum, as follows: - 2 years against breakage	M			
<b>L</b>	<b>Dumbbell Rack</b>				
1	Unit must have electrostatic, powder coated finish	M			
2	Unit must be minimum 11 gauge, tubular steel frame	M			
3	Unit must have 3 tiers	M			
4	Must be able to accommodate the Rubber Hex Dumbbells as quoted in Rubber Hex Dumbbell above	M			
5	Manufacture warranty must be a minimum, as follows: - 10 years on broken welds and manufacturing defects	M			

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<b>Category C – Training Accessories</b>					
<b>M Olympic Bumper Plates</b>					
1	Unit must have a diameter of 17.72 inches	M			
2	Unit must have a minimum of 4 inches of rubber between the center hub and the edge with brass inserts	M			
3	All plates must be the same diameter	M			
4	Plates must not exceed 3" in thickness	M			
5	Manufacture warranty must be a minimum, as follows: - 2 years against breakage	M			
<b>N Olympic Plate</b>					
1	Unit must be urethane (IGX-U)	M			
2	Unit must be round plates	M			
3	Unit must have sealed bearings	M			
4	Unit must have Olympic size hole to fit Olympic size bar	M			
5	Unit must have plates clearly marked with specific weight increments	M			
6	Unit must have handle holds or places for fingers to fit for ease of carrying, removing from Olympic bars and safety	M			
7	Manufacture warranty must be a minimum, as follows: - 2 years against breakage	M			
<b>O Olympic Bar</b>					
1	Unit must have true Olympic size bar between 86 to 87 inches in length	M			
2	Unit must have knurled gripping system	M			

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3	Unit must have maintenance free bearings	M			
4	Bar diameter must be between 28 to 28.5 mm	M			
5	Unit must be a straight bar	M			
6	Must have lifetime manufacture warranty against manufacturing defects	M			
<b>P</b>	<b>Safety Squat Bar</b>				
1	Unit must be 1.5 inches in diameter with a formed solid steel shaft	M			
2	Unit must be 1 inch in diameter with formed solid steel handles	M			
3	Unit must have machined Olympic sleeves	M			
4	Unit must have a fully welded design	M			
5	Unit must have heavy duty vinyl and closed cell foam pads	M			
6	Must have lifetime manufacture warranty against manufacturing defects	M			
<b>Q</b>	<b>Trap Bar / Hex Bar</b>				
1	Unit must be 1.5 inches in diameter with a formed solid steel shaft	M			
2	Unit must be 1 inch in diameter with formed solid steel handles	M			
3	Unit must have machined Olympic sleeves	M			
4	Unit must have a fully welded design	M			
5	Unit must have open-ended frame	M			
6	Bar must have built in deadlift jack	M			
7	Must have lifetime manufacture warranty against manufacturing defects	M			

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<b>R Kettle Bell</b>					
1	Unit must have solid cast steel construction	M			
2	Must have lifetime manufacture warranty against manufacturing defects	M			
<b>S Medicine Ball</b>					
1	Unit must have durable and cushioned cover	M			
2	Unit must have no bounce	M			
<b>T Plyometric Box</b>					
1	Unit must have slip resistant stepping surface	M			
2	Unit must have wide base for stability	M			
3	Unit must have construction made of high density foam and covered in vinyl	M			
4	The total weight of plyometric box must not exceed 40 pounds	M			
5	Unit must be a 3 in 1 box including 30 inches, 24 inches, and 20 inches in heights	M			

**ALL OTHER TERMS AND CONDITIONS REMAIN THE SAME AND IN FULL EFFECT.**