
Decommissioning, Demolition and Site Restoration SSB HQ
Southside Road, St. John's, NL
Project No. R.111146.001

2020/12/01

Section – 02 82 00.01 Asbestos Abatement Minimum Precautions

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PART 1 - GENERAL

1.1 DESCRIPTION

- .1 Comply with requirements of this Section when performing following work:
 - .1 Removing non-friable asbestos-containing materials that are not being broken, cut, drilled, abraded, ground, sanded or vibrated.

1.2 RELATED SECTIONS

- .1 Section 02 82 00.02 – Asbestos Abatement Intermediate Precautions.
- .2 Section 02 82 00.03 – Asbestos Abatement Maximum Precautions.

1.3 DEFINITIONS

- .1 HEPA vacuum: High Efficiency Particulate Air filtered vacuum equipment with filter system capable of collecting and retaining fibres greater than 0.3 microns in any direction at 99.97% efficiency.
- .2 Amended Water: water with non-ionic surfactant wetting agent added to reduce water tension to allow thorough wetting of fibres.
- .3 Asbestos-Containing Materials (ACMs): materials that contain 0.5 per cent or more asbestos by dry weight including fallen materials and settled dust.
- .4 Asbestos Work Area: area where work takes place which will, or may, disturb ACMs.
- .5 Authorized Visitors: Department Representative and representatives of regulatory agencies.
- .6 Competent worker person: in relation to specific work, means a worker who:
 - .1 Is qualified because of knowledge, training and experience to perform the work.
 - .2 Is familiar with the provincial and federal laws and with the provisions of the regulations that apply to the work.
 - .3 Has knowledge of all potential or actual danger to health or safety in the work.
- .7 Friable material: means material that:
 - .1 When dry, can be crumbled, pulverized or powdered by hand pressure, or
 - .2 is crumbled, pulverized or powdered.
- .8 Non-Friable Material: material that when dry cannot be crumbled, pulverized or powdered by hand pressure.

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- .9 Occupied Area: any area of the building or work site that is outside Asbestos Work Area where non-protected personnel are present.
- .10 Polyethylene: polyethylene sheeting or rip-proof polyethylene sheeting with tape along edges, around penetrating objects, over cuts and tears, and elsewhere as required to provide protection and isolation.
- .11 Sprayer: garden reservoir type sprayer or airless spray equipment capable of producing mist or fine spray. Must have appropriate capacity for work.
- .12 Supervisor: Contractor's worker able to provide a history of satisfactory experience in the area of asbestos abatement that can satisfy provincial and federal requirements and will be permitted to supervise the work in this Section. The supervisor responsible for the work of this Section is to have a minimum of five (5) years of experience in the area of asbestos abatement.

1.4 SUBMITTALS

- .1 Submittals in accordance with Section 01 33 00 - Submittal Procedures.
- .2 Submit proof satisfactory to Departmental Representative that suitable arrangements have been made to dispose of asbestos-containing waste.
- .3 Submit local requirements for Notice of Project Form.
- .4 Submit proof of Contractor's Asbestos Liability Insurance.
- .5 Submit to Departmental Representative necessary permits for transportation and disposal of asbestos-containing waste and proof that asbestos-containing waste has been received and properly disposed.
- .6 Submit proof that all asbestos workers and/or supervisor have received appropriate training and education by a competent person in the hazards of asbestos exposure, good personal hygiene and work practices while working in Asbestos Work Areas, and the use, cleaning and disposal of respirators and protective clothing.
- .7 Submit proof satisfactory to Departmental Representative that employees have respirator fitting and testing. Workers must be fit tested (irritant smoke test) with respirator that is personally issued.

1.5 QUALITY ASSURANCE

- .1 Regulatory Requirements: comply with municipal, provincial and federal requirements pertaining to asbestos, provided that in case of conflict among these requirements or with these specifications, more stringent requirement applies. Comply with regulations

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in effect at time Work is performed.

- .2 Health and Safety:
 - .1 Perform construction occupational health and safety in accordance with these specifications and provincial OHS.
 - .2 Safety Requirements: Worker Protection.
 - .1 Protective equipment and clothing to be worn by workers while in Asbestos Work Area include:
 - .1 Air purifying half-mask respirator with N-100, R-100 or P-100 particulate filter, personally issued to worker and marked as to efficiency and purpose, suitable for protection against asbestos and acceptable to provincial and federal OHS requirements. The respirator is to be fitted so that there is an effective seal between the respirator and the worker's face, unless the respirator is equipped with a hood or helmet. The respirator is to be cleaned, disinfected and inspected after use on each shift, or more often if necessary, when issued for the exclusive use of one worker, or after each use when used by more than one worker. The respirator identified to have damaged or deteriorated parts shall be replaced prior to further use. When not in use, respirators shall be stored in a convenient, clean and sanitary location. The employer is to establish written procedures regarding the selection, use and care of respirators, and a copy of the procedures to be provided to and reviewed with each worker who is required to wear a respirator. A worker is not to be assigned to an operation requiring the use of a respirator unless he or she is physically able to perform the operation while using the respirator.
 - .2 Disposable-type protective clothing that does not readily retain or permit penetration of asbestos fibres. Protective clothing to be provided by the employer and worn by every worker who enters the work area, and the protective clothing shall consist of a head covering and full body covering that fits snugly at the ankles, wrists and neck, in order to prevent asbestos fibres from reaching the garments and skin under the protective clothing to include suitable footwear, and to be repaired or replaced if torn. The contractor is to provide suitable footwear relevant to the safe work procedure. This may be steel toed rubber boots or steel toed boots extending above the ankle.
 - .2 Eating, drinking, chewing, and smoking are not permitted in Asbestos Work Area.
 - .3 Before leaving Asbestos Work Area, the worker can decontaminate his or her protective clothing by using a vacuum equipped with a HEPA filter, or by damp wiping, before removing the protective clothing, or, if the protective clothing will not be reused, place it in a container for dust and waste. The container to be dust tight, suitable for asbestos waste, impervious to asbestos, identified as asbestos waste, cleaned with a damp cloth or a vacuum equipped with a HEPA filter immediately before removal from the work area, and removed from the work area frequently and at regular intervals.

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- .4 Facilities for washing hands and face shall be provided where the main point of ingress and egress has been identified for the Asbestos Work Area.
- .5 Ensure workers wash hands, face, and respirator when leaving Asbestos Work Area.
- .6 Ensure that no person required to enter an Asbestos Work Area has facial hair that affects seal between respirator and face.
- .7 If at any time the contractor, Departmental Representative or analytical confirmation shows that the protection factor of the minimum asbestos abatement procedure is inadequate, work procedures are to be upgraded to intermediate or high risk work procedures or additional controls must be requested by the contractor in writing for approval by the Departmental Representative.

1.6 ACM DISPOSAL

- .1 Disposal of asbestos waste generated by removal activities must comply with Municipal, Provincial and Federal regulations. Dispose of asbestos waste in sealed double thickness 0.15 mm bags. Label bags with appropriate warning labels.

1.7 EXISTING CONDITIONS

- .1 See Hazardous Material Assessment report appended to these specifications.

1.8 INSTRUCTIONS

- .1 Before beginning Work, provide Departmental Representative satisfactory proof that every worker has had instruction and training in hazards of asbestos exposure, in personal hygiene and work practices, and in use, cleaning, and disposal of respirators and protective clothing.
- .2 Instruction and training related to respirators includes, following minimum requirements:
 - .1 Fitting of equipment.
 - .2 Inspection and maintenance of equipment.
 - .3 Disinfecting of equipment.
 - .4 Limitations of equipment.
- .3 Instruction and training must be provided by a competent, qualified person.

1.9 SIGNS

- .1 Signage: Display signs in all work areas where access to a contaminated area is possible.

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The English version of the signs is to read:

CAUTION, ASBESTOS
HAZARD AREA.
UNAUTHORIZED
ENTRY PROHIBITED.
WEAR PROTECTIVE
EQUIPMENT.

PART 2 - PRODUCTS

2.1 MATERIALS

- .1 Drop Sheets:
 - .1 Polyethylene: 0.15 mm thick.
 - .2 FR polyethylene: 0.15 mm thick woven fibre reinforced fabric bonded both sides with polyethylene.
- .2 Wetting Agent: 50% polyoxyethylene ester and 50% polyoxyethylene ether mixed with water in a concentration to provide thorough wetting of asbestos-containing material.
- .3 Waste Containers: contain waste in two separate containers.
 - .1 Inner container: 0.15 mm thick sealable polyethylene waste bag.
 - .2 Outer container: sealable metal or fibre type where there are sharp objects included in waste material; otherwise outer container may be sealable metal or fibre type or second 0.15 mm thick sealable polyethylene bag.
 - .3 Labelling requirements: affix pre-printed cautionary asbestos warning in both official languages (English and French) that is visible when ready for removal to disposal site.

PART 3 - EXECUTION

3.1 PROCEDURES

- .1 Before beginning Work, isolate Asbestos Work Area using, minimum, pre-printed cautionary asbestos warning signs.
- .2 Before beginning work, isolate Asbestos Work Area using, minimum, preprinted cautionary asbestos warning signs that are visible at access routes to Asbestos Work Area.
 - .1 Remove visible dust from surfaces in the work area where dust is likely to be disturbed during course of work.
 - .2 Use HEPA vacuum or damp cloths where damp cleaning does not create a hazard and is otherwise appropriate.
 - .3 Do not use compressed air to clean up or remove dust from any surface.
- .3 Prevent spread of dust from Asbestos Work Area using measures appropriate to work to

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be done.

- .4 Wet materials containing asbestos to be cut, ground, abraded, scraped, drilled, or otherwise disturbed unless wetting creates hazard or causes damage.
 - .1 Use garden reservoir type low - velocity fine - mist sprayer.
 - .2 Perform Work to reduce dust creation to lowest levels practicable.
 - .3 Work will be subject to air monitoring under Contractor's Quality Assurance program, and to visual inspection under Contractor's Quality Assurance and by Departmental Representative.
 - .4 Contamination of surrounding areas indicated by visual inspection or air monitoring will require complete enclosure and clean-up of affected areas.
- .5 Frequently and at regular intervals during Work and immediately on completion of work:
 - .1 Dust and waste to be cleaned up and removed using a vacuum equipped with a HEPA filter, or by damp mopping or wet sweeping, and placed in a waste container, and
 - .2 Drop sheets to be wetted and placed in a waste container as soon as practicable.
- .6 Cleanup:
 - .1 Place dust and asbestos containing waste in sealed dust-tight waste bags. Treat drop sheets and disposable protective clothing as asbestos waste; wet and fold these items to contain dust, and then place in plastic bags.
 - .2 Clean exterior of each waste-filled bag using damp cloths or HEPA vacuum and place in second clean waste bag immediately prior to removal from Asbestos Work Area.
 - .3 Seal double bagged asbestos waste material and dispose in accordance with the requirements of the Provincial and Federal Authority Having Jurisdiction.
 - .4 Perform final thorough clean-up of Work areas and adjacent areas affected by Work using HEPA vacuum.

END OF SECTION